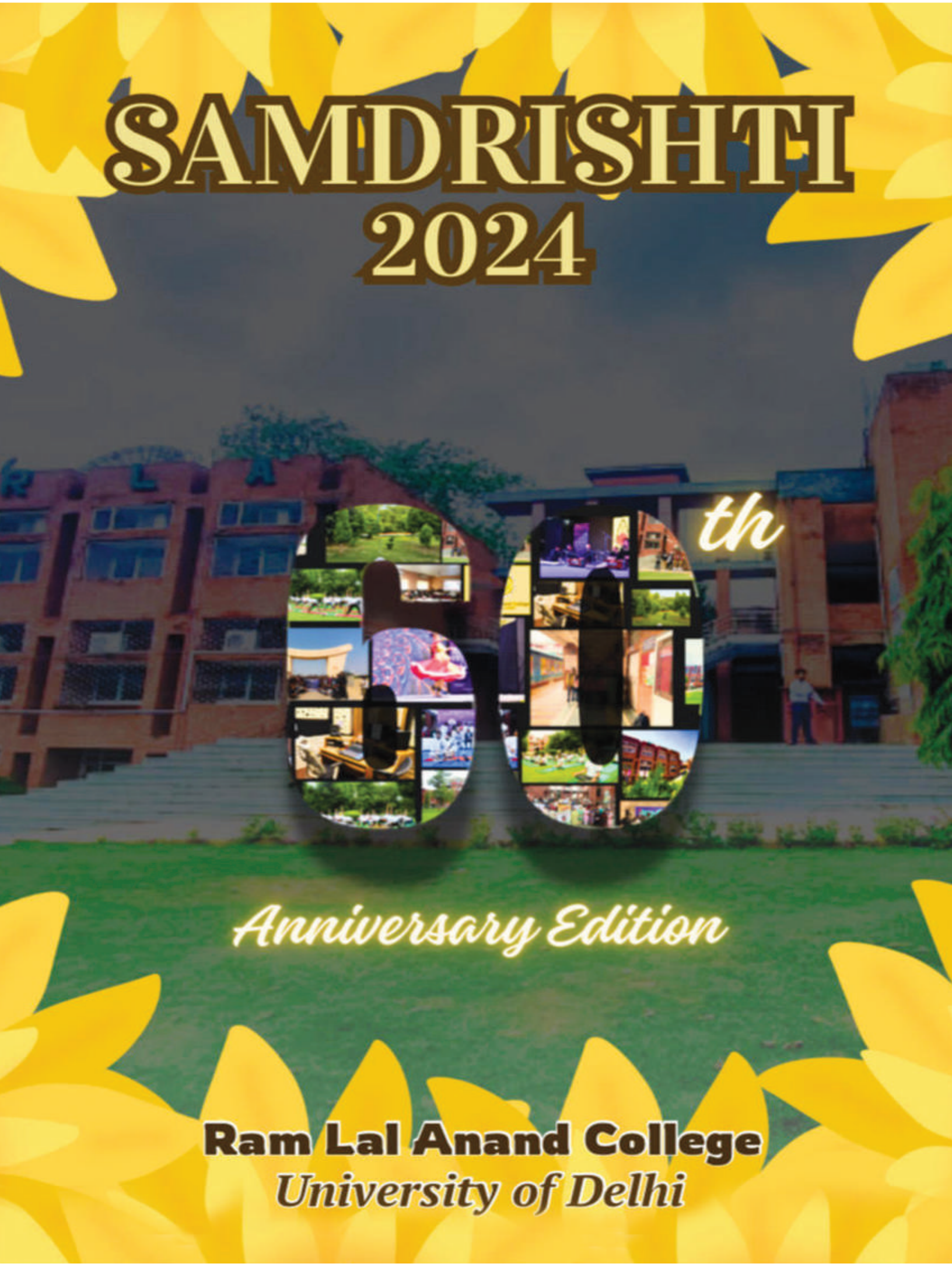
SAMDRISHTI 2024



Ram Lal Anand College

University of Delhi



Shri Ram Lal Anand Ji (1895-1966)

Keeping his legacy and heritage alive, Ram Lal Anand College is exhilarated to share that the family members and successors of Late Shri Ram Lal Anand, including his grandchildren, have expressed their gratitude towards the college for keeping his values and principles alive. The family has made a substantial contribution of Rs. 12,00,000/- which the college plans to utilize towards students' scholarships and awards.





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60 Years of Glory



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मौलिकता

सच्ची विद्वता का सार है।

रचनात्मकता

ही सच्चे विद्वान की

आत्मा

है

चेयरमैन संदेश

अनाश्रितः कर्मफलं कार्यं कर्म करोति यः।
स संन्यासी च योगी च न निरग्निर्न चाक्रियः।।



कर्म में अकर्म मिला देने से कर्मयोग हो जाता है और अकर्म में कर्म मिला देने से संन्यास हो जाता है मूलतः स्व–ऊर्जा (अग्नि) का दिशा निर्देश ही कर्मयोग है। आज का युवा वर्ग कर्म की सात्विकता की ओर कितना देख पा रहा है या यूँ कहें कितना समझ पा रहा है–ये बड़ा प्रश्न देश के सामने है। किसी भी क्रिया का कार्यान्वित होना कर्म है और कर्म में निहित भाव अत्यंत महत्त्वपूर्ण है। जो कर्म स्वहित, परहित, जनहित और राष्ट्रहित में हो वह कर्म कल्याणकारी और सात्विक की श्रेणी में रखा जाएगा। संन्यास से अर्थ संसार को त्यागना नहीं अपितु संसार में रह कर दुर्भावना का त्याग करना है। "वसुधैव कुटुम्बकम्" के बीज मंत्र को देने वाला भारत आज के युवा जगत को संपूर्णता में विकसित करना चाहता है। विषय चाहे ज्ञान का हो, आध्यात्म का, खेल कूद का या चाँद को छू लेने का हो, हर दिशा में युवा वर्ग को पूर्ण अवसर मुहैया कराना विश्वविद्यालय का कर्तव्य है। रामलाल आनंद कॉलेज इस दिशा में अपनी सक्रिय भूमिका का पूर्ण निर्वाह करता है। विषय चाहे विज्ञान का हो, कैरियर काउन्सिलिंग का, शोध का, रचनात्मकता का या मानवीय मूल्यों का हर दिशा में पूर्ण कर्तव्यनिष्ठा से कार्य किया जाता है, जिसकी बहुत कुछ प्रामाणिकता "समदृष्टि" कॉलेज मैगज़ीन में दिखाई देती है। कॉलेज की दृष्टि पूर्ति और इसकी विकास यात्रा चुनौती पूर्ण और संतोषजनक रही है इसके लिये सभी अधिकारियों, प्रवक्ताओं को साधुवाद देना चाहता हूँ, जिन्होंने इस महाविद्यालय से वैज्ञानिक, प्रवक्ता, आई. ए. एस. अधिकारी, सेना अधिकारी, खिलाड़ी, मीडिया कर्मी और कई क्षेत्रों को दिग्गज दिये हैं।

इस वर्ष जो विद्यार्थी महाविद्यालय से अपनी डिग्री पूरी करके जा रहे हैं उनके उज्ज्वल भविष्य की कामना करता हूँ और निस्वार्थ कर्मपथ का आशीर्वाद देता हूँ। "समदृष्टि" की संपूर्ण टीम को बधाई देता हूँ जिनके अथक प्रयास से ये पत्रिका अपना स्वरूप ले पाई है।

संतोष कुमार तनेजा
अध्यक्ष
रामलाल आनन्द महाविद्यालय



Principal's Message



Ram Lal Anand College aims to create an atmosphere of excellence, hard work and professionalism in all undertakings. It works to encourage and empower students to grow as a strong, reflective and humble individuals with discerning minds, prepared to make a mark in all spheres of life.

Through holistic approach to academic as well encouragement for extra-curricular activities in the college, we strive to accommodate the needs and aspirations of each one of our students coming from diverse backgrounds. Team of committed and expert teaching and support staff of our college ensures best learning environment to prepare each student towards industry readiness and global excellence. The college annual magazine 'Samdrishti' is one such platform that stands as a testimony of our efforts in encouraging, empowering and celebrating our students. It impresses upon us the glorious year that went by. I acknowledge and appreciate the unwavering energy and force put in by the dedicated team of students and faculty for Samdrishti, as it gives us an opportunity to reflect on the year's accomplishments and work towards our vision of attaining the highest point in the years to come.

I am hopeful and looking forward to another rewarding year filled with enthusiasm and unconditional support assuring peak performance without any compromise.

Prof. Rakesh Kumar Gupta
Principal
Ram Lal Anand College

EDITORIAL BOARD



Faculty Editors

Row. 1 (Left to Right)- Dr. Jatin Kumar, Ms. Neera Pal, Dr. Debashree Das, Dr. Minaxi Brahma, Prof. Archana Gaur, Dr. Shikha Makkar, Ms. Pragya Deshmukh, Dr. Surender Kumar, Dr. Rajesh Gautam.

Student Editors

Row. 1 (Left to Right)- Priyanka Sharma, Akshat Mehta, Rajan, Ram Kumar Pandey, Shivansh Saxena, Sameer Singh, Alok Raj, Afrid Alam.

Row. 2 (Left to Right)- Sheetal, Dhairya Chhabra, Tripti, Ayush Prajapati, Nisha Mishra, Soni Vishavakarma, Komya.

Student Illustrators

Cultural Diversity: Sanvi B.A. (Hons.) English.
Empowering Young minds: Tushar Sharma, B.Sc. Mathematics.
Nation First: Tripti B.A. (Hons.) English
RLA Shining: Nishu B.Com. (Programme)
Swachchhta Action Plan: Gun Kashyap BJMC 3rd year
Women Empowerment: Nikita Pathania, B.Sc. (Hons.) Computer Science.
Educational Trips: Shakvi B.A. (Hons.) Political Science
Cover Page: Hemant Singh and Sreya.
Back Page: Ayush Prajapati. BJMC 1st year.



संपादकीय



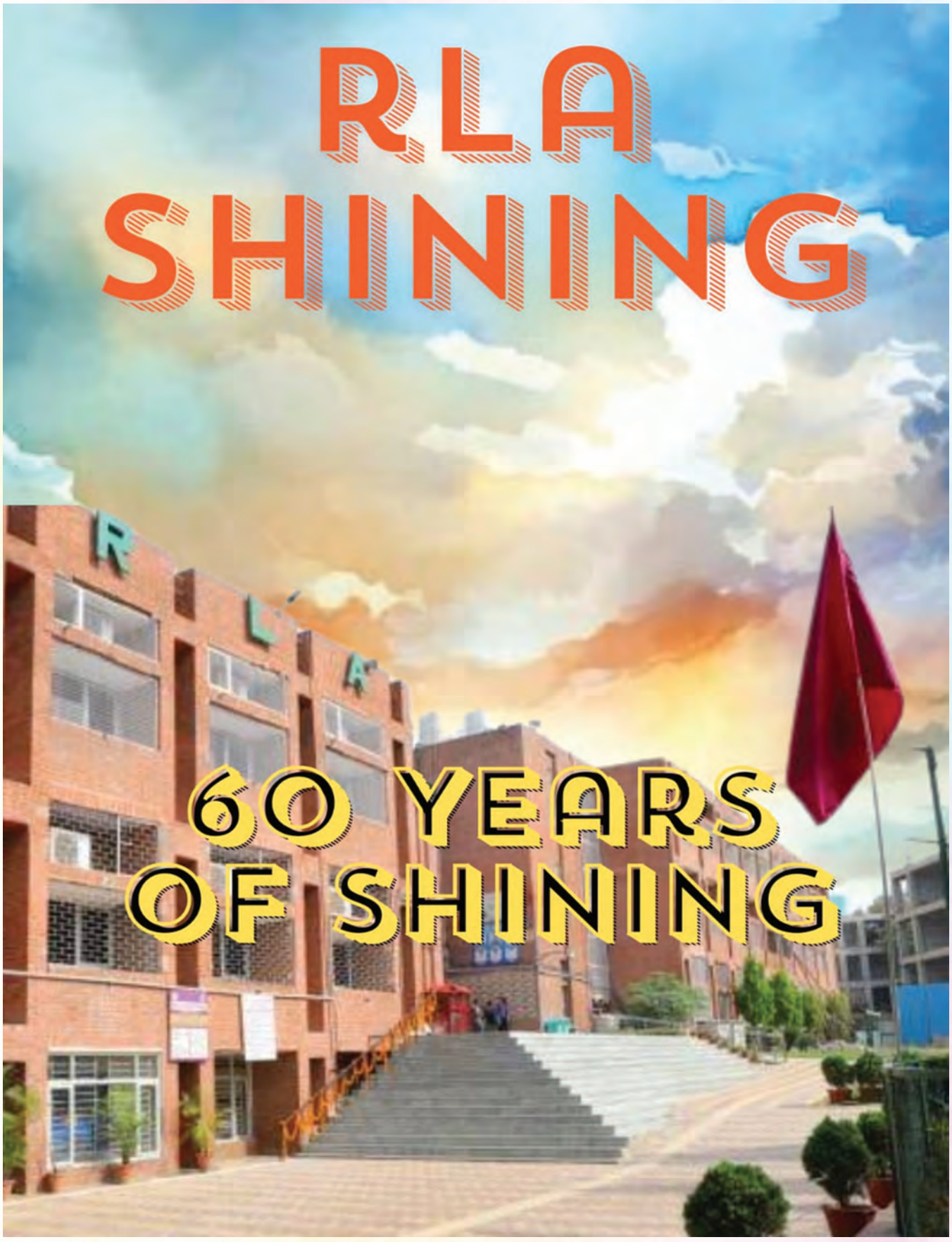
एक बार फिर आपकी समदृष्टि आपके हाथों में सौंपी जा रही है। कॉलेज पत्रिका विचारों, प्रतिभाओं और आकांक्षाओं के जीवंत ताने–बाने के लिए एक कैनवास के रूप में कार्य करती है, जो हमारे विद्यार्थियों को परिभाषित करती है। इन पन्नों में, आपको कॉलेज की पिछले 60 बरस की लंबी यात्रा का प्रतिबिंब मिलेगा, साथ ही कॉलेज के पिछले वर्ष की गतिविधियों की झलक देखने को मिलेगी। यथास्थिति को चुनौती देने वाले व्यावहारिक निबंधों से लेकर भावनाओं को जगाने वाली आकर्षक कहानी और कविताओं का रूप दिखाई देगा। यह पत्रिका कागज़ पर सिर्फ़ स्याही ही नहीं बल्कि उससे ज़्यादा है; यह अभिव्यक्ति की शक्ति और विविधता का प्रमाण है। यह संस्करण, इससे पहले के संस्करणों की तरह, हमारे छात्रों, शिक्षकों और कर्मचारियों की अटूट भावना का प्रमाण है। इसकी शैली में भले ही व्याकरण सम्मत परिपक्वता न दिखाई पड़े किंतु मौलिकता का सौंदर्य स्पष्ट दिखाई देता है।

समदृष्टि को इस स्वरूप में लाने के लिए प्राचार्य महोदय द्वारा पथ–प्रदर्शन, उत्साहवर्धन और प्रबुद्ध चिन्तक का साथ मिला है जिसके लिये समदृष्टि टीम आभारी है।

इस यात्रा में प्राध्यापक संपादक मंडल के सदस्य– डॉ० जतिन कुमार, सुश्री नीरा पाल, डॉ० मीनाक्षी ब्रह्मा, डॉ० शिखा मक्कड, सुश्री प्रज्ञा देशमुख, डॉ० सुरेंद्र कुमार, डॉ० राजेश गौतम, डॉ० देबोश्री दास, श्री नीरज कायरला का आभार जिनके अथक परिश्रम से यह पत्रिका आपके हाथों में है।

कुमार अक्षत मेहता, सुश्री प्रियंका शर्मा, कुमार राजन, कुमार शिवांश सक्सेना, कुमार समीर सिंह, कुमार आलोक राज, कुमार अफ़ीद आलम, सुश्री शीतल, सुश्री धैर्य छाबरा, सुश्री तृप्ति, कुमार आयुष प्रजापति, सुश्री निशा मिश्रा, सुश्री सोनी विश्वकर्मा, सुश्री कोम्या सभी छात्रों को बधाई आपकी मेहनत ने अब यह आकार लिया है।

RLA SHINING



Best Student Award (2020-23)

If I had to sum up my three years in RLA, I would say they were "incredible." Throughout my graduation, my main goal was to give my all in every element, whether it was acade mic or extracurricular. Along with focusing on my objective, I made some wonderful experiences with my friends, who were both encouraging and entertaining to be around. Although I never anticipated to win the best student award, I worked hard to get there and am incredibly grateful to my professor for helping and encouraging me to do so. It was undoubtedly the highlight of my graduation experience.



Shelja Agarwal
Best Student in
Science Stream (2022-23)

Feeling called out as an RLAC alumnus, emotions overwhelm me. The bonds we forged, the challenges we conquered, and the memories we created will forever hold a special place in my heart.

I'm not even exaggerating when i say that my time in college has been nothing short of a breathtaking dream voyage. Despite being a part of the batch that spend 1.5 years learning virtually and 1.5 years on campus, I never failed to cherish any moment, whether it was in academics or extracurricular activities, and thus continued to give it my all.

Being the beneficiary of this esteemed award not only serves as a testament to my sincerity and hard work, but it also validates that I have been able to uphold the moral principles and wisdom that my parents, teachers and mentors have imparted, contributing to the tapestry of learnings. It's not easy to express the depth of gratitude I feel for their unwavering support and blessings. Hence, they own everything.



Diksha Singh
Best Student Award in
Humanities (2022-23)

Best Student Award Pandit Budh Ram Sharma



Ujjwal Dingliwal
Best Student in Commerce
& Management (2020-

My time at RLA has been a transformative journey filled with invaluable lessons and personal growth. Being recognized as the Best Student in college is a humbling honor that I hold dear. Navigating the challenge of excelling in various fields simultaneously was daunting, but the rewards far surpass the efforts that I invested.

What I've learned is that managing it all will get tiring, and opportunities will not always come your way. You'll have to push yourself and snatch them on your own. It's not always easy. I too, knew exactly what to do. But in a much more real sense, I had no idea what to do. What worked for me was ditching my comfort zone, having fun, & surrounding myself with supportive people - mentors & friends alike. As I reflect on my time here, I am filled with gratitude for every lecture attended, every society led, and every conversation over a cup of tea in the canteen. Whether it was forming meaningful friendships or learning to face the real world, I will forever cherish my time here.

Best Volunteers (2020-23)



Utkarsh Amrit
Best NSS Volunteer

Over the past two years, my journey with the National Service Scheme (NSS) has been incredibly rewarding. I am deeply honored to have been recognized with the Best NSS Volunteer award, which reflects the dedication and passion I have poured into my work with the organization. I am greatly indebted to my Program Officer who supported me through this journey. Also, my respect to all my department professors who have greatly shaped me into the person I am today.

NSS RLAC gave me the platform to get involved in a variety of community service projects aimed at addressing various social issues. From organizing cleanliness drives and tree plantation campaigns to conducting awareness programs on health, hygiene, and education, I have always strived to make a positive impact on society.

NSS has not only allowed me to contribute to society but has also helped me grow personally and professionally. Through my experiences with NSS, I have developed valuable leadership, communication, and teamwork skills. I have learned to be more empathetic and compassionate towards others, and I have gained a deeper understanding of the challenges faced by marginalized communities.



Sweta
Best Student Award

Last year at Ram Lal Anand College, I was honored to receive the Best Student Award in Physical Education. It was a culmination of years of hard work, dedication, and passion for sports. From early morning practices to late-night study sessions, balancing academics with athletics was challenging but incredibly rewarding. The support and guidance from my professors and coaches played a crucial role in my journey. Winning this award not only validated my efforts but also inspired me to continue striving for excellence in both academics and sports. It was a moment of pride for me and a reminder that perseverance and commitment always pay off.

NCC Cadets



Akshit

DL/21/SDA/800015 SUO AKSHIT KATOCH is a conscientious and motivated NCC Cadet from Ram Lal Anand College. He has distinguished himself through exceptional performance of duty and selfless dedication to the unit and organisation as a whole.

He was selected for the Republic Day Camp 2023(RDC) and was selected in the NCC Marching Contingent at the prestigious Kartavya Path. Despite being in his second year, his leadership trait and drill skill were recognised as he was the Reseve Best Cadet for the Delhi Directorate. He was chosen as the moderator for the MoU signing between United Nations Environmental Programme and the Ministry of Defence, Government of India for Puneet Sagar Abhiyaan.

He was also selected for the Youth Exchange Programme 2023 and represented the National Cadet Corps as a part of its 15 member contingent in Vietnam. Due to his eloquent skills, he was chosen within the contingent to present the Indian presentation in Vietnam.

He was adjudged as the Best Cadet SD, in Lady Shri Ram College, Bhim Rao Ambedkar College and Dyal Singh

College.He was also awarded as the Best Speaker (Debate) and the Best Pilot in 7 Delhi Battalion NCC.



Yogesh

Cadet Yogesh attended the ALL INDIA THAL SAINIK CAMP - 23 which was organised by DG NCC from 19th Sept. to 30th Sept., 2023. It was a lengthy, explorative and arduous journey. Cadet Yogesh, part of the JD&FS contingent of the Delhi Directorate, persevered with unwavering grit and determination. The Camp was dynamic in nature and Cadets were pushed beyond their conceived Mental and Physical standards. The cadets competed in Events like Obstacle training, Map reading, Tent pitching, Field Signals etc. .The camp gave opportunity to the cadets to participate in Non-Banner Events also. The camp presented itself like a mini-India as cadets from the length and breadth of the country were a part of it. The cadets also got the opportunity to witness the cultural performances of each and every directorate. Non-Banner events were also conducted which helped the cadets to get together and interact in a healthy way. Going with it, Cdt Yogesh participated in the Inter-Directorate SD Quiz competition where he bagged the first position. Additionally, he was part of the Tug of War team of Delhi DTE which stood first in merit. The camp captivated the cadets by hosting a Weapon Demonstration activity, Organising lectures by Army and Airforce Officers, Vice Chief of Army Staff also visited the camp. Cdt. Yogesh is grateful and humbled to represent DELHI DTE in AITSC-23.

JUO Abhijeet Bhanwala, DL/21/SDA/800004, spells out a diligent NCC Cadet from Ram Lal Anand College. He has contributed to the NCC unit and organization in every possible way and performed his duties selflessly.



Chirag Shokeen

He also attended Maharastra Trek-1, Kolhapur and represented the Delhi directorate in front of other directorates and made us proud by securing merit in sports. After this he also attended the Army Attachment Camp with 19th Battalion, Bihar regiment. He has been the Camp Senior in the Camp. Along with fulfilling his duties as Camp senior he also participated in different events like drill, Guard of Honour and Best Cadet and represented his company at different competitions. He was also a part of Volleyball runner up team and made contribution in the Basketball team as well. Alongside these achievements, Abhijeet has been an active participant im various social services like Blood Donation Camps, Swachh Bharat Abhiyan, Meri Maati Mera Desh and International Yoga Day, which showcases his determination to grow in every sphere of life and demonstrating a keen awareness of opportunities within NCC.

JUO Chirag Shokeen DL/21/SDA/800013



Abhijeet Bhanwala

JUO Chirag Shokeen has demonstrated commendable achievements as a cadet in the National Cadet Corps (NCC). His participation in national camps, such as All India Trekking Camp and the Advanced Leadership Camp, highlights his commitment to personal growth and leadership development. Additionally, his role as a guard commander reflects his ability to take on responsibility and lead by example.

In the realm of extracurricular activities, Chirag Shokeen has also made significant contributions. As the vice-captain of his college volleyball team, he played a pivotal role in winning the Dr. KP Bhatt Memorial Tournament, showcasing his teamwork and athletic skills.

Overall, JUO Chirag Shokeen's involvement in various facets of the NCC and his active participation in sports and leadership activities underscore his multifaceted talents and dedication to excellence

Student Achievers (2020-23)

1. CDT Sneha Singh, a 2nd year student of B.Sc. Microbiology(H) participated in the SNIC's Prime Minister's Rally '24 held on 27 January, 2024 in New Delhi.


राष्ट्रीय कैडेट कोर
NATIONAL CADET CORPS
विशिष्ट राष्ट्रीय एकता शिविर-2024
SPECIAL NATIONAL INTEGRATION CAMP (SNIC) - 2024
प्रधानमंत्री रैली PRIME MINISTER'S RALLY
प्रशंसा-पत्र
APPRECIATION



2. Adarsh Pratap Singh, a 2nd year student of BA(H) Political Science gave a moment of pride to the college by securing 1st position (Best Delegate) in the National Level MUN edition 24' organized by NIT Kurukshetra from 24 to 26 Feb 2024.



3. The Dramatics Society of Ram Lal Anand College secured the First Position in Aayam, the nukkad natak competition organised by IIT Jodhpur on 17th February 2024. The nukkad natak that we presented is named 'Ye mein hi hu' and sheds light on the theme insecurity.



4. Kumar Sushant, a 2018-2021 batch of English (H) from RLAC, has bagged an overall 122nd rank in UPSC.



5. Gouripriya S Menon, a student of B.Sc. Geology (H) was awarded the coveted Erasmus Mundus Scholarship (PANGEA). She was also a recipient of the prestigious AAPG Foundation's L. Austin Weeks Undergraduate Grant.



6. Rishabh Ahuja, a 3rd year student of B.Com (H) was selected to pitch his startup, Mepack, on Shark Tank. The episode aired on March 5th, 2024. Rishabh's innovative app, MePack, is a custom gym subscription app that aims to make fitness accessible & affordable for all.



7. Nikita Pathania(Bsc(H) Computer Science,3rd year) participated in several poster making, doodle

making,caricature,slogan writing,article and essay writing competitions at intra-college,inter- college, state,national and international levels and has brought laurels to the college. She participated in **National level Bhartiya kala Pratiyogita** organized by INNOVIZE Arts & Culture M.S.M.E and has won the **Prashansa award.**



8. Vashu Tangri, student of B.Sc(H) Computer Science, 3rd Year participated in the Brillante National Piano Competition, and was selected as the winner of the Classical Piano Category B. The prize included a cash reward of Rs. 50,000, Yamaha P-45 Digital Piano, a Gift Voucher from Furtados and a scholarship from Global Music Institute, Noida.



9. Sreya E K, of B.Sc(H) Computer Science, 3rd Year presented a research paper in 4th IEEE 2023 International Conference on Computing, Communication and Intelligent Systems (ICCCIS) organised by Sharda University, Greater Noida. The paper is available online on IEEE-Xplore digital library with doi: 10.1109/ICCCIS60361.2023.10425000



Enhancing Digital Investigation: Leveraging ChatGPT for Evidence Identification and Analysis in Digital Forensics

10. Simran Arora Bsc. (H) Statistics, was selected for the SAKURA SCIENCE EXCHANGE PROGRAM 2023. AN initiative by the Japan Science and Technology Agency (JST) to involve the young students for short-term sojourns in Japan. This immersive experience serves as a crucible for the advancement of Science, Technology, and Innovation (STI).



11. Tarun Jain, a second-year BMS student, excelled in various competitions throughout the year. He secured 1st place at “Game of Life” (Aryabhatta College) and “Devil’s Advocate” (IIM Indore), a national event with over 500 teams. He also achieved 2nd place at “Monopoly” (JDMC) and 3rd place at “Boardroom Charades’23" (SSCBS, a national competition with 250 teams. Also, he reached the finals of “IPL Auction & Finopoly” (IIM Indore), another national event with

over 700 participants, demonstrating his proficiency in finance and strategic decision-making.

12. Aakash Parihar, student of B.A. (hons) English III Year was offered internship launched under the aegis of the Dean of Student Welfare's Department, viz. Vice Chancellor's Internship Scheme (VCIS): Summer Intern(June-August). Among the 100 student interns, he was one of the 60 students who were selected to meet and interact with the Prime Minister.



12. Mansvi is the student of Political Science (Honours), final year in University of Delhi. Elected as the President of Student Union 2023-24. A national level debater and enthusiast speaker. Participated in many national and international conferences. Most recently, in August



had participated in DYIMUN organized by an organisation of Islamic Republic of Pakistan and in September has participated in PHIMUN organized by Pelita Harappan University, Indonesia. Among one of the shortlisted speakers by Asia's biggest MUN, AYIMUN. Achieved a couple of best delegate awards in the MUNs and Mock/Youth Parliaments. He has been awarded with Young Statesman Award by Christ University, Bangalore and won first prize at National level in a speech event organised by Indian Naturopathy Organisation, under Ministry of Ayush, Government of India. Represented Delhi Delegation at Bhopal National Youth Parliament.

Khelo India Tournament 2023-24



Stuti Grover
B.A. Political Science (Hons.) 3rd Year
3rd Position in Judo



Vikas
B.A. Program 1st year
2nd Position in Kho-Kho



Matlum
B.A. Hindi Hons. 1st year
2nd Position in Kho-Kho

Inter University Tournament 2023-24



Shravan
B.A. Program 3rd Year
Participation in
North Zone in Kho-Kho



Sahil
B.Com (Hons.) 2nd year
Participation in
North Zone in Kho-Kho



Istiyak
B.A. Program 1st year
Participation in North
Zone in Kho-Kho



Mehtab
B.A. Hindi (Hons.) 1st Year
Participation in
North Zone in Kho-Kho

Inter University Tournament 2023-24



Stuti Grover
B.A. Political Science (Hons.)
3rd Year
1st Position in Judo



Hiten Budhiraja
BA Political Science (Hons.)
1st Year
1st Position in Judo



Sumit Kumar Sinha
BMS
2nd Year
3rd Position in Judo



Rahul
BA Political Science (Hons.)
3rd Year
2nd Position in Judo



MD Kaif
BA English (Hons.)
1st Year
3rd Position in Judo



Khushi
Bsc. (Hons.) Computer Science
2nd Year
2nd Position in Taekwondo



Pratyaksh
BA Prog. (History + Political
Science)
3rd Year
2nd Position in Taekwondo



Istiyak
BA Prog. 1st Year
2nd Position in 5000 M
and 3rd Position in 800 M



Karan Singh
BA History (Hons.)
2nd Year
3rd Position in 10000 M



Himanshu Kumar
BSc. (Hons.) Mathematics
3rd Year
3rd Position in Half Marathon



Sneha Kumari
BA Political Science (Hons.)
3rd Year
3rd Position in Race Walk

1st Position in Kho-Kho Tournament

S No.	Name	Course	Year
1	Shravan	B.A. (Prog.)	3rd
2	Sahil	B.Com (Hons.)	2nd
3	Istiyak	B.A. (Prog.)	1st
4	Ayush Agarwal	B.Sc. (Hons.) Statistics	2nd
5	Rishabh kumar	B.Com (Hons.)	2nd
6	Tanish	B.Sc. (Hons.) Statistics	2nd
7	Kunal Kaushik	B.A. Political Science (Hons.)	3rd
8	Abhishek Kumar	B.Com (Prog.)	1st
9	Vikas	B.A. (Prog.)	1st
10	Sarath Nair	B.A. (Prog.)	1st
11	Matlum	B.A.(Hons.) Hindi BMS	1st
12	Akash P Prakash	B.A.(Hons.) Hindi	2nd
13	Mehtab	B.Com (Prog.)	1st
14	Abhishek singh	B.A.(Hons.) Hindi	3rd
15	Rohan Kumar		1st

Other Tournaments

S No.	Name	Course	Year
1	Sandharb	B.A. Prog.	3rd
2	Chirag Shokeen	B.Sc. (Hons.) Computer Science	3rd
3	Kunal Kaushik	B.A. Political Science (Hons) B.Sc.	3rd
4	Tanish Dalal	(Hons.) Statistics B.Sc. (Hons.)	2nd
5	Prince	Statistics	2nd
6	Krishna	B. Com (Hons.)	2nd
7	Yash Raj	B.A. Hindi (Hons.)	3rd



Team 1st Position in Kho-Kho Tournament



1st Position in Satyawati College Volleyball Tournament

Spardhaa - The Sports Fest 2024



1st Position in Kho-Kho in Spardhaa 2024 organised by Shaheed Rajguru College for Women Applied Science

S No.	Name	Course	Year
1	Shravan	B.A. (Prog.)	3rd
2	Sahil	B.Com (Hons.)	2nd
3	Istiyak	B.A. (Prog.)	1st
4	Ayush Agarwal	B.Sc. (Hons.) Statistics	2nd
5	Rishabh kumar	B.Com (Hons.)	2nd
6	Akash	BMS	2nd
7	Abhishek Kumar	B.Com (Prog.)	1st
8	Vikas	B.A. (Prog.)	1st
9	Matlum	B.A.(Hons.) Hindi	1st
10	Akash P Prakash	BMS	2nd
11	Mehtab	B.A.(Hons.) Hindi	1st
12	Abhishek singh	B.Com (Prog.)	3rd

Delhi Olympics 2023-24



Stuti Grover
B.A. Political Science (Hons.)
3rd Year
1st Position in Judo Junior
Female Category
and Senior Female Category



Khushi
B.A. Political Science (Hons.)
1st Year
2nd Position in Judo Junior
Female Category



MD Kaif
BA English (Hons.) 1st Year
2nd Position in Judo Junior
Male Category



Sumit Kumar Sinha
BMS
2nd Year
2nd Position in Judo
Senior Male Category



Hiten Budhiraja
BA Political Science (Hons.)
1st Year
2nd Position in Judo Junior
Male Category



Istiyak
B.A. Program 1st year
1st Position in
Kho-Kho



Mehtab
B.A. Hindi (Hons.) 1st Year
2nd Position in Kho-Kho



Matlum
B.A. Hindi Hons. 1st year
2nd Position in Kho-Kho



Vikas
B.A. Program 1st year
3rd Position in Kho-Kho

हिंदी : कितनी सरल, कितनी कठिन



हिंदी एक सरल भाषा है या कठिन ये आपकी पहचान पर निर्भर करता है हम सब जानते हैं कि हिंदी को संविधान में राजभाषा का दर्जा दिया गया है। राजभाषा व भाषा है जो सरकार के प्रयोग में लाई जाती है। राष्ट्रभाषा वह भाषा है जो पूरा राष्ट्र समझता व बोलता है निश्चय ही हिंदी हमारी राष्ट्रभाषा भी है परंतु वर्तमान युग में लोगों ने हिंदी का प्रयोग लिखने और पढ़ने में कम कर दिया है। इसलिए कुछ लोगों को हिंदी कठिन लगने लगी हैं। आज भी हिंदी का प्रयोग बोलने में निश्चय ही ज्यादा मात्रा में हो रहा है।

हिंदी का परचम उड़ा, उच्च गगन की ओर।
हिंदी की बिंदी सजी, आभा दिनकर भोर।।

हमें अपनी संस्कृति, राजभाषा बोली को नहीं भूलना चाहिए। जो मूल रूप से हिंदी का प्रयोग करता है उसे निश्चय ही पता है कि ये जो धारणा हमने बनाई है कोई भाषा सरल है या कठिन है ऐसा कुछ नहीं है भाषा सरल या कठिन नहीं होती परंतु उनका हम उपयोग कितना और कैसे कर रहे हैं इस पर निर्भर करता है।

हिंदी सीमा तोड़कर, चली विश्व के द्वार।
वैज्ञानिक आधार पर, प्रसिद्धि मिली आपार।।

हम सब जानते है 14 सितंबर को हिंदी दिवस मनाया जाता है जो की हमारे लिए गर्व की बात है परंतु हम भारतीय जनता के लिए तो प्रत्येक दिन ही हिंदी दिवस है।

हिंदी अपनी बान है, भारत माता की शान।
इसके ही सम्मान से, बढ़े हमारा शान।।

मनीषा वाधवा
संगणक विज्ञान विभाग

खुश रहने की आदत



जीवन जीने की कला,
हर कोई समझ नहीं पाए।
निज, अपने और दूसरे संग,
हर कोई जीवन बिताए।
सुख–दुख, खुशी–गम,
जीवन रूपी गाड़ी के पहिये।
जिसने सीख लिया अपने जीवन में,
हर मुश्किल में हँसना।
जिसने मान लिया है अपने जीवन में,
खुशियां ही है असली गहना।
आओ देखो झाँको,
बिताओ कुछ पल उसके संग।
रुको ठहरो समझो,
क्या है जीवन तरंग?
मैं तो यही जानु,
हर पल जीवन में मुस्कुराते रहना।
लाओ किसी के घर में खुशियां।
जलाओ कहीं अधियारे में दीपक
निरंतर करते रहो सुकर्म,
जानो हर क्षण की कीमत।
आदर, सम्मान और बुजुर्गों का सत्कार
यही खशियों का आधार।
जो अपने जीवन में अपनाए
जीवन जीने की कला वही सिखाए।

डॉ. सुनीला
सूक्ष्मजीव विज्ञान विभाग

सच्चाई का महत्व



बात है कुछ पुरानी, पर है नहीं अंजानी,
वो युग हो महाभारत का या रामायण की अमिट कहानी।
तब जल में पाषाण तैरे थे, जीवन में सत्य अब सूरज की भांति जगमगाए,
वो झूठ हो या भ्रष्टाचार हो अधिक समय, टिक नही पाएगा।
सत्य एक अमिट कहानी है, झूठ के अंत की देर सवेर बारी आनी है,
सत्य की राह कांटो भरी हो पर झूठ बर्बादी पर अग्रसर होगा।
ये आज नही तो कल होगा,मार्ग जीत का आश्वास्त होगा,
संशय न इसमें अब होगा।
झूठ मिल जायेगा मिट्टी में कुछ क्षण बाद इसका बोध होगा,
परंतु ये होगा और जरूर होगा।

हमारे सभी धर्म ग्रंथ इस बात से सहमत है कि सच्चाई सर्वश्रेष्ठ है। तभी कहा गया है की "सत्यम शिवम् सुंदरम" सत्य बोलने वाला व्यक्ति परेशान हो सकता है पराजित नहीं। सनातन संस्कृति में सत्य को ईश्वर तुल्य माना गया है हमारा संविधान भी इस बात का साथ देता है कि देश की न्याय प्रणाली ऐसी हो की वो सत्य की सुरक्षा करे।

इंसान के मन, वचन कर्मों में सच्चाई होनी चाहिए क्योंकि सत्य एक अपरिवर्तनशील सच्चाई है जबकि झूठ परिस्थितियों के अनुसार सहूलियत अनुसार बदलता रहता है सच्चे इंसान की प्रशंसा होती है झूठे को हर क्षण पकड़े जाने पर भय होता है मृत्यु जीवन का एक अंतिम सत्य है, जिसके उपरांत मोक्ष की प्राप्ति होती है। यदि झूठ का मार्ग अपनाओगे तो अंत दुर्योधन तुल्य होगा तुम्हारा भविष्य एक ग्वाला, बांसुरी बजाने वाले तय करेगा जो अखतर खत्र तत्र सर्वत्र विराजमान है, और हमेशा सत्य का समर्थन करता है। चाहे सच्चाई को जिताने के लिए कृष्ण को साम, दाम, दंड, भेद का उपयोग करना पड़ा हो परन्तु जीत अंत में पांडवों की ही होती हैं जीवन राजा हरिश्चंद्र की भाँति होना चाहिए जिन्होंने अपना राजपाठ सत्य के लिए न्योछावर कर दिया था आधुनिक भारत में महात्मा गाँधी जिन्हें हम बापू के नाम से भी जानते हैं वे भी 'अहिंसा परमोः धर्म' का नारा देते थे।

आज की पीढ़ी की सच्चाई की ताकत समझने की जरूरत है ताकि वो समझ सकें कि सच्चाई की है और लंबी कांटों भरी हो सकती है परंतु जीवन में आपको इज्जत, सम्मान, धन आदि दिलाती है। दीर्घकाल में सत्य हमें जीवन की सभी उंचाईयों तक पहुंचाता है जबकि अल्पकाल में झूठ की राह सरल लगती है।

'भूल सच्चाई का ज्ञान मानवता हारी है,
इस दुनिया के किसी कोने,
में महाभारत का युद्ध जारी हैं'।

डॉ.प्रीति देवी
वाणिज्य विभाग

खुश रहने की आदत



आज की दौड़ भाग की जिंदगी में खुश रहना एक कठिन कार्य हो गया है तो फिर इसकी आदत होना तो और भी मुश्किल लगता है। लेकिन यह शायद नामुमकिन भी नहीं है अगर इसको थोड़ी गहराई से सोचे और इसका विश्लेषण करे तो इस विषय में हम पहले ये देखेंगे की खुश रहने के क्या क्या फायदे हैं। सबसे पहले हम देखेंगे की आत्मविश्वास लाने से हम खुश रहेंगे। आप किसी भी परिस्थिति का सामना करने में सक्षम रहेंगे। हमारा शरीर एवं मस्तिष्क हमारे अनुसार काम करेगा। और जब खुश रहने के इतने फायदे है। तो खुश रहने की आदत बनानी चहिए।

यहां उन चन्द पलों की खुशियों की बात नही हो रही जो कुछ समय के लिए आती है और चली जाती हैं। यहां बात उन खुशियों की हो रही है "खुश रहने की आदत'' जो जीवन का आधार है।

मेरे विचार में इसे आदत बनाने के लिए आवश्यक है कि हर व्यक्ति दैनिक जीवन में खुशियां ढूंढ ले। यह तभी मुमकिन है जब हम अपने जीवन में संतुष्ट हों। हम जब खुश रहते हैं तो सोच सकारात्मक हो जाती हैं। संतुष्टि का अर्थ यह नहीं कि अपने भविष्य को अधिक अच्छा बनाने के लिए प्रयास न करे बल्कि अपनी दूसरी से तुलना न करना और अपनी सफलता के लिए प्रयास करना संतुष्टि है। हमें अपने जीवन से किसी की तुलना नहीं करनी चाहिए क्योंकि सबकी परिस्थितियां अलग होती हैं।

वहीं एक और तरीका है जिससे खुश रहने का प्रयास किया जा सकता है। अपने लिए उन चीजों की तलाश करे जिससे हम खुशी मिलती है। केवल जीवन निर्वाह के लिए किए गए कार्यों के अलावा अन्य कामों को अपनी दिनचर्या में शामिल करना हमारी आंतरिक खुशी के लिए महत्वपूर्ण है। उदाहरण के लिए किसी की मदद करना या फिर प्रकृति के साथ कुछ समय बिताना। इस प्रकार हम अनेक प्रकार के कार्यों करने से अपने आपको खुशी दे सकते हैं।

इसलिए खुश रहने की आदत बनाना आसान है।

प्रो.सुधा चौधरी
सूक्ष्मजीवविज्ञान विभाग

सुनहरे दिन



मैं भीड़ में खोते बचपन को ढूंढ़ता हूँ,
सावन में उड़ती पतंगों को ढूंढ़ता हूँ।
मैं पीपल की ठंडी छाया को ढूंढ़ता हूँ,
सर्दी में अंगीठी का ताप ढूंढ़ता हूँ।
रंगीन बचपन की किताब ढूंढ़ता हूँ,

अब गर्मी की धुप में कूलर की आवाज नहीं है।
आंगन में बच्चो का नाच नहीं है,
दिवाली में हर्षोल्लास नहीं है।
होली में रंगो की बौछार नहीं है,

मैं संडे को बच्चों का शोर ढूंढ़ता हूँ।
खो–खो कबड्डी के खेल ढूंढ़ता हूँ,
वो बिना इंजन चलती रेल ढूंढ़ता हूँ।
मैं दादी के अंचल का आराम ढूंढ़ता हूँ,
मैं अपने अस्तित्व की पहचान ढूंढ़ता हूँ।

डॉ. जतिन कुमार
राजनीति विज्ञान विभाग

जिदंगी है चार दिन की

ये माना जिंदिगी है चार दिन की,
बहुत होते हैं यारों चार दिन भी।
खुद को का गया वॉइस मगर है,
जरूर आदमी को आदमी की।
बस औकात दिल से कह गई है,
खुद कुछ वह निगाहें मुक्तसर भी।
मिला हूं मुस्कुरा कर उसे हर बार,
अगर आंखों में भी थी कुछ नमी सी।।

फिराक गोरखपुरी जी की कुछ पंक्तियों के माध्यम से "ये माना ज़िंदगी है चार दिन की बहुत होते हैं यारों यह चार दिन भी" के माध्यम से इस विषय को बहुत ही अच्छे शब्दों में लिखा गया है वास्तव में हमारी जिंदगी मात्र चार दिन की है मतलब कि वह बहुत कम समय ईश्वर ने हमें इस पृथ्वी पर व्यतीत करने के लिए दिए हैं लेकिन हमें इन जिंदगी के कुछ मिले पलों को खुलकर जी लेना चाहिए।

जैसा चाहो वैसा जी को समय कब गुजर जाएगा पता ही नहीं चलेगा हमारे जीवन के क्षणों का भरपूर आनंद उठाना चाहिए क्योंकि उम्र की बेड़ियां इन चरणों को आनंद उठाने से नहीं रोक सकती।

कोई भी कैसी भी उम्र में समय हो हमें हमेशा सकारात्मक व आनंद में ही रहना चाहिए जिंदगी में सुख व दुख ईश्वर की देन है यह आएंगे भी और जाएंगे भी लेकिन हमें परिस्थितियों से नहीं घबराना चाहिए जैसे कि ठीक ही कहा भी गया है

चार दिन की जिंदगी,
मैं किससे कतरा के चलूं।
खाक हूं, मैं ख़ाक पर,
क्या खाक इतरा के चलू।
जिंदगी चार दिन की थी,
लेकिन हम अनजान रह गए।



इसीलिए सभी ऐसो आराम, आनंदमयी जिंदगी सब रख बन जाएगी और यह दिन किसी अनजान व्यक्ति की तरह गुजर जाएंगे हंसते–हंसाते खिलखिलाते जीवन को व्यतीत कीजिए ये दिन हमें काम भी नहीं लगेंगे अगर हमारा समय हमें अपने दोस्तों रिश्तो प्रेमियों के साथ बिताया है। इसलिए बिताए पल याद आएंगे दोस्तो आप अपनी किसी भी उम्र में आनंद उठा सकते हैं और उठाइए भी जैसे कि हमारी वृद्धावस्था आती है उसमें भी हम बचपन की तरह मनोरंजन मुस्कुराते हंसते हंसाते साथ देते व्यतीत करना चाहिए अगर हम ऐसा करते हैं तो वास्तव में आपको यही चार दिन भी जिंदगी के काफी लगेंगे अंत में कुछ और पंक्तियों के माध्यम से बताना चाहता हूं

कल न हम होंगे, न कोई गिला होगा,
सिर्फ सिमटी हुई, यादों का सिलसिला होगा।
जो लम्हे हैं हंसकर जी लेते हैं
जाने कल जिंदगी का क्या फैसला होगा"।

कृष्ण कुमार
वाणिज्य विभाग

विचार की ताकत

विचार मानव के दिमाग में जन्मी एक उत्सुकता है यदि विचार ना हो तो आविष्कार ना हो मनुष्य अपनी उत्पत्ति के समय से निरंतर प्रगतिशील है इसी प्रगति के साथ–साथ मानव जीवन में परिवर्तन भी हो रहे हैं यह कहा जाता है कि "परिवर्तन प्रकृति का नियम है" यदि हम समय के अनुसार परिवर्तित नहीं होंगे तो हमारा समय परिवर्तित हो जाएगा। पर क्या परिवर्तन इतना आसान है? परिवर्तन चाहे रहन–सहन में हो या फिर हमारे समाज में हमारी यादों में हो या फिर हमारे ख्याल में परिवर्तन जरूरी है और यह परिवर्तन के लिए एक विचार जरूरी है।

वह विचार ही था जो किसी के मन में आया होगा तब मनुष्य ने सबसे पहले खेती करने अपने लिए अनाज उगाया होगा जब कृषि का आरंभ हुआ तो उसमें आने वाली कठिनाइयों को पार पाने के लिए किसी के मन में विचार आया होगा तभी हल का निर्माण हुआ होगा हल बना फिर धीरे–धीरे दूसरे औजार बनाए गए यदि विचार नहीं मन आया हो आया तो मनुष्य ऐसे ही जंगलों में अपने लिए खाना ढूंढता रहता तो अन्य जरूरी काम नहीं कर पाता। जब पेट भर गया फिर तन ढकने का विचार आया तो कपास की खोज हुई और कपास से कपड़ा बनाया गया धीरे–धीरे मनुष्य आगे बढ़ता गया मानव ने घर बनाए, बनाया समाज बनाया गांव, बनाया शहर, बनाया फिर आधुनिक शहर बने मनुष्य चांद पर गया आकाश गंगा की खोज की तारों के रहस्य को जाना अलग–अलग ग्रह ढूंढ कर निकले यह सब एक विचार के जन्म से संभव हो पाया।

मनुष्य के मस्तिष्क की कोई सीमा नहीं है वह एक अथाह सागर है उस सागर में विचार एक छोटी सी कश्ती के समान है जो लहरों से गोते खाता है जब मनुष्य अपनी इस विचार रूपी नव को सही दिशा में खेता है तो उसे किनारा मिल ही जाता है आज तक



मानव इतिहास में जितनी भी खोज हुई सभी किसी न किसी विचार से उत्पन्न हुई है अगर न्यूटन ने सेब को गिरते हुए देखकर उसके नीचे गिरने का कारण न सोचा होता तो गुरुत्वाकर्षण का पता कभी नहीं चलता बीमारियों से लड़ने के लिए दवाइयां भी विचारों से उत्पन्न हुई "विचार की ताकत" को मैं यहां अपनी कुछ पंक्तियों में दर्शाने की कोशिश कर रही हूं जो निम्नलिखित है।

मैं सिर्फ एक विचार नहीं,
तेरे मन में उठी उन्मुक्तता का तूफान हूं।
तेरी मुश्किलों में सामने आया सवाल,
सोते हुए ख्वाब जागते में ख्याल है।
दुनिया बदलने की ताकत रखता हूं,
तकदीर का फैसला कर सकता हूं।
तेरी भूख शांत कर सकता हूं,
तुझे चांद तक ले जा सकता हूं।
संसार में सब तरफ फैला एक विचार है,
विचार ही रूप है विचार ही कुरूप है।
विचार ही पूजा है विचार ही धर्म है,
विचार ही शांति है विचार ही युद्ध है।
हर ही मानवता है विचार ही आतंकवाद है,
एक बार कुछ सोच कर तो देख।
असंभव को संभव करने का औजार हूं,
मैं सिर्फ एक विचार नहीं,
तेरे मन में उठी उन्मुक्त का तूफान हूं।

डॉ सुनयना शर्मा
अर्थशास्त्र विभाग

वर्तमान समय और मानव धर्म

समय और मानव का संबंध सदियों से महत्वपूर्ण रहा है।समय और समय की परिस्थिति के आधार पर मानव ने अपने आप को इनके अनुरूप बनाने के लिए, संस्कृ ति को विकसित किया हमारे पास इस तथ्य के साक्ष्य है की आदिकाल से ही करुणा इस संस्कृति का अभिन्न अंश रहा है। चूंकि संस्कृति अगली पीढ़ी को विरासत में मिलती है अतः मानव करुणा का भी प्रवाह पीढ़ी दर पीढ़ी चलता रहा है। परिवार से कुल और कबीले एवं राज्य की रचना के साथ साथ यही मानव करुणा सामाजिक रूप में मान्य,मानव धर्म का रूप के लेती है।

मानव धर्म का कोई औपचारिक ग्रंथ अथवा कर्मकांड नहीं होता। यह एक अनौपचारिक व्यक्तिगत भाव है जो मानव के सामाजिक अंतक्रियाओं एवं अनुभवों से निर्मित होता है। शिक्षा एवं पारिवारिक वातावरण मानव धर्म के विकास में महत्वपूर्ण भूमिका निभाते हैं मानव धर्म एक ऐसा विचार और धारणा है जो समय से प्रभावित तो होता है। एक दिलचस्प बात यह है कि मानव धर्म के विस्तार के लिए राजनीतिक सामाजिक अथवा धार्मिक संघर्ष की आवश्यकता नहीं है। मानव का अन्य मानव के साथ संघर्ष ही मानव धर्म का विस्तार करता है।

उपरोक्त प्रस्तावना के पश्चात् अब प्रमुख विषय अर्थात 'वर्तमान समय और मानव धर्म' पर प्रकाश डालना आवश्यक है। वर्तमान समय सामाजिक रूप में घोर प्रतिस्पर्धा, आर्थिक रूप से अनिश्चितताओं एवं व्यक्तिगत रूप में द्वेष एवं अहंकार का युग है। मानव इस परिस्थितियों से जूझ रहा है और अपने जीवन यापन के लिए प्रयत्न करता है समाज में आर्थिक असंतुलन तो सदियों से चला रहा है परंतु वर्तमान समय में इस असंतुलन ने मानसिक आचार विचार को झकझोर कर रख दिया है। राजनीतिक और आर्थिक उपलब्धियां से जुड़ी आकांक्षाएं इतनी प्रबल हो गई है कि मानव धर्म की मौलिक शिक्षाओं को भी नजर अंदाज किया जा रहा है। धर्म और अर्थ मानव को मानव से दूर करने का प्रयास कर रहे हैं ऐसे में मानव धर्म का पालन करने वाले लोगों की संख्या कम होती जा रही है। आज मानव प्रजाति को मानव से ही सुरक्षित रखने की आवश्यकता महसूस हो रही है।



इस निराशाजनक परिस्थिति के बावजूद उम्मीद की किरण यह है कि, चूंकि मानव धर्म का प्रदर्शन ही मानव धर्म का तीव्र विस्तार करता है। अतः यदि समाज के अल्पसंख्यक भी मानव धर्म को प्रदर्शित करते हैं तब भी मानवता को संरक्षित रखा जा सकता है। अतः मानव धर्म किसी समय का कार्य नहीं होता यह अमर है!

प्रो. राकेश कुमार
इतिहास विभाग

An Individual



I walk in the fog
Covered by my coat.
No Castle more cut-off
Surrounded by its moat.

The visible street lamp
Cast no light on the ground,
Fresh beams painfully surround
The yard of fog around
I am condemned to be
An Individual.

I seek to break my span
I am my own touchstone.
This is a test formidable.
More daunting than ever known
And thus I keep my guard
On that which makes me a man.

Much is unknown
No problem shall be faced
But I, born to fog, to waste
Walk through hypothesis
An Individual inscrutable.

DR. KAMAL KUMAR RAUL
DEPARTMENT OF ENGLISH

Faculty Publication

The college fosters a vibrant culture of research excellence, providing ample support to facilitate groundbreaking investigations across various disciplines. In 2023, our esteemed faculty members have made significant contributions to their respective fields, demonstrating their dedication and expertise with over 50 published papers, 5 books and book chapters. These accomplishments underscore the college's commitment to fostering a research-driven environment where faculty members are empowered to push the boundaries of knowledge and ultimately benefit academia and society.

Faculty Name	Department	Publications
Prof. Vandana Gupta	Microbiology	• An immuno-informatics approach for annotation of hypothetical proteins & multi-epitope vaccine designed against the Mpox virus. • Insights into the challenging multi-country outbreak of Mpox. • In silico evaluation of potential intervention against SARS-CoV-2 RdRp
Prof. Prerna Diwan	Microbiology	• Knowledge assessment of youth regarding the threat of antibiotic resistance. • Evaluating Alterations of the Oral Microbiome & Its Link to Oral Cancer among Betel Quid Chewers • Book chapter in the book "Weathering and Erosion Processes in the Natural Environment", Wiley Publication (2023).
Dr. Rita Jain	Statistics	• Prospecting Risk factors for Anxiety and Depression among University Students • Cross-Sectional study on Strengthening National Integration through NCC. • Ek Bharat Shreshtha Bharat: The Essence of Integration & Fraternity • Knowledge assessment of youth regarding the threat of antibiotic resistance.
Dr. Swagata Karmakar	EVS	• Regulation and safety measures for nanotechnology-based agri-products. • Phage therapy: A promising cure for bacterial infections in humans.
Dr. Pawan Kumar	Mathematics	• Some fixed-point theorems satisfying generalized contraction conditions in dislocated quasi metric space, International Journal Nonlinear Anal. • Common Fixed Point Theorems Using Variants of Compatible Mappings in Fuzzy Metric Space.

Dr. Alankar	Political Science	• Claiming Space: Contested Coastal Commons in Mumbai, Geoforum (Elsevier).
Ms. Riyanka Jain	Management Studies	• A Bibliometric Analysis of Intuition in Marketing, Annals of the BORI • Rural to Urban Migration in India Through SPSS and Bibliometric Analysis • Book: Navigating Success and Legacy in Family Business Management" by Jiwan Books International Pvt. Ltd.
Dr. Virendra Bahadur Singh	EVS	• Weathering and Erosion Processes in the Natural Environment, Wiley Publication • Seasonal variations & health risk assessment of trace elements in the Badigad River, lesser Himalayas, Nepal.
Mr. Sidharth Gupta	Management Studies	• Role of Fear on Consumers' Buying Tendencies, FIIB Business Review.
Dr. Suneyana Sharma	Economics	• The Impact of Covid-19 Pandemic on Startups in India. • Changing Labour Market Dynamics in Tamil Nadu after 1991 Economic Reforms.
Ms. Sakshi Taresh Khanna	ComputerScience	• Neutrosophic Topological Vector Spaces and its Properties.
Dr. Nidhi Yadav	Political Science	• Fiscal Policy, Transparency and Issues of Governance, Annals of the BORI. • Safeguarding Biodiversity in Policy Analysis for Sustainability
Dr. Reena	Hindi	• नई राष्ट्रीय शिक्षा नीति (2020) के परिप्रेक्ष्य भारतीय भाषाओं का प्रश्न
Dr. Debashree Das	Economics	• Impact of social affinity on altruism: Experimental evidence from the Ultimatum Game • Impact of Social Preferences, Trust and Behavioural Norms on Cooperation
Dr. Kirti Punia	Management Studies	• WEP : Top Business Ideas for Women Entrepreneurship in India, IJRASET.
Ms. Sonal Gupta	Commerce	• History and Philosophies of Maharaja Agrasen
Ms. Supriya Kamna	Commerce	• Chapter on Effect of Blockchain Technology on the Future of E-Commerce in India published in the book AI-Based Data Analytics, Taylor & Francis group.

Conferences, Seminars and FDP

ICSSR Sponsored International Conference on "Cultures in Transformation: A Subcontinental Experience"



International Conference was organized at Ram Lal Anand College on the 1st and 2nd of March, 2024 on the theme: "Cultures in Transformation: A Subcontinental Experience" under the guidance of Prof. Rakesh Kumar Gupta (Principal). The event was graced with many prominent historians and academicians such as – Dr Himanshu Chaturvedi, Dr Kaushal Kumar Sharma, Dr Gianluigi Segarlerba, Dr R Mahalaxmi, Dr Raziuddin Aquil and many more. The conference's convener, Dr Krishan Gopal Tyagi, introduced the concept of culture, emphasizing its importance in our experiences and the protection it receives from both ordinary people and academics. Dr Himanshu Chaturvedi emphasized the need to discuss culture with the youth, urging a shift from "unity in diversity" to "unity of diversity", during the inaugural session.

The conference covered six sessions on Knowledge Systems, Literary and Visual Cultures, Popular Cultures, Sacred Traditions, and Cultural Studies: Historical Perspectives. The first session, led by Dr R C Pradhan, Dr Gianluigi Segarlerba, and Dr Aparna Dhir Khandelwal, discussed the body, heart, and soul, focusing on life's deeds and afterlife. Prof. Seema Bawa, Dr. Shandhaya Sharma, Dr. Pratik Kumar, Dr. Prem Kumar, and Dr. Y.S. Alone discussed literary cultures, addressing assumptions about vernacular literature, archaeological evidence of Dwarka and Krishna, and natakays' impact on cultural amalgamation. Dr R Mahalaxmi, Dr Y.S. Alone, Dr Seema Bawa, and Dr Deepti Bharatwaj discussed modernity, art practices, iconography, and Maqbool Fida Husain paintings. The second day was witness discussions with notable names such as Ananta Kumar Giri, Dr Bhuwan Jha, Dr Vikas Kumar Varma, Dr Raziuddin Aquil, Dr Vipul Singh, Dr B. K. Srivastav, Dr Jai Ram Singh, Dr D C Choubey and many more. Deliberations ranged from colonial modernity and folk identities to the ideas of the peaceful coexistence of sundry communities. The International Conference in collaboration with ICSSR, came to an end with the valedictory session attend by Dr Vipul Singh, Dr B. K. Srivastav, Dr D C Choubey and respected Dr Prabhu Prasad Mohapatra.

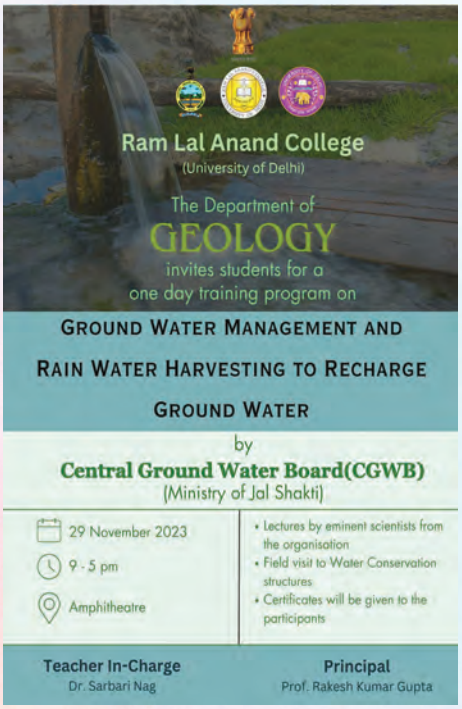




Tier III Training by the Central Ground Water Board, Ministry of Jal Shakti

A Tier III Training was conducted by the Central Ground Water Board, Ministry of Jal Shakti, in collaboration with this department. 124 students received training along with 24 faculty members was held on 29th November, 2023. It involved Groundwater hydrology, conservation and management, monitoring, quality assessment, the fundamentals of groundwater movement, aquifer characteristics, and recharge processes along with some case studies.





One-week Faculty Development Programme Research writing & Mathematical typesetting with LATEX

The **Department of Statistics of Ram Lal Anand College**, University of Delhi University in New Delhi collaborating with Teaching Learning Centre (TLC) at Ramanujan College, under the auspices of the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) scheme, launched by the Ministry of Education (MoE) on the Online **One-week Faculty Development Programme Research writing & Mathematical typesetting with LATEX, which took place from Dec 7, 2023, to Dec 13, 2023.**

During the FDP participants delved into the intricacies of LaTeX under the guidance of esteemed speakers. **"Dr. Vishakha Jadaun"**, an assistant professor at the university, commenced the event by elucidating the basics of LaTeX, emphasizing its advantages in document preparation and elucidating fundamental syntax. Following this, **"Dr. Vishakha"** elucidated effective communication through report and letter writing on

the second day, focusing on text and paragraph formatting techniques to enhance document clarity. **"Dr. Sandeep Bhat"** took over on day three, covering mathematical typesetting, table creation, and inserting pictures, while **"Dr. Harshit Mathur"** led the sessions on day four, illuminating the creation of engaging presentations using Beamer and crafting meticulous theses. **"Dr. Jason Antony K."** discussed preparing references using LaTeX, including manual entry and database methods. The event culminated with **"Mr. Bhukya Rajender"** shedding light on advanced LaTeX features such as new commands, text packages, and new environments, providing attendees with comprehensive tools for document customization and optimization. Throughout the program, the participants, comprising faculty and research scholars, gained invaluable insights and practical skills essential for academic and professional endeavors.



Dr. Anubha has Received '**Best Paper' Award** for the paper presentation at Annual International Commerce Conference at Deen Dayal Upadhyaya College on 14-15th March, 2024. This International Conference was organised by Dept. Of Commerce, Delhi School of Economics with collaboration of Deen Dayal Upadhyaya College, New Delhi



Dr. Urvashi Kuhad was invited as **Guest Speaker** for the **Induction Program** scheduled at **SGT University, Gurugram** on **18th August 2023**. Dr. Kuhad was also invited as a chair for National Conference on **"Human Rights, Language and Culture: Advancements in Contemporary Times",** organized by the Centre for Languages & Communication, SGT University on 22nd to 23rd January 2024.





Dr. Kirti Punia & **Dr. Sandeep Bhatt** were nominated and successfully completed the Short Term Training Programme on "**Indian Knowledge Systems (IKS)"** from 16.10. 23 to 21.10.23 at CPDHE(UGC- MMTTC) organized by UGC and IKS **Division of Ministry of Education, Government of India**. **Dr. Punia** also participated as an **Academician Speaker** in International Conference on Millets(Shree Anna) for Achieving

हिंदी की मौखिक और लोक साहित्य परंपरा

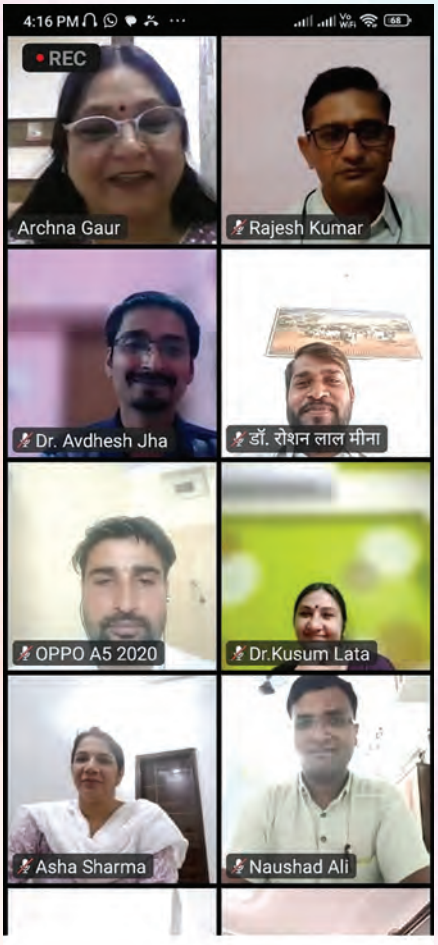




साप्ताहिक संकाय संवर्धन कार्यक्रम– हिंदी

दिनांकः 19.09.23–25.09.23

महात्मा हंसराज संकाय संवर्धन केंद्र (पंडित मदन मोहन मालवीय राष्ट्रीय शिक्षा एवं शिक्षण अध्ययन केंद्र) शिक्षा मंत्रालय भारत सरकार के तत्त्वावधान में हंसराज कॉलेज, दिल्ली विश्वविद्यालय एवं राम लाल आनंद कॉलेज, दिल्ली विश्वविद्यालय द्वारा आयोजित साप्ताहिक संकाय संवर्धन कार्यक्रम की शुरुआत आभासी मंच से की गयी। आरम्भ में प्रॉफ़ेसर अर्चना गौड़ का स्वागत भाषण हुआ।



प्रथम सत्र के लिए निर्धारित विषय 'लोक विज्ञान' विषय के लिए प्रोफेसर राजेंद्र चतुर्वेदी जी ने लोक और लोक विज्ञान को लेकर सारगर्भित व्याख्यान में मनोविज्ञान के आधार मानव मस्तिष्क की जटिलता, लोक जन्म समष्टि में, अवचेतन मन की स्थिति और लोक के चार लक्षण पर विस्तार से बताया।

प्रो. कैलाश कोसल ने भारतीय लोक साहित्य परंपरा और परिदृश्य पर वेद और पुराण ग्रंथों के आधार पर लोक महत्ता को स्वीकारा लोक से समाज के महत्त्व पर विचार रखे, लोक साहित्य सदैव जीवित रहता है।

'मौखिक और लिखित साहित्य का अन्तर्संबन्ध' विषय पर राष्ट्रीय नाट्य विद्यालय के निदेशक प्रो. रमेश चन्द्र गौड़ ने मौखिक साहित्य को एक समृद्ध विरासत कहा। जिस प्रकार से लिखित साहित्य का इतिहास है उसी प्रकार से मौखिक साहित्य की भी कोई निर्धारित सीमा होनी चाहिए इसके लिए आवश्यक है, इसके लिए गहन शोध की आवश्यकता है।

'लोक साहित्य और समाज' विषय पर पदमश्री प्रोफेसर रामदयाल जी के व्याख्यान से सभी लाभान्वित हुए। विभिन्न लोक कलाएँ– रामलीला, रासलीला, स्वांग, नोटंकी, भगत, चौबोला आदि के बारे में अपना पक्ष रखा। नौटंकी के विभिन्न पक्षों–नगमा, वंदना, भेंट, ध्रुपद आदि के बारे में भी गायन शैली के द्वारा एक व्यावहारिक प्रस्तुति भी दी। हाथरस शैली, लावनी, रसिया आदि के उदाहरण भी गाकर सुनाए।

प्रोफेसर नवीन चन्द्र लोहानी ,हिंदी विभाग (अध्यक्ष), चौधरी चरण सिंह विश्वविद्यालय, ने 'लोक साहित्य के विविध रूप' प्रोफेसर लोहानी ने "'लोक साहित्य के विविध रूप' के अंतर्गत लोक साहित्य की दुर्लभ जानकारी दी जिनका इतिहास में कहीं वर्णन नहीं हैद्य 1857 के विद्रोह से संबंधित पुस्तकें जिनमें–नेहरू, गांधी, भगत सिंह, सुभाष चंद बोस और चंद्रशेखर संबंधित है। लोक साहित्य बोलियों के संग्रहों – कुमाउनी, ब्रज, अवधी और कोंकणी पर बात रखीद्य स्वतंत्रता संग्राम पर आधारित गीतों की जानकारी दी।

'प्रोफेसर महिपाल सिंह राठौर ने आदिकालीन साहित्य के अंतर्गत 'नरोत्तम दास–(ढोला दृमारुरा), अब्दुर्रहमान –(सन्देश रासक) लोक साहित्य के प्रमुख कवियों की श्रेणी में रखा और लोक में उनकी रचनाओं के महत्त्व को बताया।

ये लोककथाएं और लोकगाथाएं भारत से ही विदेशों में गई और विश्व की अनेक भाषाओं में इनके अनुवाद हुए।

डॉ विजया भारती विषय विशेषज्ञ रहीं, जिन्होंने 'भारतीय लोक साहित्य में राष्ट्रीयता का स्वर' विषय पर ऑनलाइन व्याख्यान दिया। अपने वक्तव्य में पूर्वांचल में प्रचलित कई लोक गीतों के उदाहरण दिए जिसमें देश प्रेम की भावना कूट कूट कर भरी है जिसमें आज़ादी के संघर्ष के दौरान महिलाओं की पीड़ा, त्रासदी का बखूबी वर्णन किया गया है।

"दिल्ली–लोक नाट्य शैलियों का मंचीय स्वरूप विषय पर श्री अरविंद सिंह व्याख्यान दिया। लोकनाट्य वैसा है जिसकी अलग–अलग स्थानों में अलग–अलग शैलियां हैं। जिसमें गायन, अभिनय और संवाद का सुन्दर संयोजन होता है। महाराष्ट्र में "तमाशा", राजस्थान में "ख्याल", कोणार्क व गोवा के आसपास के क्षेत्र में "दशावतार" लोकनाट्य शैली को देखा जा सकता है।

"जो भी मनुष्य जीवन में उपयोगी है वही हमारी संस्कृति का अंग बन गया"– भगिनी निवेदिता कॉलेज की प्राचार्य प्रोफेसर राज भारद्वाज विषय विशेषज्ञ के तौर पर मौजूद रहीं। जिन्होंने "लोकगीतों में सांस्कृतिक बोध" विषय पर ऑनलाइन व्याख्यान दिया। प्रोफेसर राज भारद्वाज ने विशेष रूप से ब्रज के लोकगीतों के माध्यम से कहा। भारतीय संस्कृति के ये लोकगीत हमारी संस्कृति का संवाहक हैं और इन्हीं के माध्यम से हमारी लोक चेतना बनी हुई है।

"बहुत कुछ बदल जाने पर भी बहुत कुछ नहीं बदलता।" हिन्दी क्षेत्र के लोकगीतों में स्त्री व्यथा" विषय पर ऑनलाइन व्याख्यान दिया। प्रोफेसर राजेंद्र गौतम ने विशेष रूप से अलग–अलग बोलियों जैसे–अवधी, हरियाणवी, मगही, बिहारी, पंजाबी, गढ़वाली आदि में लिखे और गाये गये लोकगीतों में स्त्री द्वारा, स्त्री की, पितृसत्तात्मक से उपजी हुई व्यथाएँ हैं। समय, स्थान या स्त्री अवस्था में बेशक अन्तर हो परन्तु उसकी व्यथा में कोई अन्तर नहीं रहता।

लोक नाटकों के लिए रंगमंच सैद्धान्तिक रूप से अनिवार्य नहीं है इसके लिए आवश्यक है कि आप स्थानीय आसाम का अंकिया नाट, राजस्थान का तमाशा, मालवा का माच और गुजरात का भवई आज इसलिए लोकप्रिय हैं, क्योंकि इन सबका मंचन बार–बार होता है। प्रो. रमा पाण्डेय जी ने इस बात पर जोर दिया कि जन समुदाय में लोक कथाओं का मंचन आवश्यक है।

समापन सत्र

सत्र के अंत में कार्यक्रम की संयोजिका प्रोफेसर अर्चना गौड़ ने सभी प्रतिभागियों के धन्यवाद ज्ञापन से किया। संपूर्ण कार्यक्रम में 60 प्रतिभागियों ने भागीदारी दर्ज कराई।

National and Economic Security(ICMANES) from 21-23 September 2023 at National Institute of Food Technology Entrepreneurship and Management (NIFTEM-K) an Institute of National Importance under the Ministry of Food Processing Industries (MoFPI), Government of India.





Research and Outreach Projects

Research Project

1. Project Title: Sustainable livelihood enhancement of SC communities in Chainpura Tehsil of Niwai, Rajasthan

Funding organization: Department of Science and Technology (DST) under Science for Equity Empowerment and Development (*SEED*) Division

Sanctioned Project Grant: INR 69,75,678/- for a period of 2 years

Principal Investigator: Prof. Prerna Diwan, Professor, Department of Microbiology

Co-Investigators: Prof. Rakesh Kumar Gupta, Prof. Sanjay Kumar Sharma, Dr. Nidhi Yadav, Dr Siddharth Gupta



Prof. Prerna Diwan
Principal Investigator


Prof. Rakesh K Gupta


Prof. Sanjay Sharma


Dr. Nidhi Yadav


Mr. Siddharth Gupta

Co-Investigators

Project Highlights: The project is aimed at Implementing science and technology interventions with the following objectives:

(i) **Livelihood enhancement of SC communities through introduction of**

(a) **Bio-fortified pearl millet**: A promising bio-fortified varieties are currently not grown in Niwai and other parts of Rajasthan. This will give them enhanced productivity and profitability also. It will provide solution to iron and zinc deficiency prevalent in Niwai. This is a cost effective and sustainable approach to overcome these deficiencies.

(b) **Vermicomposting technology**: A structured mechanism for skill development to boost agriculture is required in this area will be devised; it will also prevent migration of youth. It will fulfil the requirement of management of agricultural waste, improvement crop yield and quality. Additional income sources required by villagers can be met through vermicomposting. It will cut down cost of chemical fertilizer will improve N, P content and better availability of Fe and Zn.

(ii) **To establish Poshan Vatikas to manage malnutrition and supplementing income**: The national family health survey indicates that the health status of villagers particularly women in Rajasthan is poor and are malnourished, underweight, and anaemic.

(iii) **To apply low-cost technological solutions for fluoride removal for providing safe drinking water**: Rajasthan, groundwater is characterized by comparatively high concentration of fluoride with and is one of the worst affected states with Jaipur area being one of the prone areas with high fluoride levels. Preventing diseases through deployment of new startup technologies for removal of fluoride from water will be done to address this major issue in the target area.






1. Project title: Assessment and Monitoring of Depth of Anesthesia Using Explainable AI



Funding Organization: Indian Council of Medical Research

Sanctioned Project Grant: INR 18,49,953/-

Tenure of Project: 01. 02. 2023

Principal Investigator: Prof. Neeraj Kumar Sharma,

Department of Computer Science, Ram Lal Anand College

Co-Investigators:



a) Prof. Sanjeev Sharma

b) Prof. Rakesh Kumar Gupta, Principal, Ram Lal Anand College

Objective: This project aims to provide explainable AI-based model with improved accuracy in assessing anesthesia depth along with explanations for its prediction and causal relationships. It will support an anesthesiologist in better decision making, and explainability will improve trust and reliability. Another objective is to evaluate the role of vital signs and/or EEG in assessing the anesthesia depth.

Expected Outcome: In this project, we propose to develop explainable AI-based models with improved accuracy in assessing anesthesia depth that will not only notify a clinician or researcher about its findings but will also provide further explanations on why such a prediction is made. This will help the clinicians in making improved decisions while administering anesthesia, and with this the patient's recovery will also improve. Further, explanations will enhance the trust and reliability among anesthesiologists.

As part of this project, "Predicting Depth of Anesthesia using EEG Signals and Deep Convolution Network'' was accepted for publication at 3rd International Conference on AI-ML Systems, 2023 held at The Chancery Pavilion, Bangalore held during 25th-27th October 2023. ICSSR Short Term Empirical Research Project 2023-24

2. Project title: Assessment of the Income Tax Declaration Scheme 2016: Experimental Evidence on the Taxpayer Compliance Behaviour

Funding Organization: ICSSR (Short-Term Empirical Research Project Grant)

Sanctioned Project Grant: INR 4,00,000/-

Tenure of Project: September, 2023-March, 2024 (06 Months)

Principal Investigator: Dr. Debashree Das, Department of Economics, Ram Lal Anand College

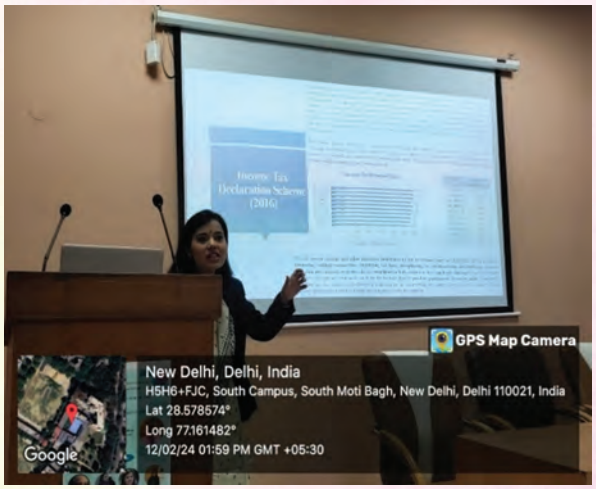
Project Highlights:

The overall objective of the research project is to provide a comprehensive empirical assessment of the Income Tax Declaration Scheme (2016), with a focus on the Ability-to-Pay and Benefit-Received principles. The study comprehends the following research objectives:

- Analyse the macroeconomic impact of direct taxation policy and assess how changes in taxes on income affect the overall dynamics of the economy based on the Ability-to-Pay and Benefit-Received

principles.

- Using a tax simulation experiment, assess how individuals perceive tax equity principles (Benefits-Received and Ability-to-Pay principles) and how their preferences align with different tax structures.
- Examine the impact of progressive and regressive tax structures concerning the Benefits-Received and Ability-to-Pay principles and understand the decision-making processes of taxpayers, taking into account social norms and behaviours that impact their choices.





3. Project title: Assessment of groundwater quality and associated human health risk in the area around Bhalswa landfill site, Delhi, India

Funding Organization: Ram Lal Anand College, University of Delhi (College Research Grant Project)

Sanctioned Project Grant: INR 100000/-

Tenure of Project: 12 Months



Principal Investigator: Dr. Virendra Bahadur Singh,

Assistant Professor, Department of Environmental Studies,

Ram Lal Anand College, University of Delhi

Co-Investigator: Prof. Prerna Diwan, Professor,

Department of Microbiology, Ram Lal Anand College, University of Delhi

Project Highlights (Objective & Outcome):

The Bhalswa landfill site is one of the important dumping sites situated in Delhi which is used for dumping of garbage, waste and rubbish. Assessment of groundwater quality and associated human health risk in the area around Bhalswa landfill site will be carried out by hydrogeochemical analysis of groundwater samples collected around the landfill site.

The present study has been carried out with the following objectives:

i) Assessment of groundwater quality around the Bhalswa landfill site using hydrogeochemical analysis of groundwater samples.

ii) To characterize the impact of Bhalswa landfill site to the quality of groundwater and human health.

iii) To check the groundwater quality around the landfill site for drinking and domestic purposes.

Viksit Bharat Ambassador Club



Viksit Bharat @2047 is the vision to make India a developed nation by 2047, the 100th year of independence. The vision encompasses various aspects of development, including economic growth, social progress, environmental sustainability, and good governance. Moreover, Viksit Bharat @ 2047, Voice of Youth is an initiative that aims to promote a culture of innovation and entrepreneurship in the country. It invites the youth to share their ideas for a Viksit Bharat. At Ram Lal Anand College we have instituted a **Viksit Bharat Ambassadors (VBA) Club**, which aims to create awareness among their students about this campaign and encourage them to avail an opportunity to provide their transformative ideas for the Vision of Viksit Bharat@2047. The VBA includes the following members:

- **Patron:** Prof. Rakesh Kumar Gupta (Principal)
- **Nodal Officer:** Dr. Nidhi Verma

Members: Dr. Swagata Karmakar; Dr. Debashree Das; Dr. Kuldeep Chauhan; Dr. Reena Kasana; Dr. Deepak Setia; Tanvi Rastogi (Student coordinator); Vikas Yadav (Student representative)

List of the events organised under the Viksit Bharat to spread awareness are as follows:

1. National Science Day: Celebrating Developments in Science for Viksit Bharat





On 27th February 2024, Ram Lal Anand College, University of Delhi, hosted a vibrant and intellectually stimulating event under the aegis of IQAC (Internal Quality Assurance Cell) and Viksit Bharat. The celebration was conducted in collaboration with Indraprastha Vigyan Bharti and Mikrobiologika, showcasing a harmonious blend of academic brilliance and scientific innovation. The theme for this year's National Science Day was chosen to be "Celebrating Developments in Science for Viksit Bharat." The focus was on promoting the role of science and technology in addressing contemporary global challenges and fostering sustainable solutions in making a developed nation.

2. Viksit Bharat Ambassadors-Nari Shakti Conclave-2024





Under the scheme of Viksit Bharat. GoI, an exciting and interesting event 'Viksit Bharat Ambassador Nari Shakti Conclave' was organised by Viksit Bharat Ambassador (VBA)

Club on 7th March, 2024 (Thursday) at DU Indoor Stadium, North Campus. Our college has also participated in this event with 24 students and 4 faculties including Nodal Officer for Viksit Bharat. Chief guest of the event was Mrs. Smriti Zubin Irani, currently serving as the Union Minister for Women & Child Development and Minister for Minority Affairs, Govt. of India.

Placement Drive and Internship Fair

Pathway - The Career Counselling and Placement Cell at Ram Lal Anand College, University of Delhi, conducted a two-day hybrid event **MILESTONE 4.0- PLACEMENT AND INTERNSHIP FAIR** on **February 29th and March 1st, 2024** under the esteemed guidance of **Hon'ble Principal of Ram Lal Anand College - Prof. Rakesh Kumar Gupta**, **Convener Pathway - Prof. Neena Mital** and other faculty members along with student coordinators of Pathway. The objective was to provide students with a platform to explore job opportunities and internship. This event was crucial for students seeking career guidance as they engaged with industry experts and gained valuable insights into the job market.

The event, Milestone 4.0, witnessed a significant turnout with over **800 pre-registrations and 200+ on-the-spot registrations**, including students from various colleges of Delhi University. Over **500+** students gave the interview in the college. It proved to be beneficial for students as they received placement and internship offers from **more than 45 companies** such as Coral Knowledge, Peak Pals, KRG, Stubborn Factory, Learning Routes, Leading Solution, and Data Vinci, among others. This opportunity allowed students to showcase their skills and interact with potential employers. The event provided an excellent platform for candidates to exhibit their skills and network with potential employers. The diverse range of ideas presented at Milestone 4.0 created a stimulating environment for attendees to learn, innovate, and thrive.

The Placement Cell is committed to providing the best opportunities for the students and invites numerous companies each year offering internship profiles in areas including **Marketing, Content Writing, Sales, Human Resources, Research and Development, and Data Analytics**. This year witnessed a particularly successful outcome with a significant number of companies participating and offering promising opportunities to attendees. With the positive response received, the team looks forward to inviting even more companies to participate in the next edition of Milestone.

Milestone 4.0 marked another successful year for the Placement Fair, contributing to Pathway's history of growth and empowerment. The event provided students with valuable experiences and opportunities for personal and professional development. We extend our gratitude to all teachers and members who contributed to making this year productive through their dedication and hard work.





CULTURAL DIVERSITY



INTRODUCTION

Promoting cultural diversity within a college community is not merely a commendable goal but a fundamental pillar of academic excellence and societal progress. Our college embraces the rich tapestry of cultures, backgrounds, and perspectives that our students, faculty, and staff bring to our campus. We believe that fostering an environment where diversity is celebrated and respected is integral to creating a vibrant learning community where all individuals feel valued and empowered to succeed. Through intentional initiatives, inclusive programming, and meaningful engagement, we strive to cultivate an atmosphere that honors the uniqueness of each individual while fostering a sense of belonging and interconnectedness. In doing so, we not only enrich the educational experience for everyone but also prepare our students to thrive in an increasingly interconnected and diverse global society. In order to implement our goals the following initiatives and engagements were undertaken by respective stakeholders of the college:

Cultural Policy Chaupal: Culture for Development

The Cultural Policy Chaupal held on 23rd February 2024 was a collaborative effort between Indira Gandhi National Centre for Arts and Ram Lal Anand College (University of Delhi), CPP & G and Tohri Foundation under the umbrella of Viksit Bharat scheme, GoI. The theme for the event was "culture for development: Viksit Bharat," set the stage for an engaging and insightful discourse.



The Main attraction of the event was Honourable Meenakshi Lekhi (Union minister of State for external affairs and culture), Professor Ramesh C. Gaur (Admin) IGNCA and Dr. Sachchidanand Joshi (Member secretary, IGNCA). Honourable Meenakshi Lekhi gave a brief address on Indian history and culture, the Vision of a developed and United Nations, further Shedding light on women empowerment, empowering students for carrying the legacy of India to great heights for the betterment of a nation and the world.



ANANTADRISHTI

The Indian Dance Society

The Indian Dance Society, ANANTADRISHTI (the dance of infinite vision) was formed in the academic year 2018-19.

Teacher Coordinator: Prof.Mukta D. Mazumder, Dr. M Salome John, Dr. Reena, Dr. Pratima Negi.

Student-Office Bearers

President Sumedha Bhatia B.A (H)History 3rd Year., Vice President Priyanka Gandhi BMS, 2nd Year, Secretary- Sreya E K B.Sc (H) ComputerScience, 3rd Year. Social Media Head is Varnika Gupta B.Com (H), 2ndYear. The PR Head is Pooja Kumari, B.A (H) Hindi 3rd Year. The Content Head is Megha Sadasivan B.A (H) English, 2nd Year and The Joint Secretary is Aryan Yadav BJMC, 1st Year.

The society conducted its audition on 4 September 2023.The event began with a flash mob by seven members of the society near the canteen. The performances included Kathak, Bhangra, Lavni. The members of the society performed a group classical dance on Freshers Welcome held on October 14, 2023. The team comprises Sumedha Bhatia, Priyanka Gandhi, Megha Sadasivan and Varnika Gupta.The team members boasts of participating and representing RLA College in the cultural fests of various reputed institutes such as CULT 2023 at World University of Design in Sonipat on 27 October 2023, Aradhi at Janki Devi Memorial College on 2 February 2024. The members individually showed their talent in solo classical dance in “Kala Prawah” on 25 January 2024 which was organized by the college. Sreya EK and Megha Sadasivan performed folk dance Kalbeliya. Palak Sreshtha won the first prize and Sreya EK won the second prize in the Solo Classical Dance in Kala Pravah.They also performed at First Anniversary Celebration of Tarang 90.0 F.M.



FRESHERS ‘23





Performance by Anantadrishti at the college’s Freshers

Anantadrishti participated in the group classical dance competition, and the solo dance competition in CULT 23 held in WUD, Sonipat.



Solo classical event in Kala Prawah,



In the solo classical dance event, Palak Sreshtha (1st Year, B. Com. Hons.)won the first prize and Sreya EK (3rd year, BSc Computer Science Hons.) won the second prize



Aradhi (Solo Classical Dance Competition) at JDMC

Megha Sadasivan B. A (H) English, 2nd Year, participated in Aradhi the Solo Classical Dance Competition in JDMC

Student's Reflection

Anantadrishti



Sumedha Bhatia- B.A(H) History

I've been a member of Anantadrishti, the Indian dance society, since my first year, and as president, I'm proud to say that Anantadrishti has given me the opportunity to showcase my interest in classical, semi-classical, and folk dance, as well as to gain a deeper respect for Indian culture. The Society has not only improved my performance, but has also helped me become a professional. With the position of president, I've also had the opportunity to learn how to manage and lead.

ILLUSION

The Western Dance society

The Western Dance Society, Illusion has consistently been working hard to deliver their best performances at various events. On September 21st, 2023, ILLUSION carried out an exhilarating dance orientation at the front stage. This energetic event aimed to unite passionate dancers eager to delve into the art and expand their repertoire with diverse dance styles. To foster camaraderie and break the ice, society

incorporated engaging activities that facilitated introductions and connections among the participating members.The society's auditions took place on 25 September 2023 and welcomed several new members into its fold. The regular practice sessions are being held for team bonding and developing an opportunity for all the members to be good performers under the guidance of choreographer Mr.Manish.The various dance forms that the students performed were Bollywood, Urban and Hip Hop. Student coordinators are President - Samridhi Jain- BMS (3rd year), Vice President Vanshika Saraswat -B.Sc.(Hons) Mathematics (3rd year), Secretary - Sahil Hussain - B.A.(Hons) History (2nd year). The teacher coordinators are Prof.Mukta D. Mazumder, Dr. M Salome John, Dr. Shikha Makkar, Ms. Anubhuti Yadav, Dr. Annie Ray .

ILLUSION participated at the competition organized by the prestigious Bharti Vidyapeeth Deemed University (BVP) and also participated in competition at FIIB, Vasant Vihar. On November 14, 2023, Society participated at the Freshers' Welcome event. In a dazzling display of talent and energy, they showcased



Illusion Members at Bharti Vidyapeeth Deemed University



Open mic Event



Audition -Illusion

their signature hip-hop moves, captivating the audience with their synchronized routines and infectious enthusiasm.On February 10, 2024, society took part at the Masters Union's fierce group dance competition. Illusion collaborated with the Western Music society -Grassroots for an Open Mic Event on 1st November 2023.The event attracted many students who participated with great enthusiasm. The members of the Illusion had also given their solo and duet performances.

FRESHER'S PARTY



Performance at Freshers Welcome

Student's Reflection



Vanshika Saraswat-B.Sc.(H) Mathematics

As a Vice-President of Illusion, I have improved a lot in my dancing and leadership skills. I am glad to be a part of this society as it provides me a diverse exploration in the college as well as outside premises. Along with personality development, I build much confidence in the public being a performer as well as a coordinator. Being on this post realizes a sense of responsibility, handling peer pressure, Interacting with other individuals. Time passes away and I don't know when the team became a family.

GRASSROOTS

The Western Music Society

Grassroots, the Western Music Society of the college, University of Delhi was formed in the year 2019 in order to provide a unique platform to music enthusiasts. Grassroots aims to increase the awareness and appreciation of Western Music, especially the classical genre, among its members and the student community, by organizing participatory open mic/stage events, music junkets, intercollege fests and regular vocal training sessions.

In the current session Grassroots held its orientation programme on the 6th October 2023 and followed this up with auditions for recruitment of new members. The society presently has a total of 23 members, which includes vocalists, guitarists and a drummer. Regular vocal training and rehearsal sessions are being held under the able guidance of Vashu Tangri (B.Sc.(H) Computer Science, Final year) who is an accomplished Pianist and Thangliensang Zote (B.A. Program, Final year), which has been possible with the cooperation of all its members. The office bearers appointed in this session include Adil Hussain (President), Sanya Ray (Vice President), Afrid Alam (Secretary) and Komya Bharti (Joint Secretary), along with Annu, Roshani Nandan Sahay and Naman Arora as executive members. Faculty coordinators are Dr. Salome John, Prof. Mukta D. Mazumder, Ms. Shalini Rawal and Mr. Gandharv Koushiy.

Team Grassroots gave a lively performance at the Freshers 2023. This was followed up by an Open Stage event in collaboration with Illusion (The Western Dance society), Andaaz (The Anchoring society) and Drishyam (The Film And Photography Club). The Open Stage event drew enthusiastic participation from many students who made use of this opportunity to showcase their talent in music and dance.

Grassroots performed 'Make Me A Channel Of Your Peace' at the inauguration of Mikrovitae '24 and Automata '24, the annual festivals of The Departments of Microbiology and Computer Science, respectively. Their performances were enjoyed and lauded by the audience.



Team Grassroots: The Acapella vocalists (standing) with the Trainers Vashu, Thang and President Adil (seated L to R)



Team Grassroots, ready to perform "Make me a channel of your peace" at the inauguration of Mikrovitae '24, the annual festival of the Department of Microbiology



Team Grassroots performing at the inaugural of Automata '24, the annual festival of the Department of Computer science



The Grassroots Band performing at FIIB, Vasant Vihar

Student's Reflection

Grassroots

Adil Hussain- B.A Prog (History + Political science)

As the president of Grassroots, the Western Music Society at our college, my journey has been a symphony of growth, collaboration, and shared passion for music. Leading this vibrant community has not only honed my organizational skills but has also contributed to the societal development of our college's music community. One of the key aspects of my role was fostering inclusivity. I aimed to create an environment where musicians of all skill levels felt welcome, from beginners exploring their



musical talents to seasoned performers seeking a platform.Additionally, as president of Grassroots, I took a proactive step in enhancing our musical footprint by establishing an official band under the society's name. This initiative aimed to provide a dedicated platform for talented musicians within the society to come together and create cohesive musical expressions.

In terms of individual growth, the experience as president of Grassroots challenged me to step out of my comfort zone. Leading meetings, coordinating events, and managing a diverse team of passionate individuals required adaptability and effective communication. This hands-on experience in leadership has undoubtedly shaped my personal and professional development.

In conclusion, my tenure as president of Grassroots has been a journey of musical and societal enrichment.As the final notes of my presidency echo, I am confident that the melodies we've created together will resonate for years to come, leaving an indelible mark on the cultural tapestry of our institution.

DASTOOR

The Indian Music Society

Dastoor, the Indian Music society of the college, aims at augmenting knowledge of Indian music amongst the students, and percolate the rich heritage of our country amongst the young generation.The students who are interested to pursue music are selected through auditions conducted by experts.

The office bearers are Yash Dwivedi-B.Com (Prog) President; Kaushiki Dutta-B.Sc. (Hons) Microbiology Vice President; Sharmishtha Dasgupta-B.A. (Hons) Secretary; Nancy Gaur-B.A.(Hons) History and Radhika Thakur B.Sc.(Hons) Microbiology - co-ordinators; Divyansh Pandit-B.Sc. (Hons) Computer Science PR. For their guidance, the College appointed music teacher, Mr. Chinmaya Iyer.

Teacher Coordinators are Prof. Mukta Datta Mazumder. Dr. M Salome John, Dr. Sarbari Nag.

Dastoor members participated in both intra and inter college events in solo and choir forms. Celebrating World Environment Day, Riya, Raghav, Arvind and Sneha performed for the community radio of the college, Radio Tarang 90.0 FM.

Arvind Jha participated in a solo semi classical singing competition and received a Special Mention for the same in Rajdhani college. *Dastoor* also participated at Antaragni IIT Kanpur. The members recorded 'Vaishnav Jan' on occasion of Gandhi Jayanti for Radio Tarang. Sneha Singh accompanied by Ananya Sharma recorded a special song and a Bhajan dedicated on Teachers Day for Radio Tarang. Hemant and Sneha performed at PRITHVI in the College of Vocational Studies.

During inauguration of various college programs like CGWB, Ministry of Jal Shakti Training program, Foundation day, Viksit Bharat, National Science Day, VASHANKH'24, Implosion, members invoked mother Saraswati and created high quality ambience in the college.

Achievements

Arvind, Hemant, Yash secured 1st, 2nd and 3rd positions respectively in solo semi classical singing in the event 'Kala Prawah' an intra-college cultural competition. Aryan Chib secured 2nd position in solo singing at Fortune Institute of International Business, Vasant Vihar.



Dastoor members participated in Antaragini, IIT Kanpur



Kaushiki and Shruti accompanied with Hemantperforming at CGWB Tier III Training program in RLA on 29th No 23



Dastoor recording Vaishnava Jan for Gandhi Jayanti at Radio Tarang



Prize winners, Yash, Arvind and Hemant of Dastoor on Kala Prawah



Sneha's performance at VIMARSH at Satyawati College, DU

Yash Dwivedi- Bcom Prog

Being a part of Dastoor - The Indian Music Society has been a journey of immense pleasure and gratitude as it gifted a lot of learnings which not only helped me in shaping out within, through enhancement of musical abilities but also had made me a different and a presentable person through its contribution to some of the unclarified crucial imperatives of life in general through being a part of various competitions and regular practice sessions, being amongst the guiding forces i.e. associated faculty and the team members.



I have gained some of the beautiful connections from here and I truly admire it for this fact. This chapter of my life had left no chance to secure a special space in my heart and I would love to cherish and embrace the bond we share for lifelong.

ANDAAZ

The Anchoring Society

Andaaz, the Anchoring society of Ram Lal Anand College aims to create a cohort of individuals who have harnessed their true potential as confident public speakers, anchors, intellectual learners

in tandem with the development of their physical, emotional, cognitive and social abilities as humans.

The Faculty coordinators are Prof Mukta Datta Mazumder, Dr. Salome John, Ms Deepshikha Kumari and Prof Shruti Anand.

The team of Andaaz is led by its President Raunak Singh, BMS (3rd year), Deepak Rawat, BMS (3rd Year) as Vice president, Swaraj Kumar, BA Prog. (2nd Year) as Secretary and Tapalabdha from English Hons. (1st Year) as Joint-Secretary.

To incorporate new members, orientation and audition were held on 12th and 15th September, 23

On 30 January 2024 *Andaaz* successfully conducted its Anchoring Workshop entitled 'Andaaz-e-Bayaan' by Smt. Sadhna Srivastava, a renowned news reader and



Hosting Freshers 23

activist. Her experience in the field helped the students to be more streamlined, directed towards anchoring.Other than the workshop, Andaaz managed the stage and anchored for the main events of the college - Freshers Welcome, Farewell, Splendour and Kala Prwah many more.

Andaaz stepped into the pivotal role of hosting the





Ms. Sadhna Srivastava in workshop Andaaz- E - Bayaan

celebration of the college's 60th Foundation Day on 22 February 2024. The event was attended by seasoned journalist Mr. Rahul Dev, the college founder's grandson Mr. Deepak Malik, international fashion designer Ms. Sonia Gurnani, social entrepreneur and businessman Mr. Vineet Kumar Gupta, and the governing body's Chairman Mr. Santosh Taneja. This event was anchored by Raunak Singh and Khushi Vashishta from Andaaz.



Raunak Singh and Khushi, Hosted 60th Foundation Day



Andaaz

Student's Reflection

Raunak Singh- BMS

I joined Andaaz for personality development. Little did I know back then that it will not only help me in grooming my oratorship, presentation and delivery on stage but also award me with the opportunity to lead a highly talented pool of anchors as it's President. My training at Andaaz upskilled me to deliver talk for All India Radio and host events of eminent personalities of relevance like Tejaswi Yadav, Zubair Ali Tabish, Abhishek Walia, Geet Chaturvedi, Pakistani Shayar Zia Mazkoor among many others. I hosted multiple events both in college and outside including Splendors, Freshers, Farewell, Foundation Day along with grand Mushaira by All India Persons with Disabilities, Annual Function of Kiran Dristhi, Book Launch of Saheed Naman Foundation and other grand events. I also authored a book "Khushiyon Ki Naptaul". Reflecting back, joining Andaaz was one of the best decisions I made in college.

INARA

The Fine Arts Society

Inara means to illuminate and the team of Fine Art society has personified this quality. Audition was organized on 19 September 2023 to incorporate new members.The audition was on poster-making, handicraft, calligraphy, creative drawings, painting and sketching.Its team comprises 32 exuberant students whose work brightens the college making it more vibrant and colorful. The office bearers of the society areTushar Sharma - Maths Hons(3rd year)[President], Nikita Pathania- Computer Science Hons (3rd year)

[Vice President], Manya Goel-BMS(2nd year) [Secretary], Bhagyashree Nair-BMS (1st year) [Joint Secretary], Monifa Noor -Political Science Hons (3rd year)[Social Media Head], Hemanya Sachdeva- English Hons (3rd year) [Coordinator].



Doodle Making Competition, Bhaskaryachara College of Home Science



Ramkatha: Book jacket Making competition



Hand Painting Competition, Institute of Home Economics



Zueer-ki-Zine - a Zine Making Competition



Kalakriti – Inara×Enactus

Teacher Coordinators : Prof. Mukta Datta Mazumder, Dr. M Salome John, Dr. Debashree Das, Dr.. Shachi Meena, Mr. Bhukya Rajender, Dr. Nidhi S Chandra.

Inara collaborated with Enactus and Students' Union organized a diya making and painting event on 9th November, 2023. It involved a live pottery session followed by painting. Rangoli decoration done by Inara in front of Amphitheatre for the 60th Foundation Day of Ram Lal Anand College, University of Delhi.

Achievements

Nikita Pathania secured 1st position in Doodle making competitions at Shaheed Rajguru College, Bhaskaracharya college of applied sciences, Microbiology Department, RLAC.She was also awarded 2nd position at Litworms, Shyamlal College. Shashwat Yadav has secured 2nd position in Poster Making Competition organized by Gandhi Study Circle, RLAC and Terex- Geology Department, RLAC.

Tushar Sharma- B.Sc(H) Mathematics



My journey with Inara has been nothing short of transformative. From a curious learner to the society's president, I've grown in ways I never imagined. Competitions and events have honed my skills and leadership abilities, all while fostering a sense of community. I'm immensely grateful for the opportunities and friendships this society has provided.

DRISHYAM



Drishyam, the film and photography club of Ram Lal Anand College, had a productive year in 2023. The club organized a photowalk, workshops on DSLR basics, and hosted photography and filmmaking competitions, fostering creativity and skill development among members.The annual fest, Chitrahaar, held in November, featured exhibitions and competitions attracting participants from Delhi University and beyond.

In February, Drishyam organized film screenings on the theme of partition, promoting reflection on historical and social issues.

Collaborating with other college societies, Drishyam covered various events such as farewell, freshers and Splendour'23:annual fest of RLAC, capturing the essence of college life.

Drishyam members also participated in competitions across Delhi University, earning recognition for their talent and dedication. Moving forward, the club remains dedicated to excellence, innovation, and community engagement in the fields of film and photography.



Student's Reflection

Drishyam

Vanshika Ahuja- English honors.

As president of Drishyam, RLAC's film and photography club, I've deepened my camera and DSLR knowledge through workshops, hands-on sessions, and collaborative projects. Engaging with fellow enthusiasts fostered a supportive learning environment, enhancing my proficiency and appreciation for photography. The club also played a pivotal role in my personality development. Engaging with this creative community not only honed my technical skills but also fostered teamwork and communication. Through collaborative projects, I learned to appreciate diverse perspectives, enhancing my adaptability. The club provided a platform for self-expression, boosting my confidence and helping me develop a unique voice. Overall, the experiences in the club contributed significantly to my personal and creative growth.

AIKYAM

Aikyam -The Northeast Students' Welfare Society Report

Aikyam - The Northeast Students' Welfare Society, is a society that focuses on spreading awareness and enlightening the students about the rich and vibrant culture of the Northeastern region of our country. The society follows the moto "Embracing Unity" and its main goal is to provide a safe space for the Delhi University students from Northeastern region in India residing in Delhi. The society has organized orientation programme, interaction sessions with the Principal, Prof. Rakesh Kr. Gupta and other faculty of the college, and donation drive. The society had involved itself in various events, participated in various intra and inter college events like Unity Cup hosted by the Northeast Student Organization, Motilal Nehru College, and Highlanders Cup organized by The Northeast Cell of Kirori Mal College, DU.







Student's Mirroring
Aikyam
Süre Rhi- B.Sc. Geology honors

As I reflect on my experience as a member and as a Sports Secretary of our esteemed Northeast Student Welfare Society, I find myself immersed in a whirlwind of exhilarating experiences, challenges, and personal growth. Serving as the liaison between the students and the college has been nothing short of a privilege, allowing me to blend my passion for sports with the responsibilities of leadership and organization.



One of the most rewarding aspects of my role was the involvement in various sporting events and tournaments that catered to the varied interests of our students. Whether it was participating in inter college tournaments or coordinating the members to participate in various activities, each event presented its own set of

logistical challenges, which I tackled with enthusiasm and determination. Through the collaborative spirit with fellow committee members, we ensured that each event ran seamlessly, leaving participants and spectators alike with unforgettable memories. Beyond the college boundary, I found myself constantly engaged in fostering partnerships with external Northeast societies to enhance the resources available to our society.

In essence, my journey being part of this society has been defined by the perfect marriage of passion and responsibility, leaving an indelible mark on my college experience and developing myself.

HASRATEIN

The Dramatics Society

Hasratein - RLAC's Dramatics Society has been a vibrant hub for showcasing talent, creativity, and passion in performing arts. It's annual street play "Ye Mai Hi Hu, " explores the theme of insecurity and its impact on our lives. Hasratein's standout performances in this tenure include "Aayam" - The Annual Street Competition of IIT Jodhpur, and "Alakh" - The Annual Street Competition of SPMC where the team secured first position respectively. The team also performed a play on environment conservation named "Nature's Call" at RLAC on the occasion of National Science Day highlighting its commitment to social causes. Additionally, Hasratein's performances at various events, including the Nukkad Natak competitions of IIT Kanpur, IIT Bombay, Maharaja Surajmal College, ARSD College, Gargi College, Mata Sundari College, and Daulat Ram College, have been met with praise and recognition. Through their performances, workshops, and collaborations, Hasratein has not only showcased their artistic talent but also contributed to important discourses on mental health, environmental conservation, and social issues. As they continue to grow and evolve, Hasratein remains committed to using theatre as a medium for social change and empowerment, leaving a lasting impact on the cultural fabric of RLAC and beyond.







Mayukh Gautam Sarmah-BA Programme (Eco+Maths)

I joined Hasratein to fulfill a childhood dream to perform नाटक I shall be leaving this place with learnings that I couldn't possibly have learned anywhere else. Hasratein has taught me countless lessons but for me, the most significant one is to have the ability to step up when the team requires and to step down when the team requires. In my opinion, this is the greatest lesson I'll take back with me. The people. The artists, as I prefer to address all of us, have been nothing short of a pack of wolves. In success and in failures, we've always been together. The humility of being able to sit down on the floor and innovate shall forever forge me to be a better human being in life. Hasratein is my love affair, Hasratein is my Temple.



Nirvana

Yoga and Meditation Society

NIRVANA, the Yoga and Meditation Society of Ram Lal Anand College, University of Delhi, serves as a hub for yoga enthusiasts among students, teaching staff, non-teaching staff, and residents from nearby localities. Here's a detailed overview of the society's recent events:

INTER INSTITUTE YOGASANA CHAMPIONSHIP 2023: In a bid to showcase the college's talent, Sugandha Sinha and Digvijay Ayush were selected to represent Ram Lal Anand College at the prestigious Yogasana competition held at AIIMS. Competing in separate male and female categories, they demonstrated remarkable skill and dedication.

INTERNATIONAL DAY OF YOGA:Embracing the global celebration of the 9th International Yoga Day, the society organized a vibrant event open to all, highlighting the multifaceted benefits of yoga for physical, mental, and spiritual well-being. The event garnered significant participation and served as a catalyst for promoting a culture of yoga within the college and the surrounding community.

GENERAL TALK - Neurological & General Health Issues: Addressing crucial aspects of health and wellness, a guest lecture by Dr. Priyanka Sehrawat, a renowned neurologist, shed light on neurological and general health issues. Dr. Sehrawat's insights, coupled with interactive sessions, provided valuable knowledge and practical advice on maintaining a healthy lifestyle and prioritizing mental well-being.

HOLISTIC HARMONY: Recognizing the transformative power of yoga, the society initiated a two-month Yogasana Workshop titled "HOLISTIC HARMONY." This workshop aimed to deepen participants' understanding of yoga principles and foster self-exploration through immersive sessions led by experienced instructors. The workshop received commendable participation from students and faculty alike, underscoring its success in promoting holistic well-being.

ART OF LIVING: In collaboration with the Art of Living foundation, the society organized an introductory session on meditation for first-year students. This session, facilitated by certified instructors, introduced students to meditation techniques aimed at stress management and enhancing mental resilience. The positive feedback received attested to the session's effectiveness in empowering students with practical tools for navigating academic and personal challenges.

DISTRICT YOGASANA COMPETITION 2023: The society's participation in the District Yogasana Competition proved to be a resounding success, with several members clinching medals across different categories. This achievement not only showcased the college's talent but also served as a testament to the society's commitment to promoting excellence in yoga practice.

YES+ PROGRAM: A transformative five-day workshop conducted in collaboration with the Art of Living Organization offered students a unique opportunity to delve into the art of finding happiness and spreading kindness. Through engaging activities and discussions, participants gained insights into fostering positive mental health and well-being, laying the foundation for a fulfilling life journey.

21ST DELHI STATE YOGASANA COMPETITION 2023: Qualified participants from the society showcased their skills at the prestigious Delhi State Yogasana Championship, where Sugandha Sinha and Digvijay ayush secured position in top 6, upholding the college's legacy of excellence in yoga.

ARADHANA: The society's initiative to conduct a ten-day Artistic Yogasana Workshop titled "ARADHANA" received widespread acclaim for its innovative approach to yoga. By infusing rhythm and music into yoga sessions, the workshop provided participants with a unique and enriching experience, furthering their appreciation for this ancient practice.

SYNERGY: Sugandha Sinha participated at Shri Guru





International Yoga Day

Nanak Khalsa College conducted at Thyagraj Sports Complex and secured 2nd position throughout the competition.

In summary, the NIRVANA Yoga and Meditation Society continues to play a pivotal role in promoting the holistic well-being of the college community through a diverse array of events and initiatives. By fostering a culture of yoga and mindfulness, the society strives to empower individuals to lead healthier, more fulfilling lives both on and off the mat.













Student's Reflection

Nirvana-Yoga & Meditation society

SUGANDHA SINHA- B.A (H) HISTORY

''अथ योगानुशासन'' My Yoga journey started at a very young age, what started just as a new age hobby transformed my whole life. I have been associated with Nirvana Yoga and Meditation Society since 2021, Started as a member and eventually rose to the esteemed position of president of this wonderful Society My experiences here are diverse and so fulfilling that compiling them in a short note is impossible. I have been around like minded people and we have collectively grown here. From dragging myself for the morning yoga sessions to eagerly waiting for them, I assimilated here. Apart from learning new things for improving my yoga skills, I inculcated and improved new skills of people management which helped me in successfully organizing several events along with coordination with peers. For all the opportunities and learnings, I want to thank faculties at Yoga and Meditation society, Ram Lal Anand College for their continuous support and encouragement. Last but not the least I have heaps of praises for all the fellow members who strive to make this society great with their love for Yoga !!!!!

SPIC MACAY

Spic Macay Rla chapter organised its fest - VIRASAT 2024 to enhance the cultural knowledge and take forward the aim of enhancing formal education through immersive experiences of culture and history set by the society.During our fest we had curious audience from various departments , colleges , families and even students who were learning from artists.Every event started with Saraswati Vandana , Lamp Lighting and our honourable principal sir Prof. Rakesh Kumar Gupta honouring our artists.Under our Virasat fest the first event organised was Pattachitra Workshop organised on 2,3,4, and 6th February 2024. The workshop provided space for college's artistic community to gather and understand indigenous art form which was taught by Shri Purna Chandra Moharana who introduced us the artform as well as the traditional way of making colours with shells and gum of Kaitha tree which holds the art of Pattachitra together since Mohanjo-daro civilisation. Vice-chairperson of Spic Macay society , Mrs. Suman Dooga and Mrs. Neerja further made our event a success by joining us in college and it was a perfect opportunity for members of the RLA chapter to meet them and discuss the future event under our Virasat fest. We continued our fest in March with mesmerising performance by Ragini Chandershekar ji in our Amphitheatre from 4pm onwards and she was accompanied by Ms.Gayatri seth (Nattuvangam) , Shri M V Chandershekhar (Mridangam) and Shri K Venkateshwaran on vocals who is accompanied with Shri Rohit Prasanna on flute. She introduced us to various Rasas , facial and hand movements of Bharatnatyam as written in our Natyashastra. On 12th March 2024 , we organised a heritage walk in the afternoon to Qutub Minar with Dr. Swapna Liddle to gain further insight into our history and monuments in capital state Delhi. On the very next day , 13th March 2024 in our Amphitheatre from 4 pm onwards we had a vocal concert with Pandit Bhuvanesh Komali who was accompanied by Shri Chetan Nigam on the Harmonium and Shri Shambhunath Bhattacharya on the Tabla. The synergy of the vocal artist with instrumentalists was so energetic that we felt their communication and rasas being conveyed in the language of music. The event was not only enlightening for us but was specifically beneficial to our college's Indian music society , Dastoor as they all were eager to understand and ask Pandit ji all their queries to improve their vocal skills. Continuing the spirit of the cultural fest on 14th March 2024 we invited



Bramhakumari Rama ji who delivered a spiritual talk at 11:30 am with Sister Niharika. Bramhakumari ji incorporated activities , jokes and even interactive sessions during her talk. Her interactive sessions helped her understand students on a deeper level as she posed very relevant questions in order to get at the bottom of their issues. Sister Niharika was a perfect addition as she complimented Bramhakumari ji by bringing in scientific aspects in our generation's vocabulary. Bramhakumari ji was serene yet bold in addressing topics like identity crisis and digital detox which are currently issues of newer generations. On the very same day after refreshments we had a film screening of 'Khandhar' with Prof. Mateen Ahmed as discussant for providing insights in our Amphitheatre from 1:30 onwards. Prof. Mateen Ahmed also talked about art movements like Expressionism , Realism and concepts of Layered Cinema with such ease and simplicity that non-literature and non-film students could also understand its essence. Last but not the least we had a classical instrumental concert by Pandit Rajendra Prasanna who played the flute wonderfully and was accompanied by Shri Abhishek Mishra on tabla. The flute combined with tabla was so mesmerising that every head moved with their rhythm. Although we all restrain from applauses in between classical music concerts but the instrumental episodes of highs and lows were so good that the audience , our Principal Prof. Rakesh Kumar Gupta and even Spic Macay's Vice President Ms. Suman doonga couldn't resist applauding the artist during the high notes.

Everyday ended with high tea in our back lawn and an interactive session with the artists.

The events organised under Virasat brought us closer to our very culture and made us aware of various artists who keep our histories and culture alive by rigorous practice and beautiful dedication.





Azra Fayaz- Bsc H Microbiology



As a volunteer for SPICMACAY, I had the privilege of actively contributing to the organization's vibrant cultural initiatives. Coordinating a Pattachitra art workshop was a particularly enriching experience, providing participants with a hands-on exploration of this traditional Indian folk art. Together with the dedicated team, we aimed to cultivate a deeper appreciation for classical music and dance, fostering creativity and cultural exchange within our community. Volunteering with SPICMACAY allowed me to play a role in preserving and promoting diverse artistic expressions, leaving a positive impact on the cultural fabric of our campus.



Swatchehata Action Plan

Vasudha: The Eco Club

Vasudha - The Eco Club of Ram Lal Anand College, University of Delhi is a group of young ignited minds who wish to take the environmental revolution to the doorstep of everyone urging the community to think global and act local. Vasudha is dedicated to promoting environmental awareness and sustainability through various initiatives and events. The commitment of Vasudha is to create a greener future is persistent and the varied events and activities showcase the efforts made by our team to create a positive impact on our campus and community.

Vasudha Organized Waste Segregation at Source and Its Management

On 3 June 2023 with the support and guidance of Deputy Commissioner South zone Dr. Angel Bhati Chauhan a successful training workshop was conducted at Ram Lal Anand College on zero-waste campus, segregation of waste at source and its management in association with ECPFO and Eco Prabhandan in the college seminar room.



(Waste Segregation at Source and Its Management, On 3 June 2023)

E-Waste Management Awareness Campaign

The E-Waste Management Committee of Ram Lal Anand College has undertaken a proactive initiative to raise awareness about the proper disposal and reduction of electronic waste (e-waste) through its college's social media handles, particularly on platforms like Twitter and Instagram. With the increasing proliferation of electronic devices, the responsible management of e-waste has become crucial for environmental sustainability and human health. The committee recognizes the importance of educating the college community and beyond about the significance of proper e-waste disposal and strategies to minimize its generation.



The primary objectives of the awareness campaign are, firstly, to educate the college community about the environmental and health hazards associated with improper e-waste disposal. Secondly, it promotes responsible behaviors such as recycling, refurbishing, and donating electronic devices to extend their lifespan. Thirdly, it aims to raise awareness about the availability of e-waste recycling facilities and proper disposal methods in the local area.

To achieve these objectives, the E-Waste Management Committee has employed various strategies:

- Creation and dissemination of informative posters containing essential information on e-waste management, including tips for proper disposal and reduction of e-waste.

- Regular updates and posts on the college's Twitter and Instagram handles, featuring engaging content such as infographics, statistics, and practical tips.
- Integration of interactive elements such as quizzes, polls, and Q&A sessions to encourage active participation and dialogue among followers.

Shuchita: The Cleanliness and Hygiene society

Shuchita, the Cleanliness and Hygiene Society of Ram Lal Anand College, is dedicated to upholding cleanliness and hygiene standards within the college premises and promoting awareness about these important practices. The society has been actively engaged throughout the academic session in maintaining cleanliness standards. Additionally, society members conduct regular inspections of the canteen kitchen to ensure compliance with hygiene protocols. To further their mission, they have strategically placed banners and posters throughout the campus to raise awareness and demonstrate their commitment to promoting cleanliness and hygiene.

Clean India Mission

Suchita in collaboration with all the departments conducted Clean Campus Drive engaging students and all the faculty members.



The Departmental Society of Microbiology, Mikrobiologika, organised a Cleanliness Drive on 25th October 2023.



Department of Political Science conducted Cleanliness Drive On 3rd November 2023



Department of Mathematics conducted Clean Campus Drive on 6th November 2023



Department of Bachelor of Management Studies conducted Cleanliness Drive on 27th October 2023



Serenity (BA Prog) conducted Cleanliness Drive on 20 October 2023



Department of Bachelor of Management Studies conducted Cleanliness Drive on 18 October 2023



Department of Bachelor of Hindi conducted Cleanliness Drive on 18 October 2023



Department of Bachelor of Journalism & Mass Communication conducted Cleanliness Drive on 1 November 2023



Cleanliness Drive Conducted by Department of Computer Science on 13 October 2023



Cleanliness Drive Organised by College Committee for Prevention of Defacement of Property in Collaboration with NSS, NCC and Suchita on 5 September 2023



Department of Statistic conducted Cleanliness Drive: Panacea on 18 October 2023



Shuchita - The Cleanliness and Hygiene Society organized a cleanliness awareness drill on 26 October 2023

Hirav, the Green Campus Society, organized an Essay Writing Competition on 31 October 2023.



Glimpse of Essay Writing Competition by Hirav on 31 October 2023

The Clean Energy & Conservation Committee with the Department of Political Science of organized a "Research Writeshop" on Researching Contemporary Environmental Crises In India

The Clean Energy & Conservation Committee, in collaboration with the Department of Political Science of our college, organized an insightful event aimed at understanding and addressing contemporary environmental crises in India. Titled "Research Writeshop, " the collaborative exercise enabled students to produce monographs highlighting case studies from various states, cities, and communities across India. Throughout the month of February 2024, students dedicated themselves to comprehensive research, writeshop activities, and presentations. The collective effort resulted in a rich tapestry of insights into India's environmental concerns, crises, and struggles.



Glimpse of Research Writeshop, 9 February 2024

Carbon Footprints, Tax and Champagne: The Double Standards of Europe ?

EU lawmakers laid the groundwork for the rollout of its proposed carbon border adjustment mechanism from 2026 that does not look as simple as it seems. India, South Africa and other countries are planning to oppose the European Union's proposed carbon tax on imports of steel, iron ore and cement. But why ? The CBAM (Carbon Border Adjustment Mechanism) is a policy measure that aims to put a fair price on the carbon emissions generated during the production of certain goods imported into the EU. Essentially a carbon tax is for the reason to stop emissions and prevent carbon leakage but the European bloc is targeting imports of carbon – intensive goods such as aluminium, steel etc and is pressurising other emerging economies like India. The officials said the developed countries are creating trade barriers in the guise of issues like climate change, labour and women empowerment. "Our stand is clear, trade barriers should not be erected under the guise of sustainable development, " an Indian official said.

India as a growing economy and with world's largest manpower is still at its developing stage. Putting such heavy trade restrictions will create strain on the country's holistic development. India's 26.6 % carbon containing elements exported to the EU will suffer a huge blow. Other officials stated that India's broad stand on the issue of sustainable development and climate change is: "Any unilateral measures taken to combat climate change should not constitute a means of arbitrary or unjustifiable discrimination or disguised restriction on global trade."

After achieving a high standard of living through centuries of polluting industries, developed countries now want to slam the development door shut on the rest of the world. India is right to object to the EU carbon tax. It should prepare retaliatory measures, including taking the matter to WTO and flagging it as a non-tariff barrier. The EU's Carbon Border Tax presents challenges for India's exports, especially in sectors like steel and aluminium. India needs a multifaceted approach: engaging in international forums to oppose CBAM, seeking bilateral agreements, diversifying export markets, and promoting greener production. Balancing environmental responsibility and economic prosperity is essential for India's position in a carbon-conscious global market. The country shouldn't agree to these unnecessary tariffs and focus upon development and also introducing local carbon tax to reduce carbon emissions rather than believing in these State Actors.

Ragheyee Chauhan
BA Prog Second Year

Pioneering Sustainable Development: India's Journey Towards a Greener Future

In recent years, India has made significant strides towards sustainable development, recognizing the urgent need to balance economic growth with environmental conservation and social equity. As one of the world's fastest-growing economies, India faces unique challenges in ensuring that development is sustainable and inclusive for all its citizens.

At the heart of India's sustainable development efforts lies the concept of "green growth, " which emphasises resource efficiency, renewable energy, and environmental conservation. One of the key

initiatives in this regard is the National Action Plan on Climate Change (NAPCC), launched in 2008, which outlines a comprehensive strategy to address climate change while promoting sustainable development.

India has set ambitious targets for renewable energy deployment, aiming to achieve 175 gigawatts of renewable energy capacity by 2022. This includes a significant expansion of solar and wind power, as well as investments in hydropower, biomass, and other sources of clean energy. These efforts not only reduce greenhouse gas emissions but also contribute to energy security and create employment opportunities.

In addition to renewable energy, India is focusing on improving energy efficiency across various sectors, including industry, transportation, and buildings. The government has implemented schemes such as the Perform, Achieve, and Trade (PAT) scheme, which incentivizes industries to adopt energy-efficient technologies and practices. Similarly, initiatives like the Faster Adoption and Manufacturing of Hybrid and Electric Vehicles (FAME) scheme promote the adoption of electric vehicles to reduce air pollution and dependence on fossil fuels.

India's commitment to sustainable development extends beyond energy to include initiatives aimed at conserving natural resources, promoting biodiversity, and enhancing resilience to climate change. The National Mission for Sustainable Agriculture (NMSA) encourages farmers to adopt climate-smart agriculture practices, such as conservation tillage, agroforestry, and efficient water management techniques.

Furthermore, India is investing in sustainable urban development through programs like the Smart Cities Mission, which aims to create livable, resilient, and environmentally friendly cities. These efforts include investments in public transportation, waste management, green spaces, and eco-friendly infrastructure.

However, despite these initiatives, India still faces numerous challenges on its path to sustainable development. Rapid urbanisation, industrialization, and population growth place immense pressure on natural resources and ecosystems. Inequality and poverty continue to hinder efforts to ensure that the benefits of development are shared equitably among all sections of society.

To address these challenges, India must adopt a holistic approach to sustainable development that integrates environmental, social, and economic considerations. This requires concerted efforts from government, businesses, civil society, and individuals alike. By embracing innovation, collaboration, and inclusivity, India can pave the way towards a greener, more prosperous future for generations to come.

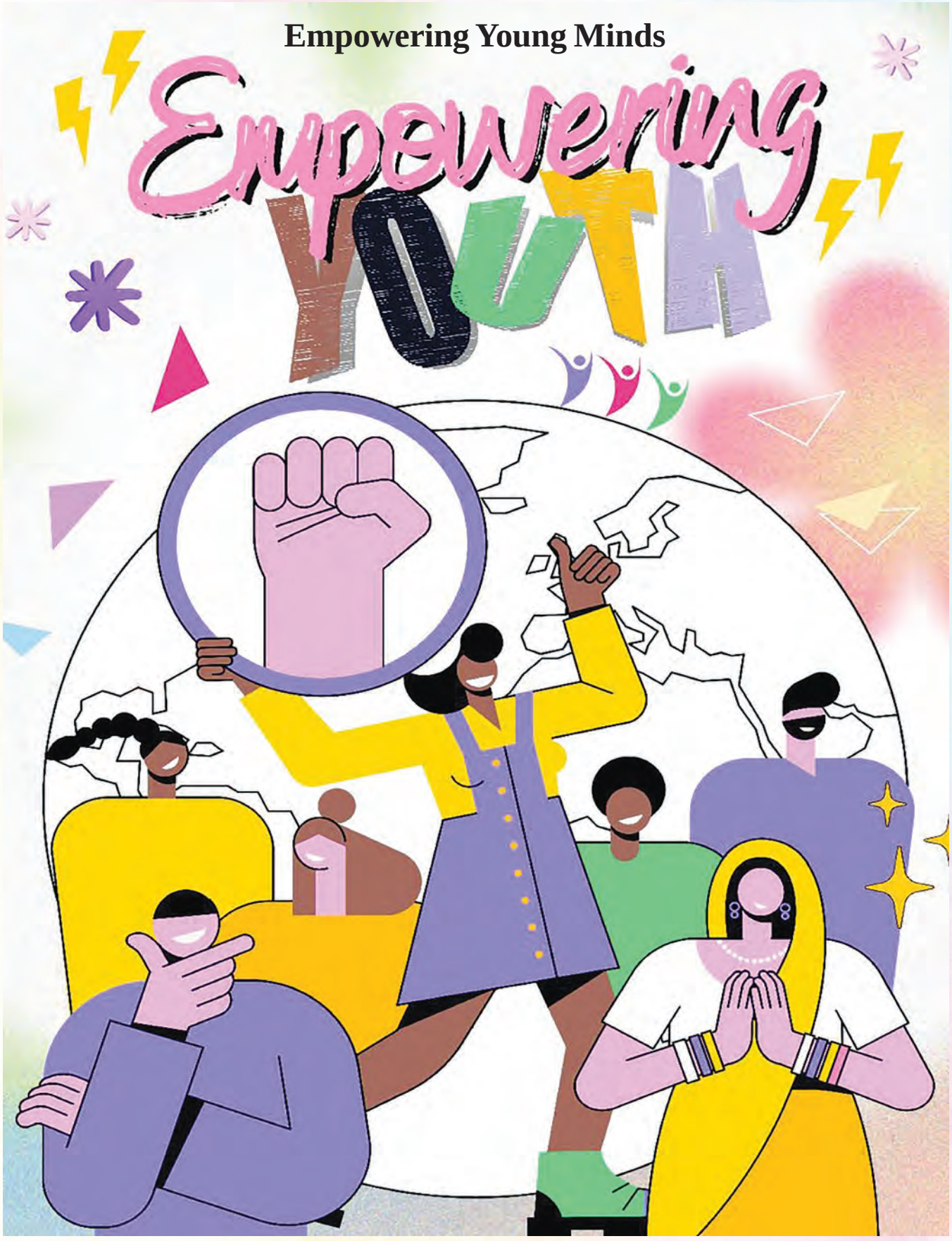
In conclusion, India's journey towards sustainable development is both a challenge and an opportunity to redefine the country's development trajectory. By embracing green growth principles, investing in renewable energy and energy efficiency, and promoting sustainable practices across sectors, India can chart a path towards a more resilient, equitable, and prosperous future.

Kunchit Shrivastava
BA Prog, First Year

"We dream of having a clean house -

but who dreams of actually doing the cleaning?"

Empowering Young Minds



Certificate Courses

From the Coordinator's Desk:

Certificate and Diploma Courses in Chinese and Japanese Languages

Ram Lal Anand College, in collaboration with the Department of East Asian Studies, North Campus, University of Delhi, offers certificate and diploma courses in Chinese and Japanese languages. The duration of these courses is one year, providing comprehensive language learning and cultural immersion experiences. In the academic year 2023-24, approximately 33 students have enrolled in the current batch, marking a consistent interest in these programs. Since their inception in 2019, these courses have seen a total enrolment of around 250 students, indicating a sustained demand and recognition of their value.

The faculty for these courses comprises scholars from the Department of East Asian Studies, ensuring high-quality instruction and guidance. The certificates and diplomas awarded upon completion are conferred by Delhi University, adding credibility and recognition to the qualifications. These courses are not only beneficial for the students of Ram Lal Anand College but also attract participants from various colleges and backgrounds, enriching the learning environment. The decision to schedule classes exclusively on weekends facilitates accessibility, accommodating individuals with work commitments and making these courses accessible to a wider audience. Moreover, these language programs stand out as distinctive offerings among South Campus colleges, further enhancing the academic profile and appeal of Ram Lal Anand College.

Ram Lal Anand College's certificate and diploma courses in Chinese and Japanese languages not only offer high-quality education but also come with a very nominal and reasonable fee structure, making them accessible to a wider range of students. The examination process is designed to ensure comprehensive learning outcomes, with assessments conducted through both written examinations and viva formats. This approach helps maintain the quality of education and ensures that students gain a deep understanding of the languages and cultures they are studying.

Moreover, completing these courses adds immensely to the career opportunities of learners, as proficiency in Chinese and Japanese languages is highly sought after in various industries such as international business, tourism, translation, and diplomacy. By providing rigorous instruction, recognized certifications, and practical skills, these courses contribute significantly to the personal and professional development of the students, empowering them to thrive in a globalized world.

Dr. Alankar
Course Coordinator
Foreign Languages.

1. Name of the Certificate Course: Gender Discourse: The Indian Perspective



Date and Duration: 23 September 2023 – 3 December 2023

Objective of the course: Illuminating discussions on equality and inclusion, exploring the nuances of societal perceptions and deepening the understanding of gender dynamics in Indian context.

No. of students enrolled: 196

Outcome of the course: The course was successfully able to fulfil its objectives. At the end of the course, the students submitted essay on different strata of gender. At the end of the course, 83 candidates were awarded certificates on their successful course completion.

The certificate course was organized by the Statecraft Society in collaboration with the department of Political Science at Ram Lal Anand college, University of Delhi. Themed "Gender Discourses: The Indian Perspective", this course transcended disciplinary boundaries, attracting over 200 students from diverse academic backgrounds.

The course delved into the analysis of socio-historical and contemporary power dynamics that underpin group relations, social institutions, and system of representation. Students gained knowledge of multiple forms of oppression and marginalization while exploring the historical and contemporary context in which women, queer and gender non-conforming individuals exercised agency. The course not only provided theoretical knowledge but also encouraged students to translate feminist and social justice theories into actionable steps through service or activism. Open to all students of the college and offered free of cost, this initiative showcased the commitment of the department of Political Science to fostering a nuanced understanding of gender discourses in the Indian context.

The course invited experts from highly esteemed educational institutions like Centre for Women Development Studies, Jawaharlal Nehru University, University of Delhi and Jamia Millia Islamia, for conducting different sessions on diverse topic of gender discourses.

Student's Feedback: Majority of the students awarded the course with a 5 out of 5 rating. The positive ratings suggest that the students found the course to be intellectually stimulating and practically valuable, fostering a deeper understanding of gender discourses within the Indian context.

Sameer Srivastava
B.A (H) Political Science, 2nd Year

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2. Name of the Course: A Skill-Development Certificate course on Fundamentals of Financial Modelling



Duration of the Course: 40 hours

Objective of the Course: To enhance the financial modelling proficiency and accelerate careers in the finance sector through a blend of theoretical concepts and practical training. Led by industry experts, the course provides expertise in constructing financial models, analyzing investment opportunities, and making informed financial decisions.

Outcome of the Course: Upon completion of this comprehensive program, the students not only acquired essential skills and confidence but also gained expertise in utilizing Excel to construct intricate financial models, positioning themselves for success in the dynamic world of finance.

Komya Bharti
B.A. English Honors, 2nd year

3. Name of the Certificate Course: RLA-Environmental Sustainability Practices



Date and Duration- 30 November 2023-2 December 2023

Objective of course- To make students aware of the practices for a sustainable environment.

No. of students enrolled : Approx. 50

Outcome of the course: The course was successfully able to fulfil its objective.

Student comments:

At the end of the course, the students learnt about the importance of the sustainability which the world needs and eventually about the practices in order to sustain the environment. After the completion of the course, an MCQs based online test and viva were conducted and certificates would be provided soon.

Himanshi Varshney
B.Sc (H) Geology, 2nd Year

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4. Name of the Certificate Course: Japanese Language CERTIFICATE Course (24 Students)



Date and Duration: 9 months

No. of Students Enrolled: 24

Objective of the Course: Aim to provide students with comprehensive language skills in Japanese, cover speaking, listening, reading, and writing skills, and provide additional educational qualifications.

Outcome of the Course: It was satisfactory as you will be able to develop proficiency in Japanese language skills, including reading, writing, listening, and speaking.

This course was excellent as it provided a strong foundation in the Japanese language by covering all the basics and practical communication skills. Also, the course helps you immerse yourself in the language and culture. It is perfect for anyone who wants to learn the Japanese language and culture, and I highly recommend it!

Megha Sadasivan
B.A. (H) English, 2nd Year

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5. Name of the course: Fundamentals of Financial Modelling Certification Course

Duration of the course: 40 hours

Number of students enrolled**:** 50



Outcome of the course: Students learnt the apt way of managing finances from daily lives to setting up business finances. Students also learnt to build and analyse a financial model of a business and acquired crucial financial acumen.

Name of the course: Rust Programming Certification Course

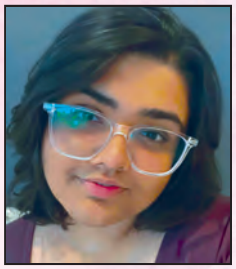
Duration of the course: 40 hours

Number of students enrolled**:** 20

Outcome of the course: Students acquired knowledge about an evolving programming language which is highly useful for serving general purposes.

Vansh **Jain**
B.A. (H) English, 2nd Year

6. Name of Course: History of English Literature



History of English Literature is a certificate course which is organised yearly by Dr. Deepti Bhardwaj to enhance the knowledge of students enrolled in English course all over university. The course is an online course which

extends over 3 months with classes happening only on the weekends. Professors from around the world as well as from various cities in our country teach the enrolled students their niche in order to deliver the best of knowledge for students.

Duration: 9 January 2023 - 30 March 2023 (3 months)

Outcome of the Course: The course and its extra activities help students not only to learn the history chronologically but also understand the future need and use of the same. The activities and assessments in the course provide a positive environment for creativity as well as interaction among peers who are pursuing their future in UGC-NET and are working in post graduate programmes across India.

Student comments: Apart from helping me in polishing my skills and understanding what the course of English honours has for me at the very start of my first year, it really helped me understand different ways I need to incorporate history, polity, sociology and geography to understand a particular period which were beautifully interwoven in the lectures delivered during the course.

Paridhi
B.A.(H) English, 3rd Year

Seminar & Lectures

SANGOSHTHI

THE SEMINAR COMMITTEE

1. ORIENTATION REPORT

31st January, 2024



The Orientation began with a warm welcome from hosts Alok Raj and Vanshita, setting a positive tone. The Sangoshthi committee was introduced, with special recognition to Principal Prof. Rakesh Kumar Gupta and Convenor Maj. (Prof) Sanjay Kumar Sharma. Vice President Raunak Singh provided insight into the Convenor's role, followed by the Convenor's eloquent elaboration on the committee's significance. Anchors detailed the committee's aims, introducing key figures and department roles. Attendees learned about the transformative journey within the committee, enhancing both personality and skills. President Kashish concluded with heartfelt thanks. The event, attended by 50 students, left attendees inspired and informed about the committee's promising endeavors.



2. SPECIAL LECTURE REPORT

28th February, 2024



On the special occasion of National Science Day, Sangoshthi, the seminar committee of Ram Lal Anand College, organized a special lecture on "Feeding the 10 Billion by 2050: A Genomics Perspective." The keynote speaker, Prof. Manoj Prasad from the Department of Genetics, South Campus, University of Delhi, brought extensive experience and insights to the discussion. The Convenor of Sangoshthi committee Major (Prof.) Sanjay Kumar Sharma felicitated, the esteemed speakers by presenting him with a plant. Anchors Yogesh Kataria and Sakshi Sharma warmly welcomed attendees, setting a positive tone. Prof. Prasad provided an overview of global food production and consumption, highlighting the challenges of feeding a growing population. An interactive session followed, where attendees engaged with Prof. Prasad, posing thought-provoking questions. Raunak Singh, Vice President of Sangoshthi, delivered a heartfelt vote of thanks. In total, 90 students attended, making it a successful and informative event.



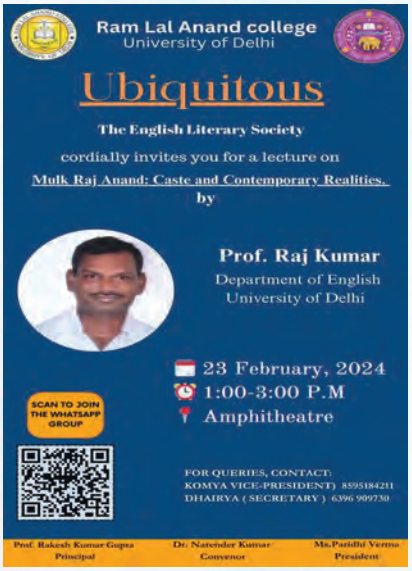








■ **Lecture on 'Mulk Raj Anand: Caste and Contemporary Realities'**



Speaker: Prof. Raj Kumar

Ubiquitous-The Literary Society of the English Department of Ram Lal Anand College organized a lecture on 'Mulk Raj Anand: Caste and Contemporary Realities' on 23rd February 2024. The lecture was designed to make the students familiar with Mulk Raj Anand and his contribution to Indian Literature in English. Anand was among the beginners who initiated the representation of marginalized subjects in Indian literature in the early twentieth century. Prof. Raj Kumar, an eminent scholar on marginalized subjects, delivered the lecture. Prof. Kumar made an impression with the exposition of the Indian political scenario, particularly with the reference of Gandhi who deeply influenced the Indian literature in the early twentieth century.

■ **Panacea: The Statistics Dept**

a) **<u>Speaker Session on the Topic "Application of Statistics in Governance and Service Delivery" by Ms. Soma Roy Burman</u>**

Date of the event: 11th October 2023 and **No. of participants:** 85

Ms. Soma Roy Burman, a veteran in finance and government administration, shared her expertise during a session. With over 35 years of experience, including as the Controller General of Accounts for the Government of India, she covered economic indicators, budgeting, fiscal policy, and financial markets. Her engaging presentation, filled with informative charts, encouraged active participation from faculty and students, who found her insights valuable. The session garnered highly positive feedback, exceeding audience expectations.

b) **<u>Speaker Session on the Topic "Applied Primary Research" by Ms. Nidhi Arora</u>**

Date of the event: 8th November 2023

Ms. Nidhi Arora, an IIM Calcutta alumna and founder of Esha, led a seminar on the importance of 'good' data in decision-making across sectors. With engaging survey questions, case studies, and presentations, she emphasized the significance of primary research. The session, attended by over 60 students and professors, provided practical insights into research methodologies, enhancing understanding through real-world examples.

■ **Cultures in Transformation: "A Subcontinental Experience"**



Ram Lal Anand College's History Department collaborated with ICSSR-NCR to host an International Conference on March 1st and 2nd, 2024, themed "Cultures in Transformation: A Subcontinental Experience," guided by Prof. Rakesh Kumar Gupta. The event welcomed esteemed historians and academicians like Dr. Himanshu Chaturvedi, Dr. Kaushal Kumar Sharma, Dr. Gianluigi Segarlerba, Dr. R Mahalaxmi, Dr. Raziuddin Aquil, and more. Dr. Krishan Gopal Tyagi, the conference's convener, highlighted the significance of culture. Dr. Chaturvedi stressed engaging youth in cultural discussions, advocating for "unity of diversity." Six sessions covered various cultural aspects, concluding with a valedictory session attended by Dr. Vipul Singh, Dr. B. K. Srivastav, Dr. D C Choubey, and Dr. Prabhu Prasad Mohapatra.

■ Serenity (B.A. Program)

The Serenity Society hosted a seminar on "The Role of Youth in the 2024 Elections."

Over 100 students attended, listening to Mr. Sudhanshu Kaushik, founder of YIF and author of "Future is Ours." Mr. Kaushik emphasized the importance of informed voting and youth engagement beyond the ballot box. The seminar empowered students to understand their role in shaping India's future.

■ Geology Department:

In celebration of the Earth Science Week, a lecture entitled "Unveiling the Geomorphological Challenges of India: Insights and implications" by Prof. Vimal Singh from Department of Geology, University of Delhi was attended by the 6 faculty members and 85 students of the department. It was followed by a poster making competition participated by 30 students.

On 23rd November, 2023 a webinar entitled "Crystallization of Lunar Magma and its Relation to Earth's Formation" was held. Mr. Bram de Winter (Pursuing Ph.D in Earth Sciences) was the resource person. On 24th November, 2023, 17 students of 3rd Yr along with 2 faculty members, Dr. Sarbari Nag and Ms. Pooja Yadav went for an industrial visit to Atomic Mineral Directorate for Exploration and Research, R.K.Puram, New Delhi to learn about the various investigations carried out in the field and laboratories for exploration of radioactive minerals.

■ Infinity Society (Department of Mathematics)

A national level seminar cum lecture on 'Role of Mathematics to Inculcate Scientific Thinking' was organised by the Infinity Society on 28th Nov 2023 in the seminar hall. Dr. Pankaj Sharma, An Associate Professor at the Department of Mathematics, Ramanujan School of Mathematical Science, Pondicherry University was the resource person for the same.

The event focused on the role of mathematics in cultivating scientific thinking and witnessed the active participation of 108 students. The event's highlight was the lecture, where the resource person delved into the intricate relationship between mathematics and scientific reasoning. The speaker illuminated how mathematical concepts are a cornerstone for logical reasoning, problem-solving methodologies, and hypothesis formulation in scientific exploration. This insightful discourse inspired attendees, emphasizing the vital synergy between mathematics and scientific thinking and encouraging students to harness mathematical tools for innovative and analytical scientific endeavors.

Seminar on Dynamical system (Dept. of Mathematics): To expose our students to the real world problem, we used to conduct workshops and lecture series from eminent personalities of the academic and industry sectors. Carrying on this legacy we organised a seminar by top 2% research scientist of the world Dr. Sachin Kumar on 29-02-2024 in the amphitheatre.The topic was "Journey through Dynamical system: Bifurcation, chaos and Evolutionary models". Approximately 300+ students and faculties across the university have participated in the seminar.

■ MARG:

MARG, the departmental society of Management Studies organized a speaker session on 26th April, 2023 with Mr. Pankaj Dubey on the topic 'Design Thinking' in the seminar room of the college. The session was extremely informative and interactive. The speaker in his session enlightened the students with his life story and also about design thinking and what he did to uplift the status of the brand Yamaha.

MARG organised a speaker session on 15th September, 2023 in which Mr. Anuj Jindal, CEO of www.anujjindal.in was invited as the guest speaker. The topic for the session was 'Crafting Path-Essential Skills for Start-ups and Other Career Avenues Post-Management'. Mr. Anuj Jindal, an impressive individual with a vast amount of experience in finance and banking and a unique passion for simplifying complex financial concepts for everyone to understand has been a keynote speaker at prestigious universities like the Delhi School of Economics, Hansraj College, Hindu College, JIMS, and many others. The speaker in the session enlightened the students with his life story and about mastering skills for diverse career avenues for startups. The session was informative and the speaker was very interactive. It was overall an insightful and enlightening session.

On the 17th Oct 2023 MARG and Pathway, the placement cell of Ram Lal Anand College collaborated to organize an interactive speaker session with Mr. Aalekh Tripathi who delivered an engaging session on 'Pathway to Profit - Understanding Business Start-up Model' highlighting the essence of startups and the art of crafting an impressive LinkedIn profile. His eloquence and insightful examples, such as Nike and Google, made complex concepts accessible. Mr. Aalekh's guidance on problem-solving, the significance of LinkedIn and the importance of a professional online presence left the audience with valuable takeaways for personal and professional growth.

■ STATISTICS

Ms. Soma Roy Burman, a veteran in finance and government administration, shared her expertise during a session. With over 35 years of experience, including as the Controller General of Accounts for the Government of India, she covered topics like economic indicators, budgeting, fiscal policy, and financial markets.

Ms. Nidhi Arora, an IIM Calcutta alumna and founder of Esha, led a seminar on 'Applied Primary Research' emphasizing on the importance of 'good' data in decision-making across sectors. With engaging survey questions, case studies, and presentations, she emphasized the significance of primary research.

■ SERENITY

A Speaker session on February 8, 2024, was organized by the Serenity Society which focused 'Elections and Youth in India' which focused on discussing elections and their significance. Mr. Sudhanshu Kaushik delivered an insightful talk on the dynamics and importance of elections. He highlighted the role of elections in shaping the democratic process and emphasized the responsibility of citizens in participating actively. His presentation covered various aspects including voter awareness, electoral reforms, and the impact of elections on governance.

■ E-Cell

BLUE PRINT FOR BRILLIANCE "ENTREPRENEURIAL JOURNEY: FROM IDEA TO INNOVATION"

On the 7th of November 2023, the "Blueprint for Brilliance" seminar unfolded at Ram Lal Anand College's Seminar Room, featuring Ms. Shivani Singh, a Mentor of Change at NITI AYOG and LG Electronics. Over 50 students and esteemed faculty engaged in discussions on entrepreneurship, innovation, and navigating challenges. Ms. Singh's insightful session left a lasting impact, inspiring attendees to embrace creativity and strategic thinking in their entrepreneurial endeavors.

On April 21, 2023, Mr. Vaibhav Kanwar, a renowned freelance drummer and CEO of CLAPBOX, conducted a 2-hour offline speaker session at RLAC's seminar hall. Over 50 students participated, gaining insights into

entrepreneurship and innovation. Vaibhav shared his journey, emphasizing the importance of creativity and resilience. The session included interactive discussions and ended with valuable guidance for aspiring entrepreneurs. Attendees praised the event, finding inspiration in Vaibhav's experiences and lessons learned.

- The Department of Computer Science organized an online seminar on IPR, Patents and Copyright Laws on the 2nd of February, 2024. Ms. Tanya Varma, Partner at Fidus Law Chambers was the speaker of the event. The program witnessed large number of participations.

Equal Opportunity Cell



The seminar on "Equality and Inclusion in the Education Sector" was organized by Equal Opportunity Cell, to address the critical issues of accessibility, equality, and inclusivity in education on 12th Nov 2023. The event aimed to foster discussions, share insights, and propose strategies to ensure that every individual has equitable access to quality education. Sub. Maj. Retd. (Honorary Captain) Yogendra S. Yadav, Param Vir Chakra was the speaker for the session. His presence added immense value to the discussions and provided inspiration to all participants. Mr. Yadav delivered an impactful keynote address, emphasizing the importance of equal opportunities in education. He highlighted the need for inclusive policies and practices to address the barriers faced by marginalized communities, including persons with disabilities, socio-economically disadvantaged groups, and minorities. He also shared some tales of his journey as an army officer and told the students what he learnt and what they can learn.

SUGAM SOCIETY SEMINAR

The Sugam Society organized a Seminar in the Seminar hall on December 4th, 2023. The Seminar's aim was to furnish students with comprehensive knowledge about inclusion, which is within everyone's reach.

The speaker of the event, Dr. Babulal Meena, an Assistant Professor at Lakshmibai College, University of Delhi, began his speech by highlighting the importance of awareness about inclusion which is within everyone's reach, with the emphasis on how everyone can progress and prove themselves when given the chance. He said, "In every individual, there is a uniqueness and all we need to do is to find their strengths by overlooking their weaknesses".





■ MIKROVITAE'24

Department of Microbiology

Professor Vijay K. Chaudhary delivered a seminar on 15th February 2024 Harnessing the Power of Antibodies, focusing on their potential in various fields such as medicine, biotechnology, and research. He discussed the importance of understanding antibody structure and function, emphasizing their role in immune responses and disease prevention. The seminar highlighted innovative techniques for antibody production, purification, and engineering, showcasing their application in diagnostics, therapeutics, and targeted drug delivery. Prof. Chaudhary also explored recent advancements in monoclonal antibody technology and their implications for personalized medicine and immunotherapy. Overall, the seminar provided valuable insights into leveraging antibodies to address diverse challenges in healthcare and beyond.

The second seminar led by Prof. Amita Gupta focused on molecular diagnostics for identifying drug-resistant mycobacteria, a critical issue in tuberculosis (TB) management. Prof. Gupta discussed the significance of rapid and accurate detection methods to guide effective treatment decisions and curb the spread of drug-resistant strains. Key topics included the principles of molecular diagnostics, such as PCR-based assays and whole-genome sequencing, for detecting genetic mutations associated with resistance. The seminar highlighted the importance of integrating these advanced techniques into clinical practice to improve TB control efforts worldwide. Prof. Gupta also emphasized the need for ongoing research and collaboration to develop novel diagnostic tools tailored to diverse healthcare settings and resource constraints.





■ Mental Health Awareness

The Department of Microbiology along with the Department of Physical Education hosted a Mental Health Awareness Session on Mental Health Awareness and Substance Use in association with Centre for Community Medicine, AIIMS, New Delhi on the 6th of February, 2024. The session witnessed the presence of Dr. Aman Dua, a Doctoral Scholar at the Centre for Community Medicine, AIIMS, New Delhi. She is a public health professional specializing in enhancing mental health and substance use literacy among young adults and is trained as a medical doctor with expertise in Public Health. There were two 1.5-hour sessions and 150 students from different disciplines. Participants in the workshop included faculty members from the departments of Geology, Physical Education, Environmental Science, and Microbiology.



Dr. Dua particularly stressed on the need to do away with the stigma with regard to mental health. She discussed how we may manage our mental health by adhering to the mental health checklist and practicing yoga and meditation. The lesson proved to be very beneficial and educational for the pupils.

Workshops & Events

1. SERENITY (B.A PROGRAM)



Open Mic:

The Serenity Society's Open Mic Night, held on October 5th, was a vibrant celebration of B.A. program students' talents. Over 50 students showcased their skills in singing, poetry, music, and comedy, creating a diverse and engaging event. Convened by Dr. Suneyana Sharma, the evening fostered a supportive and energetic atmosphere, solidifying a sense of community within the program.

TRIBAL TRIUMPH:

The BA Program Society of Ram Lal Anand College hosted "Tribal Triumph, " a two-day event on November 28th and 29th, 2023, to commemorate Jan Jati Diwas.

Through a painting competition "Cultural Canvas", a fact-sharing competition "Fact-o-Mania", a traditional attire competition "Traditional Tales", a debate competition "Native Narrative", and a quiz competition "Roots Rivals", Tribal Triumph provided a platform for students to showcase their talents and learn about the rich heritage of India's tribal communities.





2. IPL Auction

Ram Lal Anand College's Department of Economics hosted a nail-biting Mock IPL Auction on 21st February 2024, where students flexed their financial muscles to acquire cricketing talent. With strategic alliances formed and calculated risks taken, the event was a thrilling blend of competition and learning. Beyond the excitement, it underscored the relevance of economic principles in sports and left participants enriched with valuable insights.



3. The Department of Environmental Studies and the Internal Quality Assurance Cell and Developed Indian Mission in collaboration with H.M.E. Waste Management (An Environment Protection Company) organised a training workshop on the topic 'Mission Life and E-Waste Management' on the 24th of February, 2024. Dr. Renu Sharma, Head of Program Research and Advocacy, H.M.E. Waste Management (An Environment Protection Company) was the speaker for the event. The program shed some important insight to the students. Overall the event was successful.



4. **Quill to Query: Navigating Publishing Waters**

Abhivyakti Society's event, 'Quill to Query, ' was held on 4th Dec 2023. It unfolded as an enriching journey bridging literature and practical insights into the world of writing and publishing. The session commenced with warm greetings and extending a welcome to dignitaries, the audience, and esteemed guests, Ms. Paloma Dutta and Dr. Nandini Sen. Dr. Sen, a literature teacher and accomplished author, shared invaluable advice on writing, emphasizing the importance of perseverance and not discarding any creative work. She drew inspiration from her Bengal culture, challenging societal norms through her rebellious childhood. Ms. Paloma Dutta, a senior editor at Harper Collins, took the stage, shedding light on the business of books and demystifying the workings of publishing houses. She encouraged aspiring writers to find their voice and navigate the publishing process.

The event continued with a seamless transition to Dr. Deepti Bhardwaj, who opened the mic for students to interact with our guest. As the event concluded, participants captured the essence in shared moments. "Quill to Query" not only provided valuable insights into the literary world but also inspired budding writers to embark on their writing journeys with confidence and authenticity.





5. The Department of Computer Science organized a workshop on VLabs on 18th of October 2023. The program witnessed large number of participations.

Competitions

1. Ka-Ching:

Name of the event: ComIQ
Date and duration: 30.10.2023- 31.10.2023
Venue/online: College
Nature of event: Inter College





The quiz competition assessed participants' expertise in accounting, finance, marketing, management, and entrepreneurship. The questions covered a wide array of topics, such as financial statement analysis, investment planning, market research methods, organizational theories, and startup strategies. Participants were challenged to apply these concepts to solve complex business problems and showcase their understanding of real-world scenarios. The competition aimed to identify individuals with a holistic grasp of commerce-related disciplines, emphasizing critical thinking, analytical skills, and practical knowledge. Participants were evaluated on their ability to integrate these domains, demonstrating a comprehensive understanding of the multifaceted aspects of modern business practices.

In the fund allocation competition, participants were tasked with optimizing the distribution of limited resources among various investment options. This challenge tested their financial acumen, strategic thinking, and risk management skills. Participants analyzed different investment opportunities, considering factors like potential returns, risks, market trends, and economic indicators. They developed investment portfolios, justified their choices based on market analysis. The competition evaluated participants' ability to make informed decisions, allocate funds wisely, and adapt to changing market conditions. It fosters financial literacy, decision-making agility, and analytical prowess among participants, preparing them for real-world investment scenarios.



2023 to make the students express their views and insights on issues related to G20 and to promote the interest ofeconomics enthusiasts in discussing global economic and political matters. The total participation was more than 50 members from various colleges of the University of Delhi





Charcha Manch

The Charcha Manch Group Discussion Competition took place on December 7, 2023, in the seminar room, witnessing active participation from 20 to 25 members. The competition focused on the 2023 Nobel Prize winner for Economics, with a specific emphasis on women earning and labour participation.

3. Chandrayaan Quiz

Date and duration: 25th October 2023 and 26th October 2023,

Venue: College Campus

The Quiz Society under the guidance of the Ministry of Education encouraged students to participate in the Chandrayan Maha Quiz. 102 students participated in the quiz where they got to test their knowledge about the Chandrayaan-3 mission and space science in general. The quiz aimed to engage and make people aware about India's space exploration efforts and inspire them to learn more about space initiatives.

4. Constitution Quest

Date and duration: : 21st November, 2023

Venue: Seminar Room, Ram Lal Anand College

'Quru' The Quiz Society of Ram Lal Anand College organized, the Constitution Quest following the Samvidhan Diwas on 26th November 2023. The competition started with a description of the rules and regulations of the three rounds that were held in total. The first round comprised the Preliminary round, the second was the advanced level and the third was the final Rapid-fire round. The event came to an end with three winners, Team 'Sahi Hai' winning the first position, Team 'Men in Black' grasped the second, and finally Team 'BAP Bros' bagged the third prize. All the winners along with the participants were passionate during the whole event where everyone wanted to grasp the title.

4. Enactus RLAC

The Enactus RLAC chapter flourished with remarkable achievements throughout the year 23-24, showcasing excellence in events and competitions. Engaging in a total of 18 competitions spanning from April 23 to March 24, our members left an indelible mark on the landscape of entrepreneurship and sustainability.

Participating in diverse competitions encompassing business plans, case studies, and quizzes, our members demonstrated exceptional prowess, solidifying the society's reputation. Notable triumphs include securing

the top spot in a quiz on sustainable goals hosted by St. Stephens, Delhi University. Additionally, our representation of Project Aakar garnered first positions in various business plan competitions, notably Venture Voice by Ramanujan College, Delhi University, as well as competitions hosted by Enactus Ramjas College and Bharti Vidyapeeth, etc.

5. E-Cell:

Dying Pitch

On April 21, 2023, The Dying Pitch contest took place offline in Seminar Room, RLAC, lasting 4 hours. Mr. Parth Bhalla, a seasoned entrepreneur, was a featured speaker. The inter-college event focused on business bidding and revival, challenging participants' financial acumen and decision-making abilities. Rounds included a preliminary quiz, strategic allocation of funds to revive companies, and pitching business plans to judges. Winners were selected based on equity exchanged, business model strength, and relevance to the task, with cash prizes awarded. The event provided a platform for showcasing financial management and strategic prowess, garnering positive feedback from participants.

Bid-to-Build

On April 21, 2023, the Bid-to-Build competition took place offline at Conference Room, Room No.5, spanning 4 hours. Mr. Aakarshan Sethi, an experienced consultant, was among the speakers. The event, an inter-college competition, integrated bidding, pitching, and marketing. Eight teams advanced from the online quiz to the main event. Teams engaged in bidding, product presentation, and on-the-Spot marketing, culminating in the selection of a winner. Awards included a Rs. 2, 000 cash prize for the winner and Rs. 1, 000 for the runner-up. Participants praised the innovative format and opportunity to showcase their entrepreneurial skills, making it a highly successful event.

6. IMPLOSION-MATHS

The Department of Mathematics at Ram Lal Anand College orchestrated a captivating Inter-College Mathematical Quiz Competition titled 'THINK OR SINK' as part of its annual departmental fest, IMPLOSION'24, held on the extraordinary date of 29th February 2024. This event, conceived with the aim of promoting mathematical acumen and nurturing a sense of scholarly camaraderie, drew participants from diverse colleges.

'THINK OR SINK' was meticulously designed to assess the contestants' depth of knowledge, problem-solving prowess, and capacity for strategic thinking. The rounds, namely the History of Indian Mathematics, Rapid Fire Round, and the Mathematically-Twisted Snakes and Ladders, presented a multifaceted challenge to the participants, spanning domains such as historical mathematics, arithmetic reasoning, and quantitative aptitude.

In summation, the Inter-College Mathematical Quiz Competition, 'THINK OR SINK, ' orchestrated by the Department of Mathematics at Ram Lal Anand College, stands as a shining testament to the power of mathematical inquiry and intellectual rigor. Its resounding success has had participants inspired and hungry for further mathematical challenges, setting the stage for future explorations in the enchanting realm of mathematics.

राजभाषा मातृदिवस रिपोर्ट

रामलाल आनंद कॉलेज में 19 फ़रवरी – 26 फ़रवरी 2024 तक मातृदिवस सप्ताह का आयोजन किया गया। जिसके अंतर्गत 19 फ़रवरी 2024 को हिंदी हस्ताक्षर आवाहन चलाया गया। माननीय कल्चर मिनिस्टर मीनाक्षी लेखीजी द्वारा हिंदी में हस्ताक्षर किए गए। इस अवसर पर इंदिरा गाँधी राष्ट्रीय सांस्कृतिक कला केन्द्र के सचिव श्री सच्चिदानन्द जोशी कॉलेज के प्राचार्य ने भी हिंदी में हस्ताक्षर दर्ज कराये ये अविस्मरणीय पल रहा।





गुरु और शिष्य

एक दिन एक गुरु और शिष्य जंगल से अपने गांव जा रहे थे। चलते चलते सूरज ढलता गया और रात हो गई तभी शिष्य ने कहा की क्यों न हम किसी गांव में रात गुज़ार ले। गुरु और शिष्य पास के एक गांव में गए वहां एक झोंपड़ी देखकर उसके पास जा पहुंचे और झोंपड़ी का दरवाज़ा खटखटाया तभी एक आदमी बाहर निकला उन्होंने उससे पूछा कि क्या हम एक रात आपकी झोंपड़ी में गुजार सकते है क्योंकि हमारा गांव दूर है? उस व्यक्ति ने रात गुजारने के लिए जगह दे दी।

गुरु ने उस व्यक्ति से पूछा कि आप तो काफी गरीब लगते हैं अपना भरण पोषण कैसे करते है व्यक्ति ने कहा की मेरे पास जमीन तो बहुत है परपर गांव वाले कहते हैं वह जमीन बंजर है उसे पर खेती करके कोई फायदा नहीं इसलिए मैं अपने पूरे परिवार का भरण पोषण एक भैंस के द्वारा करता हूं गुरुजी ने उसकी बात सुनी और कुछ सोचने लगे सभी लोग रात को सो गए तभी जब काफी रात हो गई तो गुरु जी ने शिष्य को उठाया और उसकी भैंस को साथ लेकर रात में ही निकल गए शिष्य को गुरु की यह बात अच्छी नहीं लगी शिष्य ने गुरु से कहा गुरु जी अब वह व्यक्ति अपना परिवार कैसे पलेगा आप उसकी भैंस ले आए गुरुजी मुस्कुराने लगे। करीब 10 साल बाद वह शिष्य से एक बहुत बड़ा गुरु बन गया उसने सोचा चलो चल कर देखा जाए वह व्यक्ति किसी हालत में है।

वह शिष्य उस व्यक्ति के गांव पहुंचा तो उसने देखा जो जमीन बंजर पड़ी थी। उसमें फूल खिल रहे हैं जहां झोंपड़ी थी वहां अब एक विशाल घर बना है तभी वह व्यक्ति शिष्य को दिखाई दिया शिष्य ने व्यक्ति से कहा हम एक रात आपके यहां रुके थे अपने गुरु जी के साथ क्या आपने पहचाना? व्यक्ति ने कहा हां उस रात आप भी चले गए और मेरी भैंस भी फिर मैं अपनी बंजर जमीन पर खूब मेहनत की और उसे बंजर जमीन को उपजाऊ बना दिया और आज मेरे पास सब कुछ है गांव के सबसे अमीर आदमियों में मेरी गिनती होती है।

तब वह शिष्य अपने गुरु के बारे में सोचने लगा की मैं अनजाने में अपने गुरु को गलत समझा। वहीं गुरुजी ने इस व्यक्ति को मेहनत का पाठ पढ़ाने के लिए ये सब किया। अपने गुरु को प्रणाम कर और व्यक्ति को आशीर्वाद आगे बढ़ गए।

इस कहानी से हमे यह शिक्षा मिलती है कि हर व्यक्ति में कही न कही कोई प्रतिभा छुपी होती है। जो पारिवारिक या सामाजिक जिम्मेदारी के कारण इसे पहचान नहीं पाते और बंधनों में बंधकर रह जाते हैं। परंतु थोड़ी मेहनत से उस प्रतिभा को पहचान सकते है।

अनिता शर्मा
सूक्ष्म जैव विज्ञान विभाग

कृष्ण की भक्ति

मुंबई में समुद्र के किनारे बड़ा सा पंडाल लगा हुआ था चांदनी रात थी। पंडाल इतना बड़ा था कि चार पांच हज़ार लोग साथ बैठ सकते थे। बीच बीच में बड़े स्पीकर लगे हुए थे ताकि वक्त की बात श्रोता तक पहुंच सके।

पंडित जी भगवान कृष्ण की की के रहे थे कथा के बीच में पंडित जी भजन भी गा रहे थे जिसे सभी

श्रोता भाव विभोर होकर सुन रहे थे पंडित जी इतने अच्छे कहानीकार थे कि कहानी सुनते सुनते श्रोताओं की आंखे नम हो जाती थी तो किसी किसी की आखों से अश्रुओ की धारा थम ही नहीं रही थी। पंडित जी कथा में बता रहे थे कि यशोदा कान्हा को उठा रही थी "कान्हा उठ जा देख भोर हो गई है तेरे सारे मित्र मनसुख , सुदामा, ख्याला, रामू सभी गए हैं आज गैया चराने नहीं जायेगा क्या?"

उधर दूसरी तरफ एक डाकू अपने साथियों सहित चोरी करने के उद्देश्य से किसी के घर में घुस जाता है उस स्पीकर की आवाज वहां तक आ रही थी। डाकुओं ने पूरा घर छान मारा लेकिन उन्हें कोई कीमती वस्तु आदि नहीं मिली सभी चोर निराश हो गए। चोरों के सरदार का ध्यान पंडित जी की बातो पर जा रहा था।

पंडित जी बता रहे थे की मां यशोदा ने कान्हा को उठाया और तैयार करने लगी। कृष्ण की बचपन की व्याख्या करके पंडित जी बता रहे थे की कृष्ण को यशोदा ने हीरे मोती जड़े मुकुट को पहनाया, हाथो में सोने के बाजू बंद बांधे, गले में हीरे मोती से जड़ी माला पहनाई। चांदी की बंधी कमर बांध पहनाई। और कृष्ण को उसकी प्यारी बांसुरी दी। कृष्ण को पीताम्बर धारण करके तैयार किया। और यह सुनकर चोरों का सरदार खुश होकर बोला इतना समय ऐसे ही व्यर्थ किया। उसने अपने सभी साथियों को कहा तुम सब जाओ आज मैं मोटा माल लेकर ही आउंगा चोरों का सरदार उस दिशा में आगे बढ़ने लगा जहां से आवाज आ रही थी चोर धीमे–धीमे पंडाल में सबसे आगे पंडित जी के पास पहुंच जाता है।

पंडित जी बता रहे हैं कि कृष्ण अपने बाल सखा के साथ सभी गाय व बछड़े को लेकर यमुना के किनारे चल देते हैं। वहां हर तरफ हरियाली है। पंडित जी इसी तरह अपनी कहानी आगे बढ़ते चले गए। कहानी खत्म कर के अपनी दीक्षा ली और घर की ओर चल दिए थोड़ी देर चलने पर उनको एहसास हुआ कि कोई उनका पीछा कर रहा है पर वह घर की ओर प्रस्थान कर गए। चोर आज भी कृष्ण के गहनों की तलाश में घूम रहा है।

संजय कुमार

इसी श्रृंखला में मातृदिवस के सुअवसर पर प्रशासनिक कर्मचारियों और अधिकारियों के लिए लघु कहानी और प्रशासनिक पत्र लेखन प्रतियोगिता का आयोजन किया गया। जिसके अन्तर्गत 20 से अधिक प्रतिभागियों ने भाग लिया। विजेताओं और प्रतिभागियों को प्रमाणपत्र एवं पुरस्कृत धनराशि प्रदान की गई स विद्यार्थियों के लिए लघु कहानी प्रतियोगिता का आयोजन किया गया इसके साथ ही मातृभाषा दिवस के अन्तर्गत मातृभाषा में वार्तालाप की छोटी वीडियो बनाने का अभियान चलाया गया जिसने छात्रों, प्रवक्ताओं और प्रशासनिक अधिकारियों और कर्मचारियों ने बढ़–चढ़ कर सहभागिता दर्ज कराई।








हिंदी पत्रकारिता एवं जनसंचार विभाग 2023–24

राम लाल आनंद महाविद्यालय के हिंदी पत्रकारिता एवं जनसंचार विभाग के विद्यार्थियों के लिए शैक्षिक सत्र 2023–24 में अनेक आयोजन किए गए। इसकी शुरुआत विभाग के विद्यार्थियों द्वारा बनाई गई डॉक्यूमेंट्री की स्क्रीनिंग से हुई तो सेमेस्टर के अंतिम आयोजन के रूप में विभाग ने शैक्षिक भ्रमण का आयोजन किया।



डॉक्यूमेंट्री स्क्रीनिंग : विभाग में 19 सितम्बर 2023 को सीनियर विद्यार्थियों की बनाई पांच डॉक्यूमेंट्री को दिखाया गया। इस आयोजन से जहां नए विद्यार्थियों को यह बताने का प्रयास किया गया कि इसी तरह से आप सभी को भी काम करना है। डॉक्यूमेंट्री का निर्माण करना है, वहीं डॉक्यूमेंट्री बनाने वाले विद्यार्थियों को उनके काम में रह गई कमियों को बताया गया। पत्रकारिता परिषद की ओर से आयोजित हिंदी पत्रकारिता एवं जनसंचार विभाग के संयोजक प्रो. राकेश कुमार ने डॉक्यूमेंट्री स्क्रीनिंग का सत्र क्यों रखा गया है, इसके बारे में बताया। उन्होंने कहा कि इससे नए बच्चों को यह पता चलेगा कि उनके सीनियर किस तरह से काम करते रहे हैं। इसके बाद सबसे पहले तृतीय वर्ष की छात्रा निहारिका और शिवानी की तिब्बती शरणार्थियों पर बनाई डॉक्यूमेंट्री दिखाई गई। निशा, अफसाना और कविता की बनाई 'कचरे में गुम जिंदगी' डॉक्यूमेंट्री दिखाई गई। इसी क्रम में जवाहरलाल नेहरू विश्वविद्यालय की राजनीति को लेकर लक्ष्य और प्रभाकर की डॉक्यूमेंट्री में जेएनयू के परिदृश्य को दिखाया गया। रितु की डॉक्यूमेंट्री में 'गेटोर की छतरियां' में जयपुर के शाही शमशान घाट को दिखाया गया। अंत में रिया और प्रेरणा की बनाई डॉक्यूमेंट्री 'हुमायूं का मकबरा' दिखाई गई।



फोटोग्राफी कार्यशाला : विभाग ने 25 सितंबर 2023 को एक दिवसीय फोटो कार्यशाला 'फोटोग्राफी : तब और अब' का आयोजन किया, जिसमें मुख्य अतिथि के रूप में एमिटी यूनिवर्सिटी के प्रो. अमित चावला मौजूद थे। कार्यशाला आयोजित करवाने का मुख्य उद्देश्य विद्यार्थियों को वर्तमान पत्रकारिता के परिप्रेक्ष्य में कैमरा एवं फोटोग्राफी के महत्व एवं संबंधित तकनीक से अवगत कराना था। सबसे रोचक यह रहा कि पत्रकारिता में शुरू से अब तक इस्तेमाल होने वाले सभी कैमरों के बारे में बताया गया। कार्यशाला संयोजिका डॉ. निशा सिंह ने विषय के बारे में जानकारी दी।



पर्यावरण पत्रकारिता में डाटा विजुअलाइजेशन : 11 अक्टूबर 2023 को 'पर्यावरण समाचार में डाटा विजुअलाइज़ेशन' नामक वर्कशॉप महाविद्यालय के कंप्यूटर लैब में आयोजित की गई। कार्यशाला की संयोजक सुश्री श्वेता आर्या ने उसकी महत्ता पर प्रकाश डाला। पर्यावरण पत्रकारिता के लिए मशहूर पत्रिका 'डाउन टू अर्थ' के वरिष्ठ सहायक संपादक राजित सेन गुप्ता ने विद्यार्थियों को फास्ट फैशन और उससे होने वाले नुकसानों से अवगत करवाया। पर्यावरण पत्रकारिता में डाटा विजुअलाइज़ेशन के बारे में बताया और कंप्यूटर में व्यावहारिक रूप से विद्यार्थियों से डाटा विजुअलाइज़ेशन भी करवाया गया।



नए विद्यार्थियों का स्वागत : हिंदी पत्रकारिता के प्रथम वर्ष के विद्यार्थियों के लिए 12 अक्टूबर 2023 को स्वागत समारोह का आयोजन किया गया। इन विद्यार्थियों की प्रतिभा, रुचि और लगन देखने के लिए उन्हें सीनियर की ओर से विभिन्न तरह के टास्क दिए गए थे। सभी नवागंतुक विद्यार्थियों ने पूरे मन से तैयारी की थी, जिसकी बानगी वहां प्रस्तुतियों में देखने को मिली। विद्यार्थियों के बीच मिस्टर और मिस फ्रेशर बनने के लिए तीन राउंड के टास्क रखे गए। अंत में विभाग के संयोजक प्रो. राकेश कुमार ने शिक्षकों द्वारा तय किए गए मिस्टर और मिस फ्रेशर की घोषणा की। उन्होंने बताया कि आर्यन को मिस्टर फ्रेशर और आस्था को मिस फ्रेशर के लिए चुना गया है।



'समाचार पत्र निर्माण' विषयक कार्यशाला : विभाग की ओर से 17–18 अक्टूबर 2023 को 'समाचार पत्र निर्माण' विषयक दो दिवसीय कार्यशाला का आयोजन किया, जिसमें प्रिंट पत्रकारिता के विशेषज्ञ और विभाग के प्राध्यापक डॉ. अटल तिवारी मुख्य प्रशिक्षक के तौर पर मौजूद रहे। कार्यशाला में विभाग के तीनों वर्षों के विद्यार्थियों ने हिस्सा लिया। पहले दिन विभाग के संयोजक प्रो. राकेश कुमार ने कार्यशाला की औपचारिक शुरुआत करते हुए आयोजन की महत्ता पर प्रकाश डाला। डॉ. अटल तिवारी ने शुरुआत में पीपीटी के माध्यम से समाचार पत्र निर्माण के बुनियादी बिंदुओं से विद्यार्थियों को अवगत करवाया। हिंदी टाइपिंग और समाचार पत्र निर्माण वाले सॉफ्टवेयर 'क्वॉर्क एक्सप्रेस' का महत्व बताया। पहले दिन कार्यशाला के अंत में विद्यार्थियों को एक पृष्ठ में लेआउट खींचकर लाने का गृह कार्य दिया गया। दूसरे दिन सभी विद्यार्थियों ने अपना–अपना पृष्ठ एक–दूसरे के साथ साझा किया। लेआउट में कमियां निकालीं। विशेषज्ञ शिक्षक ने भी कुछ एक लेआउट में कमियां बताईं और पृष्ठ बेहतर बनाने के सुझाव दिए। दो दिवसीय कार्यशाला से विद्यार्थियों ने डमी निर्माण, लेआउट खींचना, डिज़ाइन और पेज मेकअप करना सीखा।



'वद्ज़दा' फिल्म की स्क्रीनिंग : पत्रकारिता परिषद ने 27 अक्टूबर 2023 को 'वद्ज़दा' फिल्म की स्क्रीनिंग की। फिल्म की कहानी समाज की काली सच्चाई बयां करती है। उसमें दिखाया गया कि कैसे धर्म के नाम पर महिलाओं पर अनेक तरह की बंदिशें लगाई जाती हैं। विभाग के संयोजक प्रो. राकेश कुमार ने बताया कि यह फिल्म सऊदी अरब में शूट की गई पहली

फीचर फिल्म है। यह एक सच्ची घटना से प्रेरित है। उन्होंने कहा कि इस फिल्म के माध्यम से विद्यार्थी एक पूरे समाज को जान सकते हैं।



मीडिया कानून और अदालत की रिपोर्टिंग : 31 अक्टूबर 2023 को सेमिनार कक्ष में 'मीडिया कानून और अदालत की रिपोर्टिंग' विषयक व्यावहारिक प्रशिक्षण का आयोजन किया गया। प्रशिक्षण में मुख्य वक्ता के तौर पर प्रभाकर मिश्र ने विद्यार्थियों को कोर्ट की रिपोर्टिंग के बारे में बताया कि किस तरह सुप्रीम कोर्ट या हाईकोर्ट में रिपोर्टिंग की जाती है। किन बिंदुओं पर विशेष ध्यान दिया जाता है और मीडिया में ऐसे मुद्दों का क्या महत्व होता है। उन्होंने विद्यार्थियों को चुनावी बॉन्ड, आईपीसी, सीआरपीसी, मानहानि, जूनियर जज से सीनियर जज बनने तक की प्रक्रिया और पीआईएल इत्यादि के बारे में जानकारी दी। विभाग की शिक्षिका डॉ. सीमा भारती ने सभी का धन्यवाद ज्ञापन किया।



स्वच्छता अभियान : हिंदी पत्रकारिता के विद्यार्थियों ने परिसर में 1 नवम्बर 2023 को स्वच्छता अभियान चलाया। इसमें तीनों वर्षों के विद्यार्थियों और प्राध्यापकों ने मिलकर श्रमदान किया। विभाग संयोजक प्रो. राकेश कुमार ने सभी विद्यार्थियों को स्वच्छ भारत अभियान और स्वच्छ परिसर के बारे में जानकारी दी। साथ ही उन्हें दस्ताने और बैग्स दिए गए। तत्पश्चात उनके निर्देशन में विद्यार्थियों ने सफाई अभियान चलाया।





'ट्रैवल जर्नलिज्म' पर कार्यशाला : हिंदी पत्रकारिता एवं जनसंचार विभाग और सामुदायिक रेडियो तरंग 90.0 एफएम के सहयोग से 30 नवम्बर 2023 को 'ट्रैवल जर्नलिज्म' विषयक कार्यशाला आयोजित की। यह कार्यशाला चार चरणों में हुई, जिसमें प्रथम चरण में फोटो प्रदर्शनी थी। इसमें शिक्षकों एवं विद्यार्थियों की खींची गई बेहतरीन तस्वीरों को रखा गया। दूसरे चरण में विभाग के शिक्षक डॉ. प्रदीप कुमार के यात्रा वृत्तान्त 'फाइव कलर्स आफ ट्रैवल' का विमोचन हुआ। इसमें लेखक सहित विभाग के संयोजक प्रो. राकेश कुमार ने हिस्सा लिया। तृतीय चरण में मुख्य वक्ता उमेश पंत ने विद्यार्थियों को ट्रैवल जर्नलिज्म के बारे में बताया। उन्होंने कहा कि यात्रा में होना दरअसल अपना पहना हुआ उतार कर दुनिया का उतरा हुआ

पहन लेना है। उमेश पंत ने कृष्णनाथ, अनिल कुमार, राहुल सांकृत्यायन आदि लेखकों को पढ़ने और उनके लिखने की विधा सीखने के लिए प्रेरित किया। कार्यक्रम में प्राचार्य प्रो. राकेश कुमार गुप्ता, विभाग के संयोजक प्रो. राकेश कुमार, डॉ. निशा, डॉ. सीमा झा सहित अनेक शिक्षक मौजूद रहे।



एडिटिंग सॉफ्टवेयर सर्टिफिकेट कोर्स : मीडिया में रुचि रखने वाले विद्यार्थियों के लिए 'एडिटिंग सॉफ्टवेयर सर्टिफिकेट कोर्स' 3 फरवरी 2024 को गूगल मीट प्लेटफार्म पर ऑनलाइन शुरू किया गया। इसकी अवधि 24 मार्च 2024 तक रहेगी। पहले दिन उद्घाटन सत्र में विभाग के संयोजक प्रो. राकेश कुमार ने प्रतिभागियों का स्वागत करते हुए कहा कि इसका मुख्य उद्देश्य विद्यार्थियों को मीडिया में प्रयोग होने वाले सॉफ्टवेयर्स की जानकारी देना है, जिससे विद्यार्थी इन सॉफ्टवेयर को इस्तेमाल करना अच्छे से सीख पाएं। कोर्स के सह समन्वयक डॉ. प्रदीप कुमार ने कहा कि इसमें विशेषज्ञ अलग अलग मीडिया प्रोडक्शन के सॉफ्टवेयर सिखाएंगे। कोर्स के दौरान एडोब इनडिजाइन, क्वार्क एक्सप्रेस, कोरल ड्रा, एडोब ऑडिशन, एडोब प्रीमियर प्रो, एडोब आफ्टर इफेक्ट्स, एडोब इलस्ट्रेटर, वर्डप्रेस, ब्लॉगर आदि सॉफ्टवेयर सिखाए गए। छात्र समन्वयक की जिम्मेदारी आयुष प्रजापति पर रही।





रेडियो तरंग 90.0 एफएम की पहली वर्षगांठ : राम लाल आनंद महाविद्यालय के सामुदायिक रेडियो तरंग 90.0 एफएम की पहली वर्षगांठ विश्व रेडियो दिवस पर 13 फरवरी 2024 को मनाई गई। एम्फी थिएटर में आयोजित भव्य समारोह में मुख्य अतिथि के रूप मे मौजूद ऑल इंडिया रेडियो में प्रोग्रामिंग हेड रहीं डॉ. रितु राजपूत ने कहा कि रेडियो के लिए मानक सम्मत भाषा बरकरार रखनी है। उसके साथ बोलचाल की भाषा होनी चाहिए। हां, यह ध्यान रखना चाहिए कि वह सहज, सरल और आसानी से समझ में आने वाली हो। इसके लिए आप अच्छे लोगों को सुनिए। अच्छे लोगों से सीखिए। अच्छा पढ़िए। एयर पर जाने से पहले क्रास चेक करिए। बीबीसी हिंदी के वरिष्ठ पत्रकार रेहान फजल ने कहा कि पत्रकारिता में आपको इस तरफ का भी लेना है। उस तरफ का भी लेना है। तभी आप सही पत्रकारिता कर पाएंगे। प्राचार्य प्रो. राकेश कुमार गुप्ता ने कहा कि मन में सवाल आया कि क्या हमारे विद्यार्थी सभी संचार माध्यमों के लिए तैयार हैं, इसी सवाल ने रेडियो स्टेशन की स्थापना की ओर बढ़ाया। चुनौतियां बहुत रहीं। होनी भी चाहिए। उन्हीं से हम सीख पाएंगे। रेडियो तरंग के निदेशक प्रो. राकेश कुमार ने सामुदायिक रेडियो की स्थापना का विचार आने से लेकर अब तक की पूरी यात्रा पर प्रकाश डाला। समारोह में रेडियो तरंग में सबसे अधिक योगदान देने वाले पांच विद्यार्थियों–शृंगारिका, निहारिका, शिवांश, कृष्णकांत और आदित्य कनोजिया को पुरस्कृत किया गया। पिछले साल पासआउट बच्चों को भी पुरस्कृत किया गया, जो तरंग की शुरुआती यात्रा में शामिल रहे। इनमें दीपशिखा, समीरा, इमरान, रोहित, रवि, आकांक्षा, प्रीति, काजल, शिवानी आदि शामिल थे। विशेष सम्मान रेडियो तरंग की जिंगल बनाने

वाले कमल प्रजापति को दिया गया। धन्यवाद की जिम्मेदारी हिंदी विभाग की अध्यक्ष प्रो. अर्चना गौड़ ने निभाई। समारोह में उपप्राचार्य प्रो. सुभाष चन्द्र डबास, प्रो. श्रुति आनंद, डॉ. एनी रे, डॉ. रीना, डॉ. सुनयना, डॉ. रोशनलाल मीणा सहित विभाग के सभी शिक्षक और विद्यार्थी मौजूद रहे।



अंतरराष्ट्रीय महिला दिवस पर 'संसृष्टि' : हिंदी पत्रकारिता एवं जनसंचार विभाग की ओर से आयोजित 'संसृष्टि' समारोह में प्राचार्य प्रो. राकेश कुमार गुप्ता ने नारी शक्ति पर विचार करते हुए कहा कि 1964 में महाविद्यालय में 20 फीसदी महिलाओं की भूमिका होती थी, जो आज 45 से 50 फीसदी तक पहुँच गई है। महाविद्यालय के टापर्स की सूची देखता हूँ तो लड़कियों की बहुतायत संख्या सुख देती है। बोर्ड परीक्षाओं में लड़कियों के बेहतरीन प्रदर्शन की प्रशंसा करते हुए कहा कि समाचार पत्रों की पहली हेडलाइन लड़कियों के नाम की होती है। प्राचार्य ने मंच पर मौजूद महिला शिक्षकों को पुष्प देकर सम्मानित किया। साथ ही जेंडर सेंसटाइजेशन कमेटी अस्मि के विद्यार्थियों को प्रशस्ति पत्र देकर सम्मानित किया। शिक्षिका प्रो. प्रेरणा दीवान, प्रो. मुक्ता मजुमदार, प्रो. अर्चना गौड़, प्रो. श्रुति आनंद और प्रो. संजय कुमार शर्मा ने भी अपनी बात रखी। इससे पहले हिंदी पत्रकारिता के संयोजक प्रो. राकेश कुमार ने सभी लोगों का स्वागत करते हुए पूरे आयोजन की रूपरेखा रखी। वेस्टर्न डांस समिति इल्यूजन व दस्तूर ने नारी को संबोधित अपनी प्रस्तुति दी। अस्मि, इल्यूजन, दस्तूर, इनारा और रेडियो तरंग 90.0 एफएम के सहयोग से समारोह को आयोजित किया गया।

महाविद्यालय के रोज गार्डन में लगी महिला केन्द्रित फोटो प्रदर्शनी को लोगों ने निहारा।



पत्रकारिता के प्रथम वर्ष के विद्यार्थियों ने नारी केन्द्रित अपने नाटक से लोगों का दिल जीता। आर्यन के निर्देशन में जया, शिवम, रोहित, खुशी शाक्य, राहुल, अंशिका, सोनिका, दिव्या और खुशी चौहान के उम्दा अभिनय ने लोगों को भावुक कर दिया।



महिला शिक्षिकाओं के मध्य म्यूजिकल चेयर की प्रतियोगिता में कई रंग देखने को मिले, जिसमें विजेता का पुरस्कार प्रो. मुक्ता मजुमदार को मिला। वहीं कॉमन म्यूजिकल चेयर के विजेता डॉ. राजेश कुमार गौतम रहे। रोटी बनाने की प्रतियोगिता में डॉ. राजेश कुमार गौतम ने बाजी मारी। हेयर ब्रीडिंग, गेस द ऑब्जेक्ट, फेस पेंटिंग और पीरियड्स क्रैम्प स्टिम्युलेटर भी आकर्षण का केंद्र रहे।

प्रो. राकेश कुमार
संयोजक, हिंदी पत्रकारिता एवं जनसंचार
राम लाल आनंद महाविद्यालय

हिन्दी सप्ताह (12 सितंबर–16 सितंबर 2023)

राम लाल आनंद महाविद्यालय, दिल्ली विश्वविद्यालय हिन्दी विभाग, हिंदी साहित्य परिषद और राजभाषा समिति के संयुक्त तत्वावधान से हिन्दी दिवस के उपलक्ष्य में हिन्दी सप्ताह (12 सितम्बर – 16 सितम्बर 2023) आयोजन किया गया जिसके अन्तर्गत विभिन्न स्तरों पर प्रतियोगिताएं और व्याख्यान आयोजित किए गये।

जिसका विवरण निम्नलिखित है –

हिन्दी सप्ताह के अन्तर्गत दिनांक 12 सितम्बर को विद्यार्थियों के लिए अंतः महाविद्यालय रचनात्मक लेखन प्रतियोगिता का आयोजन किया गया जिसमे महाविद्यालय के विभिन्न विभागों के विद्यार्थियों ने हिस्सा लिया। प्रतियोगिता में प्रतिभागियों को 10 विषय की सूची दी गई जिसमे से किसी एक विषय पर प्रतिभागी को अपनी रचना लिखनी थी। महाविद्यालय के सेमीनार कक्ष में अपराह्न 1 बजे प्रतियोगिता शुरू हुई और प्रतियोगिता में 22 विद्यार्थियों ने भाग लिया। इस प्रतियोगिता के निर्णायक मण्डल में डॉ ऐनी रे और डॉ रीना थे।

इस प्रतियोगिता के विजेताओं के नाम हैं–

पहला स्थान – अम्बालिका शर्मा (बी ए आनर्स अंग्रेजी)
दूसरा स्थान – सृष्टि सिंह(बी ए ऑनर्स राजनीतिक विज्ञान)
तीसरा स्थान – लक्ष्य (बी ए हिंदी ऑनर्स)
तीसरा स्थान – विकास कुमार गुप्ता (बी ए प्रोग्राम)





हिन्दी सप्ताह के अन्तर्गत दिनांक 13 सितम्बर को महाविद्यालय के प्रशासनिक विभाग के लिए हिन्दी दक्षता प्रश्नोत्तरी प्रतियोगिता का आयोजन किया गया जिसमे 18 प्रशासनिक अधिकारियों /कर्मचारियों ने भाग लिया। महाविद्यालय के सेमीनार कक्ष में अपराह्न 1 बजे प्रतियोगिता शुरू हुई। इस प्रतियोगिता के निर्णायक मण्डल में डॉ रौशन कुमार मीना और डॉ ऐनी रे सम्मिलित थे।

इस प्रतियोगिता के विजेताओं के नाम हैं

पहला स्थान –श्रीमती चंचल बत्रा
दूसरा स्थान – श्री सुमित लाकड़ा
तीसरा स्थान – श्रीमती सुनीता शर्मा





हिन्दी सप्ताह के अन्तर्गत दिनांक 14 सितम्बर को विद्यार्थियों के लिए आशुभाषण प्रतियोगिता का आयोजन किया गया

जिसमे महाविद्यालय के विभिन्न विभागों के विद्यार्थियों ने हिस्सा लिया। महाविद्यालय के सेमीनार कक्ष में अपराह्न 1 बजे प्रतियोगिता शुरू हुई और प्रतियोगिता में 20 विद्यार्थियों ने भाग लिया। इस प्रतियोगिता के



निर्णायक मण्डल में डॉ. सुरेन्द्र कुमार, डॉ. मानवेश नाथ दास और डॉ. सुनयना शर्मा थे।

इस प्रतियोगिता विजेताओ के नाम इस प्रकार हैं–

पहला पुरस्कार – राम कुमार पाण्डेय (बीए ऑनर्स हिंदी तृतीय वर्ष)

दूसरा पुरस्कार – मनस्वी बांगड़ (बीए ऑनर्स राजनीति विज्ञान तृतीय वर्ष)

तीसरा पुरस्कार – अभिषेक सुमन (बी ए प्रोग्राम द्वितीय वर्ष)

तीसरा पुरस्कार – अंकुश बी एस सी (माइक्रो–बायोलॉजी द्वितीय वर्ष)



हिन्दी सप्ताह के अन्तर्गत दिनांक 15 सितंबर को महाविद्यालय के सभी शिक्षकों के लिए हिंदी रचनात्मक लेखन प्रतियोगिता का आयोजन किया गया एवं प्रतियोगिता में सभी विभागों से 45 प्रवक्ताओं ने भाग लिया। प्रतियोगिता में सभी प्रतिभागियों को दिए गये विषय में से किसी एक विषय पर अपनी रचनात्मकता प्रदर्शित करनी थी। इस प्रतियोगिता के निर्णायक मण्डल में डॉ ऐनी रे, डॉ रीना और प्रो श्रुति आनंद थे स इस प्रतियोगिता में विजयी रहे शिक्षकों के नाम हैं

पहला स्थान – प्रो राकेश कुमार (इतिहास विभाग)

पहला स्थान – डॉ मीनाक्षी ब्रम्हा (अंग्रेज़ी विभाग)

दूसरा स्थान – डॉ रितु वत्स (कॉमर्स विभाग)

दूसरा स्थान – डॉ सुनयना (अर्थशास्त्र विभाग)

तीसरा स्थान – डॉ वसंत मिश्रा (गणित विभाग)

तीसरा स्थान – डॉ सुधा चौधरी (माइक्रोबायोलॉजी विभाग)

इस प्रतियोगिता के विजेताओं एवं प्रतिभागियों को प्रमाणपत्र के साथ–साथ हिन्दी के सुप्रसिद्ध लेखकों की पुस्तके भेंट स्वरूप प्रदान की गईं।





हिन्दी सप्ताह के अन्तर्गत दिनांक 16 सितम्बर को विशेषज्ञ वक्ता डॉ विजय कुमार मल्होत्रा द्वारा 'राजभाषा,



राष्ट्रभाषा एवं भारतीयता' विषय पर व्याख्यान का आयोजन किया गया। रामलाल आनंद महाविद्यालय के प्राचार्य प्रो. राकेश कुमार गुप्ता द्वारा मुख्य अतिथि का स्वागत भाषण दिया गया स मुख्य अतिथि एवं वक्ता डॉ विजय कुमार मल्होत्रा ने रेल मंत्रालय मे राजभाषा अधिकारी के रूप मे अपने लंबे कार्यकारी अनुभव के आधार हिन्दी भाषा की ऐतिहासिक यात्रा, वर्तमान स्थिति एवं एक प्रमुख जनसंपर्क भाषा के रूप मे हिन्दी की दशा पर अपने विचार साझा किए स व्याख्यान के अंत मे अतिथि वक्ता ने विद्यार्थियों की जिज्ञासाएं भी शांत की। इसी कार्यक्रम के दौरान हिन्दी सप्ताह के अन्तर्गत हुई सभी प्रतियोगिताओं के प्रमाण पत्र भी वितरित किए गये।

कार्यक्रम के दौरान हिन्दी विभाग की प्रभारी प्रो. अर्चना गौड़, हिन्दी साहित्य परिषद की संयोजिका प्रो. श्रुति आनंद के साथ हिन्दी विभाग के अन्य शिक्षक सदस्य प्रो संजय शर्मा, डॉ सुरेंद्र कुमार, डॉ मानवेशनाथ दास,डॉ राजेश कुमार, डॉ रौशन, डॉ ऐनी, डॉ साधना, डॉ रीना भी उपस्थित रहे।



17 अक्टूबर 2023 को हिंदी विभाग ने महाविद्यालय में विद्यार्थियों को नेट/ जे. आर. एफ की बारीकियों को समझाने के लिए एक कार्यक्रम आयोजित किया। जिसमें वक्ता के रूप में हिन्दी विभाग के पूर्व विधार्थी आदित्य, किशन सरोज, रवींद्र कुमार, अमित और मिनाली गुप्ता को आमंत्रित किया गया।









आरोह हिन्दी वाद–विवाद समिति

संघर्षों की समर भूमि में, हमसे पूछो हम कैसे हैं, कालचक्र के चक्रव्यूह में, हम भी अभिमन्यु जैसे हैं... इन्हीं पंक्तियों से आरोह ने टर्नकॉट प्रबोधन 2.0 का आगाज़ किया। टर्नकोट के निर्धारित दोनो विषय पर सभी वक्ता ने अपने अपने पक्ष, विपक्ष और निष्कर्ष प्रस्तुत किए।

पहला विषय भय बिनु होई न प्रीति; सदन का मानना था की विदेश नीति में सख़्त रवैया भारत का पुनरुत्थान करेगा, पर कोई 1962,65 और 71 के युद्धों से पक्ष में अपने तर्क दिए। वहीं किसी ने श्रीरामचरितमानस सुंदरकांड के इस पंक्ति का वास्तविक भावार्थ बता वसुधैव कुटुंबकम् की भावना से अपने वक्तव्य को ओत प्रोत किया। वहीं दूसरी ओर शांति, सुरक्षा, संप्रुभता और प्रेम भाव से भारत को समृद्ध और सशक्त बनाने की बात कही। किसी ने वसीम बरेली की पंक्ति उसूलों पे जहाँ आँच आये टकराना ज़रूरी है...से सर्जिकल स्ट्राइक, बालाकोट एयरस्ट्राइक,परमाणु शक्ति परीक्षण और रूस यूक्रेन वार जैसे घटनाओं का जिक्र करते हुए विदेश नीति के प्रति सख़्ती पर जोर दिया। विपक्ष में तर्क देते हुए जियो पॉलिटिकल सिनेरियो ,वैश्वीकरण जैसे सिद्धांतो से भारत को सत्य और अहिंसा से विकसित भारत की ओर सांकेतिक किया। विषय के निष्कर्ष में लगभग सभी ने मेलजोल, सद्भावना और मैत्री भाव के साथ अहिंसा परमो धर्म से भारत के पुनरुत्थान का मार्ग बताया।

वहीं कुछ ने दूसरे विषय 'मनुष्य केवल अपने विचारों का उत्पाद है वह जो सोचता है वह बन जाता है' पर पक्ष और विपक्ष में अपने विचार दिए। किसी ने पक्ष में गांधी जी के इस कथन का समर्थन कर उनके सिद्धांतो और मूल्यों को रेखांकित किया। सत्य, अहिंसा और प्रेम का पालन करते हुए 'यद् भावं तद भवति' के सूत्र को सारगर्भित किया। विचार हमारे मन का दर्पण है, विचार व्यक्तित्व का चित्रण व प्रतिनिधित्व करती है, मनुष्य विचारो के डोर से बनी कठपुतली है...जैसे पंक्तियों से किसी ने भौतिकी के क्वांटम से जोड़ा तो दूसरे भूगोल और चाणक्य नीति से। सारांश में कुछ ने मनुष्य विचारों का उत्पाद तो कुछ ने कर्मो का उत्पाद कहा। कुछ सदन के विषय वह जो सोचता है वह बन जाता है का समर्थन किया । वहीं दूसरी ओर इसके विपरित वह जो करता है वह बन जाता है, पर ज़ोर दिया।

राम लाल आनंद कॉलेज, दिल्ली विश्वविद्यालय की डिबेटिंग सोसाइटी ने 4 दिसंबर 2023 को अध्यक्ष मनस्वी बनगढ़ और उपाध्यक्ष हिमांशु कुमार के मार्गदर्शन और अवलोकन में भारतीय न्याय संहिता विधेयक 2023 विषय पर एक युवा संसद का आयोजन किया, जिसमें कुल 30 प्रतिनिधि भाग ले रहे थे और अपने पोर्टफोलियो और अंतर्राष्ट्रीय प्रेस के 6 सदस्य प्रस्तुत कर रहे हैं। युवा संसद के कार्यकारी पैनल में खुशी वशिष्ठ (सोसाइटी के अध्यक्ष) और आदर्श प्रताप सिंह क्रमशः राजनीतिक सलाहकार और महासचिव के रूप में उपस्थित थे।

प्रतिनिधियों ने विभिन्न प्रसिद्ध राजनीतिक हस्तियों के पोर्टफोलियो को चुना, कार्यक्रम की शुरुआत प्रतिनिधियों के शुरुआती वक्तव्य से हुई जिसमें उन्होंने भारतीय न्याय संहिता विधेयक पर अपने विचार व्यक्त किए।

उसके बाद प्रतिनिधियों को अपने संकट प्रबंधन कौशल और आलोचनात्मक सोच को पैनल के सामने प्रस्तुत करने के लिए एक काल्पनिक स्थिति दी गई, कुछ ने युद्ध छेड़ने का निर्णय लिया, जबकि कुछ ने शांति का विकल्प चुना।

एआरएसडी कॉलेज से असदुद्दीन ओवैसी के पोर्टफोलियो का प्रतिनिधित्व करने वाले प्रतिनिधि आदित्य वाधवा ने सर्वश्रेष्ठ प्रतिनिधि का पुरस्कार जीता, पीजीडीएवी कॉलेज के छात्र दिव्या प्रताप को उच्च प्रशस्ति प्रदान की गई, आरएलए वंश बत्रा और एसजीएनडी खालसा के एक छात्र ने विशेष उल्लेख अर्जित किया। क्रमशः कॉलेज अंश और सर्वश्रेष्ठ रिपोर्टर का पुरस्कार आरएलए की छात्रा दिव्या सीकरी ने अर्जित किया, प्रतिभागियों को ट्रॉफी और प्रमाण पत्र प्रदान करने के साथ कार्यक्रम सफलतापूर्वक समाप्त हो गया।

अभिव्यक्ति

अभिव्यक्ति 'हिंदी रचनात्मक लेखन समिति' ने 1 फरवरी 2024 को एक कार्यशाला का आयोजन किया। कार्यशाला का विषय 'आगामी अंतर्राष्ट्रीय मातृभाषा दिवस के उपलक्ष में हिंदी की उपयोगिता एवं महत्ता' रही।

कार्यशाला में अभिव्यक्ति समिति के संयोजक डॉ. मानवेश नाथ दास व सह संयोजक प्रो. रोशन लाल मीणा उपस्थित रहे। मुख्य अतिथि के रूप में भारतीय जन संचार संस्थान के भाषा अध्यक्ष श्री अंकुर विजयवर्गीय ने विद्यार्थियों को संबोधित किया।

श्री अंकुर विजयवर्गीय ने अपने वक्तव्य के दौरान विद्यार्थियों से कहा कि किसी भी भाषा की सरलता उसे ज्यादा प्रभावी बनाती है। हमें सदैव भाषा की शुद्धता बनाए रखने के लिए रचनात्मकता का सहारा लेना चाहिए। इससे हमारी रचना आकर्षक व प्रभावी बनेगी। साथ ही वह बताते हैं कि नई पीढ़ी तक भाषा को पहुंचाने के लिए सरल और सहज शब्दों का इस्तेमाल करना चाहिए, जिससे वह आसानी से चीजों की समझ व स्वीकार कर सकें।

कार्यशाला में राम लाल आनंद महाविद्यालय के विभिन्न विभागों के विद्यार्थियों ने भाग लिया। कार्यशाला का संपूर्ण कार्यभार समिति के सदस्यों ने समिति अध्यक्ष अविशी खुराना के दिशानिर्देश अनुसार संभाला।





TAWARIKH (DEPARTMENT OF HISTORY)

Induction Programme was held for the Freshers of Department of History by Tawarikh: An Association of the History Department. The orientation, saw the participation of a huge number of students. Brief introduction about the induction programme, course was put forward by our Teacher Incharge of History Department Prof. Rajiv Kumar. Hosting of the event was done by the Joint Secretary of Tawarikh, Mr. Yash Sirohi. After the small introduction by Prof. Rajiv Kumar, the other important information about the societies, opportunities in those societies and facilities in those societies were given by a member of Tawarikh, Ms. Sharmishtha Dasgupta.

The main purpose of the Society Induction held on 6th October 2023 was to foster a sense of cohesion and camaraderie within the department. The program was hosted by Dhruvswamini Deora and Divya. The felicitation ceremony commenced with a welcome address by Dr. Krishan Gopal Tyagi, Dr. Rakesh Kumar and Prof. Narendra Kumar Pandey. Their gracious presence was a true inspiration. All the outgoing office bearers and team were felicitated by the teachers of the department. Secondly, the volunteers were awarded certificates for their exceptional work.

The Tawarikh organized a heritage walk to Purana Qila on 25th October. All the students and faculty members including Dr. Krishan Gopal Tyagi, Dr Shachi Meena, Dr. Parul Lau Gaur, Dr. Arvind, Dr. Shyamjeet Yadav and Prof. Rajiv Kumar were present. Dr. Shachi Meena addressed the students about the 3 gateways known as Bada Darwaza, the South Gate which is known as the Humayun gate and the Talaqi gate. The heritage walk included various activities to engage and educate participants with expert guide tour Dr. Sarjun Prasad (Assistant archaeologist). He covered forts, architectural features, historical significance, museums and stories behind different structures. It successfully achieved its objectives of enhancing students understanding, appreciation and preservation of historical heritage.

A Talk Session on the theme “History and Historiography” was organised at Ram Lal Anand College (University Of Delhi) under Tawarikh: An Association of the history on 06th December 2023. It saw the participation of numerous students who expressed their queries and thoughts on the topic. The informative talk session was conducted by Professor Shashi Upadhyay. The objective of the session was to raise awareness and build a crucial sense of understanding history. The coordination of the event was handled by Dr. Krishan Gopal





Tyagi. At the end the anchor Kumar Prasun, expressed gratitude to all participants.

The Department of History organized an International Conference on the 1st and 2nd of March, 2024 on the theme: "Cultures in Transformation: A Subcontinental Experience". The conference was held in collaboration with NCR, ICSSR, New Delhi. The event was graced with many prominent historians and academicians such as- Dr.Himanshu Chaturvedi, Dr. Kaushal Kumar Sharma, Dr. Gianluigi Segarlerba, Dr. R Mahalaxmi, Dr. Raziuddin Aquil and many more. The conference's convener, Dr. Krishan Gopal Tyagi, introduced the concept of culture, emphasizing its importance in our experiences and the protection it receives from both ordinary people and academics. Dr. Himanshu Chaturvedi emphasized the need to discuss culture with the youth, urging a shift from "unity in diversity" to "unity of diversity", during the inaugural session.

The conference covered six sessions on Knowledge Systems, Literary and Visual Cultures, Popular Cultures, Sacred Traditions, and Cultural Studies: Historical Perspectives. The first session, led by Dr. RC Pradhan, Dr. Gianluigi Segarlerba, and Dr. Aparna Dhir Khandelwal, discussed the body, heart, and soul, focusing on life's deeds and afterlife.

Prof. Seema Bawa, Prof. Shandhaya Sharma, Dr. Pratik Kumar, Dr.Prem Kumar and Y.S. Alone discussed literary cultures, addressing assumptions about vernacular literature, archaeological evidence of Dwarka and Krishna and natakays impact on cultural amalgamation. Dr. R Mahalaxmi, Dr. Y.S. Alone, Dr. Seema Bawa, and Dr. Deepti Bhardwaj discussed modernity, art practices, iconography and paintings.

Vishwani Singh
Secretary, Tawarikh (History Society)



Students' Reflections



● Awaaz, the debating society of Ram Lal Anand College, has been my home for growth and camaraderie. As someone who entered Delhi University through the ECA quota fuelled by a passion for debating, joining Awaaz was a defining moment. From organizing RLACMUN, Joint Crisis Committee and Agora Fest to immersing myself in intense debates and judging conferences, every experience has left a lasting impact. Awaaz isn't just a society; it's a tight-knit community where I've found my voice and purpose.

Maahir
B.Com (H), 3rd Year



● Being a senior coordinator of "Pathway- the placement cell" has always been a pleasure to me. The cell has given me a lot of exposure be it in personal or professional life. I have got to learn about management, time distribution and professional working systems. It has provided me with skills to develop my personality in every possible way. My participation in organizing annual Internships and Placement fairs (Milestones) has given me the opportunity to learn and give assistance to those that need guidance.

B. Chandini Chakma
BMS, 2nd Year



● Enactus, which stands for Entrepreneurial Action Us, is the initiative by us the students under the guidance of our college, that aims to promote art and culture through various activities. In the past Enactus has organised activities like pottery workshops and sessions under The Finesse Studio, and Project Aakar where we reused HDPE plastic, which is harmful for environment, and made art out of them. As a member of creative and marketing team for Enactus I learnt valuable skills such as graphic designing, content creation, social media management, and branding.

Sameer Kumar
BMS, 1st Year, Member, Enactus



● "Statecraft, as the name correlates is a society specifically dedicated to the Department of Political Science in the college. I joined the society at the beginning of my second year. The society has provided me with the skills of leadership and event management. I, along with co-members of the society have organized a certificate course with participation of students across different disciplinary backgrounds. Apart from that the society has organized several debates on different contemporary issues and topics.

Sameer Srivastava
B.A (H) Political Science, 2nd Year



● As a 1st year student, I think the NEP policy encourages students to reûect on their learning journey, fostering self-awareness and critical thinking. It also emphasizes experiential learning, allowing students to explore their interests and strengths. NEP promotes a culture of inquiry, where students actively engage in problem-solving and innovation. Through reûection, students can assess their progress, set goals, and develop lifelong learning skills.

Kasak Angu
B.Com (H), 1st Year

● The National Education Policy (NEP) in my



country has sparked both excitement and concerns among students. The emphasis on holistic education, flexibility in choosing subjects, and a shift towards skill development are positive aspects. However, there are apprehensions about the practical implementation, infrastructure, and the potential impact on existing educational structures. The 4th-year plan allows for specialized study, enabling students to delve deeper into their chosen field and better align their education with career goals. These additions enhance the overall learning experience and empower students to tailor their education to suit their individual interests and aspirations.

Komya Bharti
B.A. (H) English, 2nd Year



- According to me, NEP has helped us in achieving the holistic development that we need as a student. Extra subjects like VAC, SEC, AEC have boosted up our knowledge a little, in the other relevant fields. Multiple exit options with a certificate/degree, research dedicated year and a more rationalised curriculum seem to be the great implementations.

Ujjwalkant Singh
B.Sc. (H) Microbiology, 1st Year



- NEP has brought in a several new changes in the curriculum. It had curtailed the rigidity in the UG programs owing to which students can withdraw and re-enter as per their convenience. Also, the 4th year which is primarily a research-oriented approach, has an advantageous side for students willing to continue in the same discipline up to PhD. In the UG level, it has given students the opportunity to explore different paper viz., VAC and SEC. In conclusion, NEP is a promising policy.

Afrid Alam
B.A.(H) English, 2nd Year



- I believe that the NEP has the potential to transform the Indian education system, bringing positive outcomes in the future. Experiential learning and critical thinking will enhance creativity among students. The success of the NEP will depend on its effective implementation, as it requires competent people to execute it efficiently.

Sanjana Mehta
B.A. (H) History, 2nd Year



- The National Education Policy (NEP) brings several positive changes to India's education system. It emphasizes holistic learning, critical thinking, and skill development, which are essential for the 21st-century workforce. The flexibility in curriculum and multidisciplinary approach encourage creativity and innovation among students. Moreover, the focus on early childhood education and teacher training enhances the quality of education at all levels.

Vanshita
B.Sc (H) Computer Science, 2nd Year



- With a focus on innovation, adaptability, and holistic development, the National Education Policy (NEP) 2020 in India seeks to completely revamp the educational system. Its main areas of emphasis are multidisciplinary learning, early childhood care, technology integration, and vocational education. NEP 2020 seeks to improve education's accessibility, relevance, and inclusivity for the twenty-first century.

Akshara
B.Com P, 1st Year

Sports at Ram Lal Anand College: A Legacy of Excellence

Sports at Ram Lal Anand College (RLA) are more than just games; they are a testament to the college's commitment to holistic development and sporting prowess. With a focus on cricket, football, kabaddi, and noteworthy achievements in kho-kho, RLA has carved a niche for itself in the sporting arena.



Cricket and Football:

Cricket and football stand as pillars of sporting excellence at RLA. The college boasts of well-equipped facilities and dedicated coaching staff to nurture talent in these popular sports. Regular tournaments and inter-college matches provide opportunities for students to showcase their skills and compete at various levels.



***Kabaddi**:*

Kabaddi holds a special place in the sporting culture of RLA. The college team participates in district and state-level competitions, displaying the traditional Indian sport's agility, strategy, and teamwork. Through rigorous training and participation, students hone their skills and uphold the college's sporting legacy.

Achievements in Kho-Kho:

RLA has garnered significant recognition in kho-kho, with numerous achievements highlighting the college's prowess in the sport. The college team's victories at inter-college tournaments and championships underscore RLA's dedication to nurturing talent and promoting traditional Indian sports.



Overall Impact:

Sports at Ramlal Anand College play a pivotal role in fostering camaraderie, discipline, and leadership among students. Beyond physical fitness, participation in sports instills values such as teamwork, resilience, and sportsmanship. The college's sporting achievements serve as a source of pride and inspiration, motivating students to strive for excellence both on and off the field.



In conclusion, sports at Ramlal Anand College are a vibrant expression of the college's commitment to holistic education and student development. With a focus on cricket, football, kabaddi, and noteworthy achievements in kho-kho, RLA continues to uphold its sporting legacy and inspire future generations of athletes.

Submitted by -: Agrim Mishra

Inter Departmental Sports Fest 2024

Cricket (Men)



1st Position - Bachelor of Management Studies



2nd Position - B.Com (Hons.)

Kho-Kho (Men)



1st Position - B.A. Programme



2nd Position - BSc. (Hons.) Statistics

Kho-Kho (Women)



1st Position - BSc. (Hons.) Computer Science



2nd Position - BSc. (Hons.) Mathematics

Inter Departmental Sports Fest 2024

Volleyball (Men)



1st Position - BSc. (Hons.) Statistics



2nd Position - BSc. (Hons.) Computer Science

Volleyball (Women)



1st Position - B.A. History (Hons.)



2nd Position - B.A. English (Hons.)

Football (Men)



1st Position - BMS



2nd Position - BSc. (Hons.) Statistics

Football (Women)



1st Position - BSc. (Hons.) Computer Science



2nd Position - BSc. (Hons.) Statistics

A Miracle or A Blessing?

On the recent college excursion to Kotyura in Almora District of Uttarakhand, me and my friends encountered a weird yet exciting incident.

A group of 20 students along with 4 teachers were divided into 2 groups. One group went to Patiya village along with a guide to interact with the locals and the other group went to Kotyura. Both the groups had to meet up in Patiya at Tara Devi temple.

Once we were finished with interaction with the Kotyura natives, we suddenly encountered a blackish-golden mountain dog. The dog kept following us. The locals had told us that the dog has a habit of biting people. We were all very scared, but thought that once we get closer to the village boundary the dog will leave us and go away. To our surprise all along the 2 kms stretch the dog kept sniffing and circling each one of us.

We approached the village boundary; the dog was still with us. Now we were confused which way to go as we did not have the guide with us. It started barking at us and pushed us towards a way. It started guiding us towards the Tara Devi Temple.

Throughout the way, if one of us was left behind it would come and get that person along the group and stop everyone else. He was constantly keeping a check on the surroundings and finding bones. We reached the temple premises by following it in 45 minutes, whereas the guide had told us it would take around an hour and half.

The dog was with us throughout the day; we bonded with it and named it "Ronnie Bhai". We played with him, ran with him, had water fight and he became our best trip buddy! He gave us the best memory of the trip. As we reached Kotyura village, Ronnie Bhai disappeared. He disappeared at the very s location where we meet him.

After we reached our homestay we were informed by the homestay owner that a leopard was seen in the valley that day in the morning, and that Ronnie Bhai was protecting from Guldaar (leopard), calling it a blessing from Tara devi for us.

I don't know if it was a co-incidence, miracle or blessing, but surely Ronnie Bhai has forever been etched in my memory making my first ever college trip the most memorable and thrilling an experience.

Ishita Goel
B.Com (Hons), 3rd Year

Untamed Canvas

A mind untamed, a spirit bright,
A canvas blank, bathed in sunlight.
A youthful heart, a curious soul,
Yearning for knowledge, to make it whole.
Hope, a beacon, forever alight,
A fire within, burning ever so bright.
Injustice challenged, a voice so strong,
Fighting for change, righting every wrong.
Embrace their passion, nurture their fire,
For within these minds, the future transpires.
Empower their spirit, let wisdom unfold,
A young mind empowered, worth more than gold

Fiza
B.Sc. (H) Geology, 1st Year

Humanity, Where are you?

Humanity appears to be losing its sense of purpose. The world is marred by various adversities, and a pervasive lack of empathy prevails. Selfishness permeates, resulting in a dichotomy where some exploit while others suffer, causing harm to all. Despite collective efforts to assimilate into societal norms, a prevailing sentiment of not truly belonging persists.

Familial sacrifices, strenuous labour, and selfless contributions seem futile in a world where individuals prioritize personal gain over communal well-being. The disheartening reality is that some choose self-interest, indifferent to its repercussions on the broader community. Is this the essence of humanity – a willingness to ignore issues unless they directly impact us?

Surface-level contentment masks a deeper, harsh reality. The notion that one's sorrow should be shared by those around them reflects the cruelty of our existence. The world's harshness might be a contributing factor to our perceived weakness. We find ourselves confined to a self-centred mindset, neglecting the principles of humanity. The demise of humanity is evident when personal gains supersede moral imperatives.

Despite our awareness of what is right, our judgment becomes clouded by the allure of wealth and prosperity. We willingly turn a blind eye to issues that demand our attention. Society collectively succumbs to ignorance, knowing the ethical path but opting for the path of self-interest.

We are a society of complacency, acknowledging what is right but failing to act upon it, choosing deafness to the pleas of morality. We have become a society of "Mad Men, " harbouring resentment due to our individual discontent, perhaps fuelled by a distorted worldview.

The future looms as a burden; fatigue and disorientation prevail. While cognizant of the potential for a better world, we remain ensconced within our personal spheres, neglecting the responsibility to effect change. The global landscape transforms into a battlefield, with innocence and children bearing the brunt of our collective indifference. Humanity seems elusive amidst the chaos. We must recognize that we are the architects of our world, and it falls upon us to be the agents of change, reshaping our reality for the better.

Lalrinfeli

BA Program, 2nd Year

Broken Friendships

Here's to broken friendships.

Turned into ashes of mere memories,

A cache of unspoken yet indelible stories.

The ones that come up every now and then,

With an urge to just not let it end.

Yet, the distance, the doubt

Quell the will to let it all out.

While just being another chip in the roulette of life,

We never realize,

How roaring laughter over drinks

Turned into despondent sighs always on brink.

Anaaya Sharma

B.A.(H) Eng, 3rd Year

Nothing is Impossible

Somadeva in his Kathasaritasagara has rightfully said, **“aprâpyaC nâma nehâsti dhîrasya vyavasâyinah”,**

~ kathâsaritsâgara% 12.20.23

which means, that nothing is out of reach for someone with courage and perseverance. This shloka beautifully encapsulates why people are unable to achieve their goals that they once set. The delusion of something being impossible has clouded the perceptions of humans since times immemorial. It’s all in the mind, in reality nothing is impossible.

The Mind

Our mind is a necessary evil. It holds the key to our success if tamed. It has evolved to be capable of this level of consciousness by aeons of evolution. The neural network is so vast that even scientists are yet to unravel its possibilities. Thousands of electric impulses here and there across this web give rise to multiple parallel thoughts at the same time. The mind is like a rudderless ship let adrift in the vast ocean, leaping aimlessly from one wave to another. But the same ship if taken under control by the captain has the capability of steering its way through the fiercest of storms and sailing across the whole globe. If we take the courage to tame our mind and make it persevere for our goals, the *Cape of Good Hope* is not far away. This is what Shri Krishna answers, when Arjun asks him about the mind being more difficult to control than the wind,

"asanœhayaA mahâ-bâho mano durnigrahaA chalam abhyâsena tu kaunteya vairâgyeGa cha g[ihyate "

~ Gita 6.35

Shri Krishna says, the mind is indeed very difficult to restrain. But by practice, it can be controlled. He goes on to explain that only people, who have brought the mind under their control through persistent effort, can achieve success. So, what is everyone waiting for? Take control of your mind and make it work for you, rather that you working for its comforts.

Where to Begin?

Whenever some goal seems impossible and unattainable, the first thing to do is to let the mind know that it needs to be achieved by hook or crook. The mind is not a customer to be haggled with, but it is in fact the most capable of our employees. So, have a talk with the mind and make the goals clear, however impossible they may seem. It is then its job to find out ways for achieving them. And, one will be astounded to watch as the capabilities of the mind unfold. Never let the mind have its own way. Be there to watch that it doesn’t fall into the spiral of instant gratifications. Reward it only when a target is achieved. Now that the mind is working towards the “impossible” goal, one needs to ensure that it is working with perseverance - perseverance until and unless the goal is reached. As Swami Vivekananda rightly put it,

“ Arise, awake and stop not, till the goal is reached.”

Science of Success

Having a success mindset is pure science. The feeling of pleasure is only due to the release of certain chemicals. Success is the best drug for the brain, but instead people run around fleeting instants of pleasure rather than working towards bigger goals. Developing a habit to work for one’s goals also depends on the biochemistry of the neural networks. Consistently working towards one’s goals sparks the creation of fresh neural pathways, embedding the habit of hard work into the very psyche. Repetition leads to forging of a success mindset. People who understand this very simple concept of the brain just being a scientific machine, can make it work for themselves. The Yog Sutra also teaches about taking control of the mind. Only when we challenge our limits and get out of our comfort zones can the impossible become attainable. Yog not only means to gain control over the body but also over the mind. We learn to concentrate on the immediate goal and engage all our bodily faculties towards achieving it. When we have full control over the mind, then we not only realize our full potential but achieve the “impossible”.

Course of Action

Some strict steps need to be followed on the journey to achieving the impossible.

1. Start with a right mindset. You need to decide what you really want. Having optimism and passion about

achieving it becomes imperative for success.

2. Now that the goal is set, you now need to take immediate control of your mental, physical and emotional faculties. Write down everything that is preventing you from achieving it. You will come to know that it has always just been the fear of the unknown, fear of pain & letting go of the comfort zone, that prevented you from achieving the goal and made it seem impossible.

3. Knowing your shortcomings proves indispensable on the path to success. Only when you know what you are lacking, can you work on improving it. After Step-2, tell your mind the need to step out of the comfort zone. Think about what all you will be missing on if you don't let go of your comforts/bad-habits. The habit may be that of procrastination or of postponing your work, but it needs to be identified and gotten rid of.

4. Create a sense of urgency in bringing change. Start acting on your goal now! Want to crack that prestigious competitive exam? Start studying now, because people who start acting at the earliest have time on their side. As Anthony Robbins writes, "**The only way we're going to make a change now is if we create a sense of urgency that's so intense that we're compelled to follow through."** Even a small change, like setting tomorrow morning's alarm 30 minutes earlier, can make a big difference. Consider the extra time you'll gain by getting up earlier tomorrow if you make that decision now. In another scenario, if you do not wake up earlier tomorrow, count the number of hours that already slipped out of your hand while you slept.

5. Sustain the change. Now that you got on the right path and shook off your comforts, what matters the most is sustaining the new action plan with consistency. Condition your brain for this new pattern, so that the change lasts for long-term. Repetition is the key to break old habits. If the current plan doesn't seem to work, try alternative ways to reach your targets, but never stop.

People Who Attained the Impossible

On Tuesday, 28 November, 2023, the world woke up to Sheetal Devi, from Kishtwar, J&K becoming the World No. 1 Para-archer in Compound Women Open Archery. She is the first armless female archer in the world and went on to clinch gold and silver medals at the Hangzhou Asian Para Games and Asian Para Games. She overcame the limitations of her body and did what seemed to others impossible to be attained. With consistent hard- work for a year, she was able to succeed and even break multiple world records. She proved that nothing is impossible if one has the will-power and perseverance to work towards the goal and it is grit and a steadfast mindset that is required to fully utilize one's capabilities to attain the seemingly impossible feats. This philosophy echoes through history, resonating in the unwavering determination of individuals like Netaji Bose, whose perseverance and unwavering conviction defied the norms of his time. Not only did he achieve a top rank in the Indian Civil Services Exam, but went on to become president of the Congress twice and consolidated the very first Indian army – Azad Hind Fauj, that too on foreign soil. His feats changed the course of history of the Indian Freedom Struggle.

Stephen Hawking was diagnosed with ALS, a rare neurodegenerative disease at the age of 21, but he defied medical odds, becoming one of the most renowned theoretical physicists in history and revolutionized astrophysics. These people are just a glimpse into the vast ocean of human accomplishments of the "impossible". But what is common among them all is the right mindset, consistency and perseverance. If they were able to do it, so can anyone.

Conclusion

The key to conquering the impossible lies within our mind. Taking control over the mind helps to cultivate habits aligned with our goals. To tackle the "impossible, " converse with the mind, set clear objectives, confront fears, and step beyond comfort zones. Acknowledge shortcomings and create urgency for change. Start action promptly, sustain it with consistency, and adapt as needed. Our potential lies within. By embracing a determined mindset and persistent action, we can unravel our capabilities, affirming that truly, nothing is impossible. As it is rightly said,

"All the powers in the universe are already ours. It is we who have put our hands before our eyes and cry that it is dark."

Priyanka Sharma
B.Sc. (H) Microbiology, 2nd year

भविष्य की हिंदी

हिन्दी बोलो गर्व से मन से लो स्वीकार,
हिंदी मे रच बस रहा मातृभूमी का प्यार।

हिन्दी आज चहुमुखी चहुंओर अपने पैर पसार रही है तथा सब जगह अपना लोहा मनवा रही है। आज हिन्दी का स्वरूप सिर्फ भारत तक ही सीमीत न रहकर विश्व स्तर पर उभर रहा है।

भविष्य में यह हिन्दी अपना प्रकाश / प्रभाव सम्पूर्ण जगत पर छोड़ेगी। आज विश्व भर के अनेक देशों के विद्यालयों, महाविद्यालयों तथा विश्व विद्यालयों में पढ़ी व पढाई जा रही है। हिन्दी का कार्यक्षेत्र बढ रहा है तथा हिन्दी भी अन्य भाषाओं की तरह जानी पहचानी जा रही है।

हिन्दी के लिए कार्य तथा हिन्दी का प्रचार प्रसार करने वाली अनेक संस्थाए आज अस्तित्व में आ रही हैं।

हिन्दी के भविष्य को लेकर बात की जाए तो निःसन्देह ही हिन्दी एक दिन विश्व भाषा का दर्जा पाएगी। भविष्य की हिन्दी न सिर्फ भारत में अपितु विश्व स्तर पर पढी व पढाई जाएगी और सराही जाएगी। भविष्य की हिंदी में रोजगार का मेला होगा। भविष्य की हिन्दी भविष्य में विज्ञान सांख्यिकी, जीवविज्ञान जैसे विषय हिन्दी में पढ़े जायेंगे। जन–मन की भाषा हिन्दी होगी। अपनी बात को साबित करते हुए मैं कहना चाऊंगा की

हिंदी सीधी सरल है, लिखना भी आसान,
सपनों की भाषा यही, हम सबका अभिमान।

हिंदी भारत की पहचान है। आखिर में मैं एक मुक्तक के माध्यम से हिंदी का महत्व बताना चाहूंगा–

नाच उठेगी ये धरती, हिंदी की लय ताल पर।
सोने की चिड़िया दिखेगी, फिर सुनहरी डाल पर।।

आओ मिलकर आज कह दें, दुनिया से हम यही।
हिंदी की बिंदी लगेगी विश्व तेरे भाल पर।।

भविष्य में अवश्य ही सोने की चिड़िया फिर सुनहरी डाल पर दिखेगी और विश्व के माथे पर हिंदी की बिंदी अब अवश्य ही लगेगी।

हिंदी और हिंदुस्तान का स्वर्णिम काल भविष्य में शुरू होने वाला है ।

राम कुमार पाण्डेय
हिंदी विशेष, तृतीय वर्ष

उड़ जाने दे

ए शिकारी खोल मुझे, उड़ जाने दे,
कमल पकड़ा हाथ में, समानता आ जाने दे।

जाल तुमने ऐसा बुना, पितृसत्ता की डोर है,
खुला आसमान है, पक्षी बन उड़ जाने दे।

जानते हो पहचानते हो, फिर भी अनजाने बनते हो,
स्वतंत्रता के नाम पर, जाल इक बुनते हो।

फूल हूं, मत भूलना कांटे तो चुभने दे,
निर्भया नही मैं! निर्भय हूं, उड़ जाने दे।

राजन
हिंदी विशेष(तृतीय वर्ष)

मेरे सपनों का भारत

भारत एक ऐसा देश है, जिसकी संस्कृति और संस्कार पूरे विश्व में प्राचीन काल से ही प्रसिद्ध है। भारत प्राचीन काल से ही विश्वगुरु के नाम से प्रचलित है। परंतु कुछ समय बाद अंग्रेजी के शासन ने भारत को अत्यंत क्षति पहुंचाई और भारत उनके छेत्र में पिछड़ गया।भारत के लिए इन सभी परेशानियों से उठकर ऊपर आना सरल नहीं था। परंतु कुछ वीर पुरुषों और लोगों के कारण भारत ने पुनः प्रगति की ओर अपने कदम बढ़ाएं हैं। भारत अनेक क्षेत्रों में अपने कदम बढ़ा रहा है। चाहे वह विज्ञान हो, खेले हो, पढ़ाई हो या कोई भी अन्य क्षेत्र हो, आज के समय में भारत दुनिया के अनेक शक्तिशाली देशों से कंधे से कंधा मिलाकर चल रहा है और क्षेत्र विभिन्न क्षेत्रों में उन्हें पछाड़ भी रहा है। विज्ञान के क्षेत्र में आज भारत अनेकों बुलदियां छू रहा है और यहाँ तक की चाँद पर भी अपने झंडे लहरा रहा है। आज से कुछ दिनों पहले चाँद पर चंद्रयान भेजकर, सफलता से उसका परिक्षण करने वाला पहला देश बना। इस बात पर पूरी दुनिया ने उसका लोहा माना। खेल के क्षेत्र में भी भारत दुनिया की बराबरी में पीछे नहीं है। जिसके कई उदाहरण है जैसे विराट कोहली, नीरज चोपड़ा, जिन्होंने खेल के क्षेत्र में भारत का नाम पूरे विश्व में उँचा किया है। भारत आज हर क्षेत्र में सफलता की ओर बढ़ रहा है और अपना पुराना खिताब विश्वगुरू पाने की ओर अग्रसर हो रहा है।

परंतु आज भी अनेकों ऐसी परेशानियाँ है, जो भारत को पीछे की और खींच रही है और आगे बढ़ने से रोक रही है जिसका उदाहरण है भष्टाचार, आज भारत में भ्रष्टाचार बहुत तेजी से बढ़ रहा है, जिसके कारण भारत के आम नागरिकों को अनेकों परेशानियों का सामना करना पड़ रहा है। कुछ भ्रष्टाचारी नेता अपने फायदे के लिये भारत को खोखला कर रहे हैं और गंदी राजनीति का प्रदर्शन कर रहे जिसके कारण मेरे सपनों का भारत का स्वरूप नहीं बन पा रहा है। भारत के कई मीडिया चैनलों को जिम्मेदारी के साथ इन नेताओं का पर्दाफाश करना चाहिए और इनका असली रूप सभी के सामने लाना चाहिए। परंतु दुर्भाग्यवश कुछ मीडिया चैनल भी इन बड़े नेताओं के सामने बिक जाते हैं और सच्चाई लोगों तक नहीं पहुंचाते हैं। यह भारत के आगे बढ़ने में बहुत बड़ी समस्या का विषय है। आज भी भारत की जनसंख्या का बड़ा हिस्सा गरीबी के नीचे है और अपनी आवश्यकता की चीजों को भी नहीं पूरी कर पा रहा है।

भ्रष्टाचार, गरीबी, बिकाऊ मीडिया इत्यादि आज भी ऐसे कुछ विषय हैं, जिनपर मेरे अनुसार काम करने की जरूरत है अगर हमें अपने 'सपनों का भारत' बनाना है। यह काम करने की जिम्मेदारी सिर्फ सरकार की ही नहीं है बल्कि हम सबकी भी है, कि हम अपने देश के प्रति सारे काम ईमानदारी से करे और 'अपने सपनों का भारत' अर्थात विकाशील, गरीबी मुक्त, एवं उज्ज्वल भारत का निर्माण और भारत को सफलता की ओर अग्रसर करने में अपनी भूमिका निभाए। यदि हम सभी देश के ऑर्टियापन धर्म को ईमानदारी से निभायेंगे, तो हमारा राष्ट्र भारत पूरे विश्व में सर्वप्रथम स्थान पर पहुंचने की ओर अग्रसर होगा।

ऊपर की ओर दिए गए तथ्यों एवं बातों को समझकर हम 'अपने सपनों का भारत' के मार्ग की तरफ अग्रसर हो सकते हैं।

अग्रिम मिश्रा
राजनीति विज्ञान विशेष

एक क़दम कर्तव्यों की ओर...

हमारे अधिकारों से हम सभी परिचित हैं, और यदि नहीं है तो अपने अधिकारों को जानने की जिज्ञासा मनुष्य में सदैव बनी रहती हैं, फिर चाहे ये अधिकार हमारे रिश्तों में हो या नागरिक होने के नाते हमें मिलें हों।

माता पिता की संतान होने के नाते हम उन पर अपना अधिकार समझते हैं। उनकी संपत्ति पर भी अपना अधिकार मानते हैं। विवाह के पश्चात् अपने जीवन साथी पर भी अपना अधिकार मानते हैं, इस देश के नागरिक होंने पर अपने विचार रखने का अधिकार, जैसे हमारे अनेकों अधिकार है। परंतु हम ये क्यों भूल जाते है कि अधिकारों के साथ ही कर्तव्यों का भी आगमन होता है।

गांधी जी ने भी कहा है कि "मैने अपनी अनपढ़ लेकिन बुद्धिमान मां से सीखा है कि सभी अधिकार प्राप्त करने और संरक्षित करने के लिए अच्छी तरह से किए गए कर्तव्य पहले आते हैं।"

हम अधिकारों की तो अभिलाषाएं रखतें हैं परन्तु अपने नैतिक कर्तव्यों का निर्वाह नहीं करना चाहते।

माता पिता की संतान होने पर हम उनकी संपत्ति पर तो अपना अधिकार मानते हैं परन्तु बूढ़े होते उन माता– पिता के लिए अपने व्यस्तता से भरें दिनों से कुछ पल भी नहीं निकालते। क्या जीवन के इस पड़ाव पर उनका साथ देना हमारा कर्त्तव्य नहीं?

विवाह के उपरांत अपने जीवन साथी पर हम अपना पूर्ण अधिकार मानते हैं परन्तु क्या उस जीवन साथी को समानता का अधिकार देना, यह हमारा कर्तव्य नहीं?

इस देश के नागरिक होने के नाते हमें अपने विचारों को कहने का अधिकार है परंतु अमर्यादित भाषा तथा साम्प्रदायिक हिंसा को बढ़ावा देने वाले शब्दों पर अंकुश लगाना क्या यह हमारा कर्तव्य नहीं?

हम इस देश के करदाता है इसीलिए हमें उन्नत आधारभूत संरचना का अधिकार है तो क्या सरकारी सम्पत्ति का उन्नत प्रयोग तथा सरकारी इमारतों की गरिमा बनाए रखना हमारा कर्त्तव्य नहीं ?

एक गौरवपूर्ण देश का निर्माण केवल अधिकारों के प्रति सजगता से ही नहीं होता, हमें अपने कर्तव्यों का निर्वाह कर एक मजबूत राष्ट्र का निर्माण करना होगा।

केवल बेहतर सड़कों के निर्माण से कुछ नहीं होगा,जब तक नागरिक ट्रैफिक नियमों का पालन नहीं करेंगे तब तक सड़क दुघर्टनाओं पर अंकुश नहीं लगेगा।

हमें यह स्वीकार करना होगा कि सरकारी नीतियों के विरोध में किए गए आन्दोलनों में सरकारी तथा सार्वजनिक संपत्तियों को हानि पहुंचाना केवल सरकार की हानि ही नहीं है यह हमारी व्यक्तिगत हानि भी है।

हमारा संविधान हमें अनेकों अधिकार देता है। शिक्षा का अधिकार, बेहतर उपचार का अधिकार, न्याय का अधिकार, जैसे अनेकों अन्य अधिकार हैं परंतु क्या देश के नागरिक होने का तात्पर्य यही है कि हम केवल अधिकारों का भोग करें परंतु नागरिक कर्तव्यों का निर्वाह करने से अपना मुँह मोड़ लें। आज विश्व के पटल पर भारत की गरिमा बढ़ी है यदि हमारी पिछली पीढ़ी के महान नायकों ने भी अपने कर्तव्यों का निर्वाह नहीं किया होता तो क्या हम आज यहाँ तक पहुँच पाते जहाँ भारत जी20 जैसे विश्वस्तरीय महोत्सवों की मेज़बानी कर रहा है। सोचिए यदि पूर्व राष्ट्रपति ए.पी. जे अब्दुल क़लाम भी देश के प्रति कर्तव्यों का निर्वाह न करते तो क्या आज हमारा देश एक परमाणु ताक़त बन पाता। डॉ. विक्रम ए. सारा भाई विषम परिस्थितियों से यदि हार मान लेते और इसरो की स्थापना का विचार त्याग देते तो क्या आज हम चाँद के दक्षिणी ध्रुव पर पहुंचने वाले पहले देश होने का गौरव प्राप्त

कर पाते।

आज यह महान भारत–वर्ष अपने नागरिकों से केवल अधिकारों की सजगता की ही अपेक्षा नहीं रखता अपितु अपने कर्तव्यों का निर्वाह कर देश की गरिमा को शिखर तक पहुंचाने का आह्वाहन भी कर रहा है, हमारे देश को अब ऐसी भावी पीढ़ी की आवश्यकता है जो अपने नैतिक कर्तव्यों का निर्वाहन कर इस देश को "सशक्त भारत" बनाने में अपना योगदान करें।

शीतल
हिंदी विशेष (प्रथम वर्ष)

नादान बालक से युवा तक

एक नादान–सा बालक,
सभी नियमों को भूलाकर,
मस्त है अपनी ही धुन में।

बालक पतंग के धागों के पीछे,
संघर्ष करता है इस समाज के बीच।

इंतज़ार पतंगों का करता खड़ा हुआ वह बच्चा,
कब जा खड़ा हुआ कोचिंग के बीच।

वह बिना आसमाँ की उड़ान भी, कैद है इस जेल में,
जहाँ मरता है पल–पल वह संघर्ष करता हुआ।

वहीं नादान सा बच्चा, अब मिलता ना किसी से,
ना उसे खुद की है खोज।
ना उस नेत्र में बची कोई आशा,
जिसमें उमंग था चमकता,
जैसे एक चांद – सा चमकीला सितारा।

बालक से कभी बच्चा सा वह बचपन,
सिमट कर रह गया वह बचपन।

वह संघर्ष करता हुआ इस जंजीर के बीच,
कब हुआ युवा इस समाज के बीच।

षष्ठी कुमारी
हिंदी विशेष (तृतीय वर्ष)

देखूं इन बादलों को...

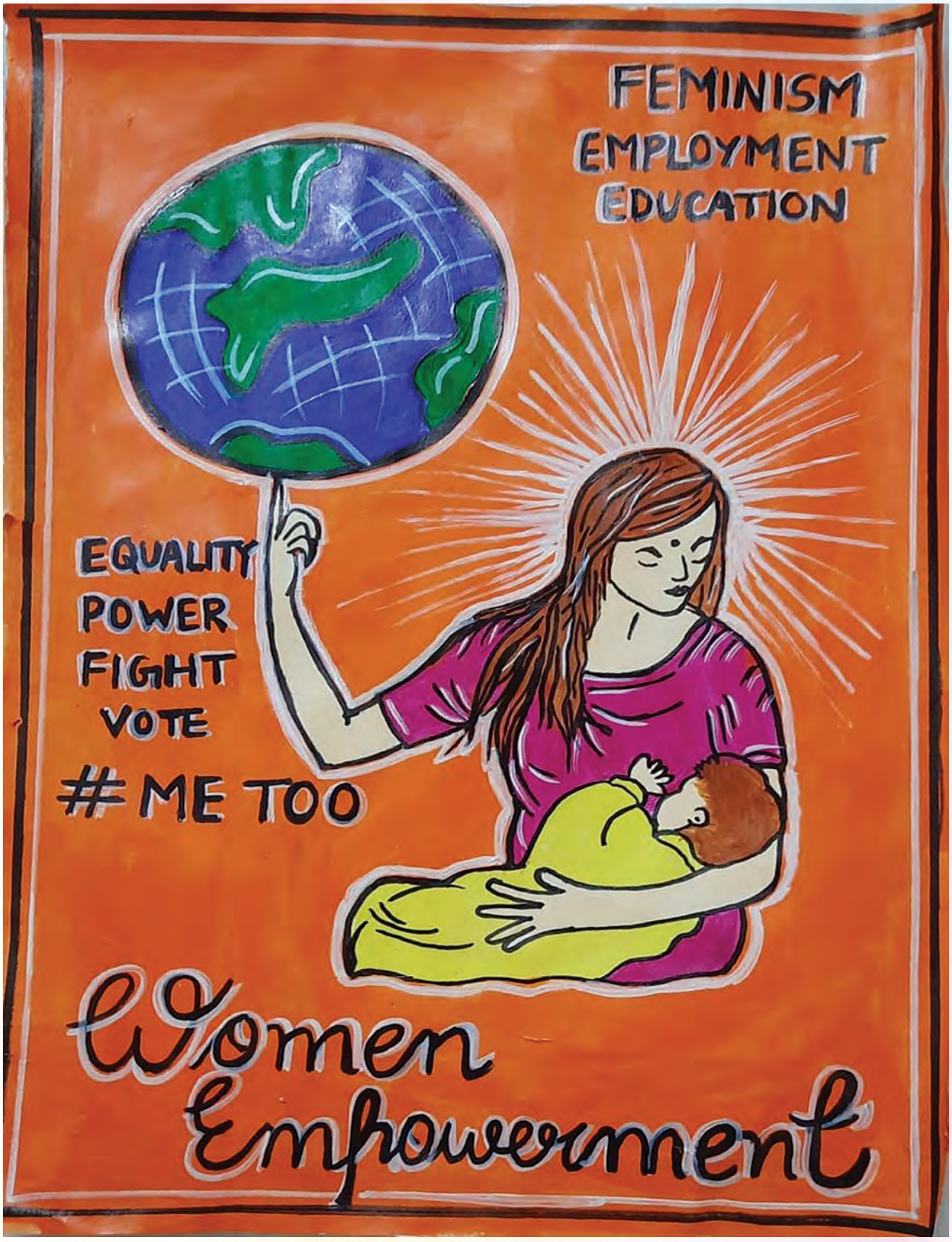
बादलों की छांव में जब देखूं,
भर जाए ख्वाबों से मन का रंग।
घूमते–घूमते जब बादल छू जाए,
लगे जैसे दिल का हर कोना संग।

जब बादलों की गहराई में जाऊं,
भर जाए धुंधले सपनों का संग।
खो जाऊं अपने आप में हर पल,
लगे जैसे जीने का नया तरीका संग।

बादलों की उड़ान में जब उड़ूं,
मिले मुकाम नए, दिल नवीन संग।
विश्वास हो जाए कि असंभव भी संभव है,
लगे जैसे खुशियों का आया बसंत।

बादलों की छांव में, मैं जब खो जाऊं,
अपने अंदर को पाऊं, अपने संग।
खुद से मिलने का एहसास हो,
लगे जैसे आत्मा का मिलन संग।

अक्षत मेहता
हिंदी विशेष (तृतीय वर्ष)


FEMINISM
EMPLOYMENT
EDUCATION
EQUALITY
POWER
FIGHT
VOTE
#ME TOO
Women Empowerment

WOMEN WELFARE ADVISORY COMMITTEE

Orientation Programme

Women Welfare Advisory Committee held an Orientation Programme with the girl students of the college on 14.9.2023 in the college premises. The session was attended by more than sixty girl students. During the programme, the students were apprised of the various activities to be undertaken by the WWAC during 2023-24. Students were also informed about the Gender Sensitizing Committee and Internal Complaints Committee of the college. They were apprised of the Sports and Medical facilities available in the college. Ram Lal Anand College Counsellor also addressed the students and encouraged them to discuss with her if they had any issues. During the interactive session the students pointed out some problems which the committee decided to take up at appropriate level. Besides the committee members, convenor Gender Sensitizing



Committee, Prof. Shruti Anand and Counsellor, Ram Lal Anand College, Ms. Jyotsna Mittal also addressed the students. The students were encouraged to take part in the activities of the society and discuss with the committee members, and Counsellor the issues of concern to them. In this regard, student coordinators from various departments were also nominated.





Workshop On Cyber safety and Awareness for Women

Women Welfare Advisory Committee organized a workshop to make the girl students of the college aware of the issues pertaining to cyber safety for women on 2.11.2023. The workshop was conducted by Dr. Surabhi Pandey, Assistant Professor, Indian Institute of Public Administration. The students were made aware of the need to keep abreast with the kind of cyber



risks/ attacks, that they can face and the modes to prevent the same. They were apprised of the ways to protect their data on electronic systems such as mobile devices and computers from digital attacks. During the workshop participants actively interacted with the resource person and had their queries answered. The workshop which was attended by about 77 students and faculty members was very well received by the participants.

Workshop on Self Defence

In the run up to International Women Day on 8th March, the Women Welfare Advisory Committee of Ram Lal Anand College organized a workshop on self defence for the girl students of the college on 5.3.2024. It was organized with the help of Special Police Unit for Women and Children of Delhi Police. Prior to this, through a series of interactions by WWAC members, the students were apprised about the relevance of the workshop. The workshop comprising of lecture and demonstration was quite engaging and about 100 students participated in it. Various simple go through techniques of self-defence in potentially threatening situations, such as Hammer Strike, Elbow Strike, Palm Strike, Rear Neck Chokehold, etc. were demonstrated during the session. The participants were also apprised about certain do's and don'ts in day to day to life to make them more confident and safe in their surroundings. Besides, the queries of the students based on their experiences were also responded to by the visiting team of Delhi Police. Based on the feedback it emerged as a very effective workshop in terms of boosting the self-confidence of the students.

Dr. Sudha Chaudhry
Convenor
Women Welfare Advisory Committee













ASMI: The Gender Sensitization Committee Report

ASMI: The Gender Sensitization Committee of Ram Lal Anand College is pledged to make students aware about gender related issues and individual's rights irrespective of their gender identities. The etymological roots of the word ASMI are in Sanskrit dhaturoop "AS" which means – "to exist." ASMI promotes the idea of inclusion harmony and co-existence among each entity in the world for a better future. ASMI has organized various student centric activities like art competition, poster and slogan writing, field survey, talks, seminars, conferences and workshops on numerous aspects of gender issues. Our purpose is to make educational institutions more informed and equitable with respect to gender. The society also has a yearly e-journal available on the college website. The society has also collaborated with Dastoor: the Indian Music Society, Illusion: the Western Dance Society, Inara: the fine arts Society and Department of Hindi: Journalism and Mass Communication and Media partner Radio Tarang 90.0 FM, for "SANSRISHTI" to celebrate International Women Day in the college on 8th March 2024.

Team Asmi

अस्मि

अस्मि लैंगिक अस्मिता संवेदीकरण समिति यूजीसी द्वारा निर्देशित कॉलेज की महत्वपूर्ण समितियों में से एक है। इस समिति का उद्देश्य कॉलेज में जेंडर संबंधी मुद्दों विशेषकर स्त्री अस्मिता से संबंधित सामाजिक मुद्दों के प्रति जागरूकता का प्रसार करना है। इसके लिए समिति जैविक लिंगों से ऊपर उठ एक समान और समरस समाज की स्थापना के लिए सामाजिक समस्याओं की पहचान, मनुष्यता के मूल्यों की स्थापना, सशक्तीकरण संबंधी कार्यक्रमों का कार्यान्वयन और छात्रों में नेतृत्व क्षमता विकसित करने के लिए जेंडर चैंपियंस का चुनाव करती है। अपने उद्देश्य के अनुरूप इस वर्ष समिति ने लगभग 50 सदस्यों का पंजीकरण किया। समिति के उद्देश्यों के मद्देनजर ओरिएंटेशन कार्यक्रम कर लैंगिक समानता से संबंधित फिल्म प्रदर्शन और विद्यार्थियों के बीच परिचर्चा का कार्यक्रम रखा गया। अस्मि के सदस्यों ने कॉलेज की अन्य कई समितियों के साथ सम्मिलित रूप से अंतरराष्ट्रीय महिला दिवस पर संसृष्टि उत्सव का आयोजन किया। समिति ने जेंडर की अवधारणा को स्पष्टता देने के लिए विद्यार्थियों के लिए अभिव्यक्ति के कई मंच उपलब्ध कराए जैसे रचनात्मक लेखन प्रतियोगिता जिसका विषय था "आम





जीवन मे लैंगिक अस्मिता का अर्थ"। दूसरी प्रतियोगिता लैंगिक समानता विषय पर रंगोली रचना थी। इन अंतःमहाविद्यालय प्रतियोगिताओं के अतिरिक्त कॉलेज के वार्षिक उत्सव में जेंडर और फैशन विषय पर भाषण प्रतियोगिता एवं पोस्टर रचना प्रतियोगिताओं का आयोजन भी किया गया। समिति की भाषण शृंखला लैंगिक भूमिकाओं से परे (Rising above Gender Roles) में इस वर्ष प्रतिष्ठित वक्ता के रूप में ————. को आमंत्रित किया गया। सत्र का अंत वार्षिक पुरस्कार एवं प्रमाणपत्र वितरण समारोह, जेंडर चैंपियंस की घोषणा तथा समिति के ई जर्नल 'अस्मि' के विमोचन

से हुआ। इस आयोजन को विद्यार्थियों ने अस्मि के वार्षिक उत्सव 'स्वीकार' के रूप में मनाया जो इस वर्ष अस्मि ई जर्नल की वैचारिकी और रचनात्मकता का केंद्रीय विषय था ••••••।

इस वर्ष समिति के उद्देश्य और कार्य परम्परा का सफ़लतापूर्वक वहन करने वाले कर्मठ विद्यार्थियों–प्रभाकर, ऊमस ऊमांशी, सान्या, श्रुति, सुमेधा, परिधि, विकास, पवन, समीर और अनिमेष तथा सहयोगी शिक्षक सदस्यों–दीपशिखा, शची मीना, अरुण गौतम तथा शालिनी स्वामी के प्रयासों से अस्मि विद्यार्थियों में और अधिक पैठ बना पायी है। प्राचार्य महोदय के आशीर्वाद के



बगैर समिति का कोई भी कार्य सम्भव नहीं था। सभी सदस्यों को बधाई एवं प्राचार्य महोदय का आभार।

प्रो. श्रुति आनंद, संयोजक
अस्मि जेंडर सेंसेटाईजेशन समिति

सुख देती है लड़कियों की कामयाबी

राम लाल आनंद महाविद्यालय में अंतरराष्ट्रीय महिला दिवस मनाया गया। हिंदी पत्रकारिता के बच्चों के महिला केन्द्रित नाटक ने लोगों के दिल को छुआ।

नई दिल्ली। माताओं के प्यार और बहनों के योगदान को ध्यान में रखकर आज उनको धन्यवाद ज्ञापन करने का दिन है। आज का दिन नारियों के सम्मान का दिन है। यह बात राम लाल आनंद महाविद्यालय में अंतरराष्ट्रीय महिला दिवस पर आयोजित 'संसृष्टि' समारोह में प्राचार्य प्रो. राकेश कुमार गुप्ता ने कही।

हिंदी पत्रकारिता एवं जनसंचार विभाग की ओर से आयोजित समारोह में प्राचार्य ने शिव के अर्धनारीश्वर रूप को रेखांकित करते हुए नारी शक्ति पर विचार साझा किए। उन्होंने कहा कि 1964 में महाविद्यालय में 20 फीसदी महिलाओं की भूमिका होती थी, जो आज 45 से 50 फीसदी तक पहुँच गई है। महाविद्यालय के टापर्स की सूची देखता हूँ तो लड़कियों की बहुतायत संख्या सुख देती है। बोर्ड परीक्षाओं में लड़कियों के बेहतरीन प्रदर्शन की प्रशंसा करते हुए कहा कि समाचार पत्रों की पहली हेडलाइन लड़कियों के नाम की होती है।

प्राचार्य ने मंच पर मौजूद महिला शिक्षकों को पुष्प देकर सम्मानित किया। साथ ही जेंडर सेंसटाइजेशन कमेटी अस्मि के विद्यार्थियों को प्रशस्ति पत्र देकर सम्मानित किया गया। शिक्षिका प्रो. प्रेरणा दीवान ने कहा कि एक मां के गर्भ धारण के नौ महीनों को तो





रेखांकित किया जाता है, लेकिन नौ महीनों के बाद उसे एक नागरिक बनाने में जो योगदान होता है उसे भी ध्यान देने की जरूरत है। प्रो. मुक्ता मजुमदार ने सभी क्षेत्र में जागरूकता लाने पर बल दिया। प्रो. अर्चना गौड़ का कहना था कि सभी क्षेत्रों में संतुलन बिगड़ गया है। यह संतुलन कैसे कायम रह सकता है, इसे उन्होंने अपनी कविता के जरिए प्रस्तुत किया। प्रो. श्रुति आनंद ने 'अस्मि' में कार्य करने के तरीके और उस दौरान हुए अपने तीन वर्ष के अनुभवों को साझा किया। उन्होंने अपनी बात यह कहकर समाप्त की कि समानता तभी आएगी जब महिलाएं सभी चीजों में बराबरी पर आएँगी। प्रो. संजय कुमार शर्मा ने कहा कि हमारी संस्कृति नारी पूजने की रही है। क्या नारी के बिना इस संसार की कल्पना की जा सकती है? लड़कों को संवेदनशील बना दिया जाये तो काफी हद तक स्थितियां सुधर सकती हैं।

इससे पहले हिंदी पत्रकारिता एवं जनसंचार विभाग के संयोजक प्रो. राकेश कुमार ने सभी लोगों का स्वागत करते हुए पूरे आयोजन की रूपरेखा रखी। उन्होंने डॉ. भीमराव अंबेडकर को याद कर स्त्री शक्ति पर विचार रखते हुए कहा कि स्त्री पुरुष एक दूसरे के विरोधी नहीं बल्कि साथी हैं।

वेस्टर्न डांस समिति इल्यूजन ने अपनी प्रस्तुति से आयोजन में रंग भरा। दस्तूर ने नारी को संबोधित करते हुए अपनी प्रस्तुति दी। महाविद्यालय की जेंडर सेंसटाइजेशन समिति अस्मि, वेस्टर्न डांस समिति इल्यूजन, इंडियन म्यूजिकल समिति दस्तूर और फाइन आर्ट समिति इनारा के सहयोग से समारोह को



आयोजित किया गया।

महाविद्यालय के रोज गार्डन में लगाई गई महिला केन्द्रित फोटो प्रदर्शनी को लोगों ने निहारा। इसी के साथ हिंदी पत्रकारिता के प्रथम वर्ष के विद्यार्थियों ने नारी केन्द्रित अपने नाटक से लोगों का दिल जीता। आर्यन के निर्देशन में जया, शिवम, रोहित, खुशी शाक्य, राहुल, अंशिका, सोनिका, दिव्या और खुशी चौहान के उम्दा अभिनय ने लोगों को भावुक कर दिया। महिला शिक्षिकाओं के मध्य म्यूजिकल चेयर की प्रतियोगिता में कई रंग देखने को मिले, जिसमें विजेता का पुरस्कार प्रो. मुक्ता मजुमदार को मिला। वहीं कॉमन म्यूजिकल चेयर के विजेता डॉ. राजेश कुमार गौतम रहे। अन्य गतिविधियों में रोटी बनाने की प्रतियोगिता, हेयर ब्रीडिंग, गेस द ऑब्जेक्ट, फेस पेंटिंग और पीरियड्स क्रैम्प स्टिम्युलेटर भी आकर्षण का केंद्र रहे। संचालन की जिम्मेदारी श्रृंगारिक, सिमरन और शिवानी ने निभाई।

रिपोर्ट : कंचन

Empowering Women in India: A Journey of Resilience and Achievement

I define women empowerment as the ongoing process of equipping women with the resources, opportunities, and agency necessary to take control of their lives and pursue their aspirations freely. It involves challenging and dismantling societal barriers, stereotypes, and discriminatory practices that limit women potential and participation in various spheres of life. Through education, economic independence, political engagement, and social support, women can assert their rights, make informed choices, and

contribute meaningfully to the progress and development of their communities. Ultimately, women empowerment is about fostering a more equitable and inclusive society where every woman can thrive and fulfill her potential.

I've often found inspiration in the stories of women who have defied societal norms and overcome barriers to achieve remarkable success. In India, a country marked by its rich cultural tapestry and diverse landscapes, the journey towards women empowerment has been one of resilience, determination, and progress. Through the lens of my experiences and observations, I delve into the multifaceted landscape of women empowerment, highlighting the challenges and the influential figures who have catalyzed change.

One such example is Kalpana Chawla, the first woman of Indian origin in space. Born in Karnal, Haryana, Chawla defied societal expectations and pursued her passion for aerospace engineering. Her journey from a small town in India to the vast expanse of space serves as a testament to the resilience and determination of women in breaking barriers and achieving excellence.

Another prominent figure in the realm of women empowerment is Kiran Mazumdar-Shaw, the founder of Biocon Limited, a biopharmaceutical company based in Bangalore. Mazumdar-Shaw's success story is a beacon of inspiration for aspiring entrepreneurs, particularly women in India. Through her pioneering work in the biotechnology sector, she has shattered glass ceilings and paved the way for greater representation of women in STEM fields.

In the realm of politics, the name of Indira Gandhi looms large as a trailblazer for women empowerment in India. As the first and, to date, only female Prime Minister of the country, Gandhi wielded significant influence and power, breaking barriers in a male-dominated political landscape. Her leadership legacy continues to inspire women in politics to strive for greater representation and impact.



Furthermore, the recent appointment of Nirmala Sitharaman as India's first female Finance Minister underscores the evolving landscape of women participation in governance and decision-making. Sitharaman's appointment to one of the most crucial ministries in the Indian government symbolizes a shift towards greater gender inclusivity and recognition of women capabilities in leadership roles.

In the realm of sports, athletes like Mary Kom have transcended boundaries and defied odds to become icons of women empowerment in India. Kom, a six-time world boxing champion, hails from Manipur, a region known for its sporting prowess. Her journey from humble beginnings to international acclaim exemplifies the transformative power of sports in empowering women and challenging gender stereotypes.

Women are growing in business sector to give an example Radhika Gupta, the Managing Director and CEO of Edelweiss Mutual Fund, is a trailblazer in India's financial sector. With a background in economics and an MBA from Wharton, she has led Edelweiss Mutual Fund with innovation and strategic vision. Gupta's tenure has seen a focus on customer-centric solutions, digital transformation, and sustainable investing. She is known for her thought leadership, advocating for financial inclusion and education. Under her leadership, Edelweiss Mutual Fund has expanded its product offerings and market presence, solidifying its position as a leading player in India's mutual fund industry. Radhika Gupta continues to inspire as a dynamic leader

shaping the future of finance.

These examples represent just a fraction of the myriad women who are driving change and championing the cause of empowerment in India. Their stories serve as beacons of hope and inspiration for millions of women across the country, encouraging them to pursue their dreams and defy limitations.

However, despite these remarkable achievements, the journey towards women empowerment in India is far from over. Deep-rooted gender biases, unequal access to education and employment opportunities, and pervasive violence against women continue to pose significant challenges. Gender roles can restrict women opportunities and reinforce societal norms that limit their empowerment. Assigned roles often dictate traditional duties like caregiving and domestic work, hindering women access to education, employment, and leadership roles. Challenging these roles is vital for achieving gender equality and empowering women to reach their full potential.

To address these issues effectively, concerted efforts are needed from all sectors of society. Government policies must prioritize gender equality and women rights, ensuring equal opportunities and access to resources. Civil society organizations play a crucial role in advocating for women empowerment and providing support services to those in need. Moreover, changing societal attitudes and norms is essential in fostering a culture of gender equality and respect. Education and awareness programs can help challenge stereotypes and promote inclusive values from an early age.

In conclusion, women empowerment is both a pressing necessity and a promising opportunity. Despite significant strides in recent decades, pervasive gender disparities persist, affecting access to education, healthcare, and economic opportunities. However, through concerted efforts that challenge societal norms, enhanced legal protections, and promotion of inclusive policies, India can unleash the full potential of its women. By fostering an environment where women are empowered to pursue education, participate in decision-making processes, and contribute to economic growth, India can not only achieve gender equality but also unlock immense social and economic benefits for the nation as a whole, ensuring a brighter future for generations to come.

Roshani Nandan Sahay
BMS, 1st year

She



She is the atom,

She is the universe inside,

Encapsulating every bit of it.

She is where we lie,

She is the one who never die.

Can tower everyone standing by.

The source of life is she regarded as

What can she possibly be?

She is a woman, She is a mother.

She epitomes love, power and us,

Her hands carve out the world,

Her steps purify the impure.

She bears the seed

And creates with no greed.

Afrid Alam
B.A.(H.) English, 2nd year

Tum Rehne Do, Mai Kar Lunga

She made a warm cup of coffee for both. *He* repaired the leaky faucet, almost immediately. *She* placed the bright pink vase, slightly to the left, then to the right and then striking the perfect spot somewhere in the middle. *She* packed, minimizing the clutter, maximining the space. *He* lifted the bag when going away.

The last time my mother was about to lift a bag, its weight, being more in comparison to what my seventeen-year-old brother had been lifting, my father hastened to lift it saying "tum rehene do, mai kar lunga". She dropped almost immediately, shouldering the load and easing out.

The world continues to evolve and change, the dynamics between the sexes are in a constant flux but the dance of expectations still persist. The duties are designated, the unquestionable is left unobserved while the flawed idea still lingers like the smell of fresh paint, overlooked at times but still choking. The idea delves into how even today women embrace the elements of patriarchal values unknowingly. It suggests of the ingrained beliefs, expectations and behaviours rooted in patriarchal structures, even among the individuals who actively seek equality, challenging the traditional gender roles. It also throws the much required light on the troubled idea of gender reversal as a *ninja* battling against the forces of patriarchy.

It is not a new when we say, that the distribution of roles based on gender is problematic but what is actually infuriating is how women revolt even when they show subtle signs of acceptance in mundane life. I stroll around the campus and hear the red bricked walls almost speaking something, soft murmurs but strong enough to cause crevices. They speak of the last girl who said how she despises the lack of feeling of protectivity, that certain shield, the feeling of a natural wellspring of courage walking by her side in the guy she met last night. They speak of the prevalent want, of men knowing the 'sidewalk rule', 'date knowledge' and being the tender caregivers but not being tender enough to not safeguard her woman. Surprisingly, the same walls have heard the self -proclaimed feminists passionately advocating for women rights, vehement protests against age old stereotypes and against women being naturally 'submissive'. This sharp behavioural contrast highlights the flawed landscapes of modern gender dynamics. It raises questions about the extent to which traditional gender notions still influence our choices, even if we believe we are challenging them. The road to gender equality is undoubtedly difficult but it is necessary to realise that a genuine progress requires a comprehensive revaluation of our beliefs and expectations. A collective shift in mindset which challenges the ingrained biases and fosters a culture that values individuals regardless of their gender might help.

I pack my bag and go to the theatres, watch a typical K'Jo movie, subservient female characters, reinforcing conventional expectations. I turn to the movies like 'Thappad'. I find the problem. The problem stems again from the fact that movies like Thappad, Ki&Ka are believed to have shattered the existing patriarchy. The gender reversal which celebrates women fighting, men doing the bare minimum, women heading towards work outside their home while men taking care of the house is a testimony in itself of the erroneous idea of gender reversal. I doubt if something like reversal of gender is actually helping to solve the problem of gender equality or if it is just developing a flawed theory that something like gender reversal is a sharp voice against patriarchal norms. It presents a complete troublesome idea which hampers the concept of an individual knowing all kinds of work, in all spheres and promotion of a concept which says that something so crucial can actually be resolved by this piddled and blemished approach.

I go back home, watch mom cooking a full-fledged meal, dad coming back, tired from his work. She serves, he helps her in opening the tightly latched lid of the fresh 'aachaar' box. I go back to sleep. It's 12am. The doorbell rings. I walk towards the door to check who it was. My seventeen-year-old brother places a hand on my shoulder, says 'tum rehnde do, mai jaata hu'.

Dhairya Chhabra
B.A(H) English, 2nd year

She



Only if she knew
She was capable of so much more
Only if she knew
That she was worth all the love
Only if she knew
It was all pain to hold onto those hopes forever
Only if she knew that she was worth so much more
Cried nights and in front of people
For a silly rejection, taken to heart
And shook her to the core
Was she that bad was the question but oh girl
You are meant for so much more
The sleepless nights and the hazy days
It would come to place one day
And she will think
Oh! how silly she was to cry that night when she did so much better than she thought
Life is what she dreams
But life is what she lives
With the softest of heart and the prettiest of smiles
She lights the rooms and becomes the sunshine
And she should know
That she is so much more!!

Jasica Ghai
B.A.(H.) English,
2nd year

You



At the start,
We were all under the same sky
Getting the same love and warmth
Living under the same roof
Living with each other
Living in some hearts
To living in someone's dreams
But for some we were rude, mean
But for some we were kind and sweet
But for some we were mischievous
But some called it arrogance
They never understood,
To see the real side of someone,
It took courage for them
If they showed the real self
They loved you and thought you did too
You were called mean and rude
But you were kind and sweet
Too pure for this world, to even exist
You deserve to be loved
They never recognised, never deserved you
They never deserved the real you
At least, at the end
We were all under the same sky

Jasica Ghai
B.A.(H.), English
2nd year

WOMEN EMPOWERMENT

Women empowerment is the process of enabling women to access opportunities and rights in various fields of society. It challenges gender-based discrimination and promotes women self-worth, choices, and influence. It fosters **collaboration and support** among women, reflecting a positive attitude. It was inspired by various movements and struggles for women rights, such as suffrage, education, health, and equality. It benefits not only women, but also their families, communities, and nations, as it enhances **economic growth**, **political stability**, and social transformation. It is an ongoing and dynamic process that requires constant **awareness**, **action**, and **solidarity** among women and allies.

Naturally, when we talk about women empowerment in India what we mean is that women need to be aware of their rights like the right to vote, property rights, freedom of movement, their legal rights, and many more. Empowering women means making women realize their self-worth, their abilities to determine their own choice and shaping the society where women can enjoy their respect and rights just like other humans.

India with a current female population of 48.4% (with men at 51.6%) is on the threshold of growth and women have a big role to play when it comes to the economy. Indian women are still fighting patriarchy and gender inequality. The need for inclusivity of women is also of paramount importance when it comes to the job market in India. If it is top positions and decision-making power that the urban women are fighting for in the corporate world, the rural women still have to battle for their freedom, basic amenities and equal opportunities. The literacy rate of the adult male population in India is 80.95% whereas that of the female population is a disappointing low of 62.84%. Women, in rural India, lack basic formal education and are mostly dependent on their husbands for financial support and thus lack financial independence for the majority of their lifespan. Apart from that women in rural India are prone to more domestic abuse and violence than their urban counterparts.



History of Women Empowerment in India: Women empowerment in India has a long history. Great social reformers in the past like Raja Ram Mohan Roy, Swami Vivekananda, Acharya Vinobha Bhave and Ishwar Chandra Vidyasagar, etc. abolished ghastly practices like sati and child marriage and worked relentlessly in the past for the upliftment of women in India. The Indian National Congress, one of the first political parties in India, raised its voice to demand political rights for women in the year 1917.

The policy of women empowerment was incorporated well into the constitution of India which became effective in the year 1950. Article 14 ensures the right to equality for women; Article 15(1) prohibits gender discrimination; Article 15(3) empowers the state to take affirmative steps in favour of women, to name a few.

The Equal Remuneration Act of 1976, The Maternity Benefit Act in 1961, and The Sexual Harassment of Women at Work Place (Prevention and Protection Act) in 2013 are some of the few specific laws which were sanctioned by the Indian Parliament concerning women rights. In the year 2001, the Government of India launched a national Policy for Women Empowerment with specific objectives like strengthening legal systems aimed at eliminating all forms of discrimination against women.

Nevertheless, India has a long way to go when it comes to women exercising their fundamental rights and enjoying their freedom equally as men.

Although the constitution of India grants equal rights to both men and women, gender disparity still lurks around in both urban and rural areas of India.

Women Empowerment in India in the 21st Century: In modern India, activists like Sunitha Krishnan (a Padma Shri awardee) work relentlessly for rescuing and protecting girls and women who are trafficked or raped, and social entrepreneurs like Arunachalam Muruganantham, who invented the low-cost sanitary-pad making machine so that even women from rural India could afford to buy them, travels around the country to generate awareness about traditional unhygienic practices prevailing around menstruation in rural India. The United Nations Development Program (UNDP India) also runs projects to provide vocational training and skill-building to young women to empower them for future. The way women exercise their empowerment in India has changed the scenario a lot from the previous one. They have initiated their self-help groups, worked in factories, and had their own business. One good example of the Shri Mahila Griha Udyog Lijjat Papad. This was the first papad business, which was handled and organized by an organization of women, where they dried the papad at their convenient places and together sold the papad. Along with this many laws and acts were executed by the Indian Government to boost women empowerment in India.

Conclusion: The demand for women empowerment makes clear that every human being needs to be treated in a way where their dignity and rights are not violated. To live in a civilized world, it is our duty as a human to help people to enlighten and take them out of any dogmatic state of mentality where it harms society in moving forward. We must educate our women and children so that they can carry on the legacy to the upcoming generations and take a part in building a nation.

Awa Imli
B.Sc. (H.) Geology 1st Year

AN ODE TO THE FEARLESS WOMEN

The historical portrayal of women as fearless figures is evident in various cultural and mythological narratives. In ancient mythology, deities such as Athena, the Greek goddess of wisdom and war, and the Hindu goddess Durga, symbolize courage, strength, and fearlessness. These representations of women as fearless beings reflect the reverence and admiration for their resilience and tenacity in the face of adversity. Throughout history, the stories of Joan of Arc, Boudicca, and Cleopatra have become emblematic of the enduring spirit of fearless women who defy societal constraints and assert their agency in the pursuit of justice and freedom.

Social and cultural norms play a pivotal role in shaping the perception of women fearlessness and the opportunities available to them to express their courage and resilience. The traditional gender roles and expectations imposed on women may discourage them from exhibiting fearlessness and taking risks, as they are often socialized to prioritize obedience, submissiveness, and conformity.



Moreover, cultural representations of women in media, literature, and popular culture can either reinforce or challenge the notion of fearlessness in women. The portrayal of women as strong, independent, and fearless figures in the media can inspire and empower others to emulate these qualities. Courage, resilience, determination, and self-efficacy are essential traits that contribute to a woman's fearlessness in navigating the challenges and

adversities she may encounter. The ability to confront and overcome fear, take calculated risks, and stand up for one's beliefs are intrinsic qualities that empower women to embrace fearlessness in their lives.

In contemporary society, the portrayal and recognition of fearless women have evolved to encompass a diverse range of roles, achievements, and contributions. Women in leadership positions, science, technology, engineering, mathematics, the arts, activism, and various other fields have demonstrated exemplary fearlessness in breaking barriers, challenging norms, and effecting positive change. The visibility of fearless women in the public sphere serves as a source of inspiration and empowerment for future generations, reshaping social perceptions of women capabilities and potential.

Women of color, LGBTQ+ women, women with disabilities, and other marginalized groups often confront unique barriers and forms of discrimination that require a nuanced understanding of fearlessness within the context of their intersecting identities.

It is essential to recognize that the fearlessness of women intersects with various aspects of their identity, including race, ethnicity, class, sexual orientation, gender identity, ability, and other dimensions of diversity. The experiences of fearlessness for women from marginalized and disenfranchised communities are shaped by intersecting systems of oppression and privilege, necessitating an intersectional approach to understanding and supporting their fearlessness.

Defined by no man, you are your own story,

Blazing through the world, turning history into herstory.

And when they dare tell you about the things you cannot be,

You smile and tell them,

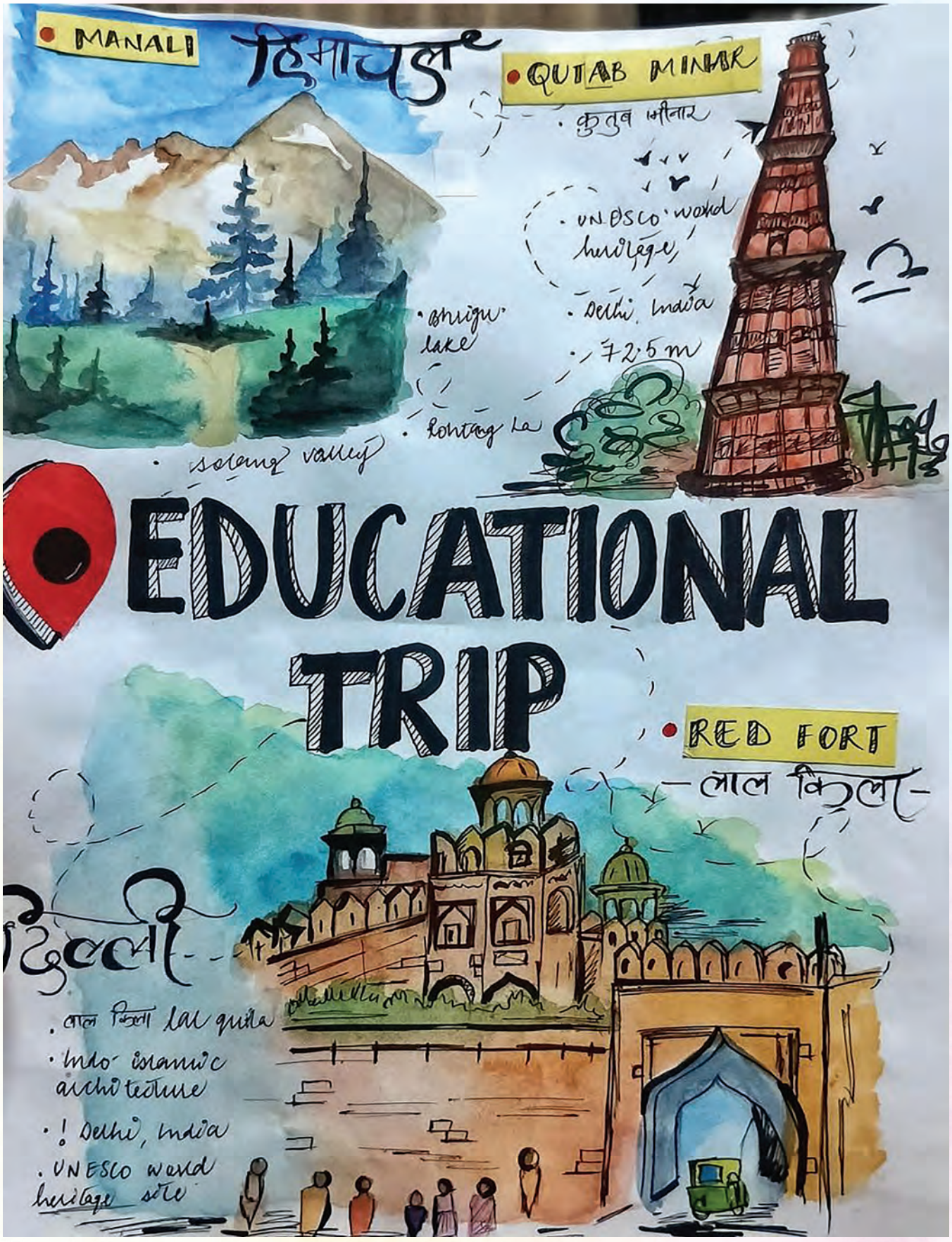
"I am both war and woman and you cannot stop me".

Tanvi Rastogi
B Sc.(H.) Microbiology, 2nd year

Loss of Words

Words flow through her pen.
Her ink burns in the midnight candle.
Love for her loved ones, hate for her enemies,
And her hands stop when she has to write a letter to her-the child unborn.
Loss is the word her womb feels.
Her ink only digs a deep hole on the paper.
A miscarriage of emotions, slowly peeling her off peel by peel,
No words flow through her pen.
She grips the pen tight in her hands.
Forces herself to write a word.
A-B-C -her pen breaks in the mid.
Throws away the pen and cries hard.
Why deny her writing?
Why deny her the joy of motherhood?
Her hands shiver, beg for her child to be in them.
Her mind a dry land, feeling void.

Drishti
B.A. (H.) English,
3rd Year


MANALI
हिमाचल
QUTAB MINAR
कुतुब मीनार
UNESCO world heritage
Delhi, India
72.5 m
Gurigu lake
Rohtang La
Solang valley
EDUCATIONAL TRIP
RED FORT
लाल किला
दिल्ली
लाल किला lal quila
Indo islamic architecture
Delhi, India
UNESCO world heritage site

KNOWLEDGE BEYOND BOOKS

Department of Management Studies

SEBI visit



The Department of Management Studies of Ram Lal Anand College, University of Delhi, organized a Visit to Common Investor Service Centre located in New Delhi on 6th March, 2024 for the students of Final Year. It was a joint session with the officials of SEBI and BSE. The main objective behind the visit was to make the students aware about the functions and roles of the regulatory body in connection to the investors, exchanges and industries.

The educational session was conducted by Mr. Jasdeep Singh Kohli, Senior Manager at BSE along with officials of CDSL, at the training hall of SEBI. The session expounded about SEBI working, guidelines, regulations and norms. The students were shown presentation and several videos related to investor awareness and general guidelines. The resource person also explained about numerous departments functional in SEBI like corporate finance, HR and Investment Management. He also mentored on the career options in SEBI and the process of selection. Various career opportunities in the field of stock management were also explained during the session. Presentation also provided information about online trading and opening of DEMAT account. The session concluded with an insightful demonstration of live market dynamics, providing students with a first-hand understanding of how the market operates in real time. The session was very informative and appreciated by the students.

हिंदी पत्रकारिता एवं जनसंचार विभाग

बीबीसी, नई दिल्ली – 29 फरवरी 2024



महाविद्यालय के हिंदी पत्रकारिता एवं जनसंचार विभाग के सभी विद्यार्थियों को शैक्षणिक सत्र 2023 24 के अंतर्गत बीबीसी न्यूज़ चैनल का दौरा करवाया गया। इस दौरे का मुख्य उद्देश्य विद्यार्थियों को बीबीसी में काम होने की प्रणाली से रूबरू कराना था। साथ ही उन्हें बीसी में नौकरी की संभावनाओं और इंटर्नशिप के बारे में जानकारी दी गई। इस विजिट के दौरान विभाग में कार्यरत प्रो प्रदीप कुमार भी मौजूद रहे।

सुन्दर नर्सरी का शैक्षिक भ्रमण : विभाग के संयोजक प्रो. राकेश कुमार के नेतृत्व में हिंदी पत्रकारिता के विद्यार्थी शैक्षिक भ्रमण के तहत 15 मार्च 2024 को सुन्दर नर्सरी पहुंचे। इसमें विद्यार्थियों के बीच सामूहिकता का संदेश देना था। उन्होंने हुमायूं का मकबरा, झील और पर्यावरण के लिहाज से सैकड़ों किस्म के फूल और पौधों को देखा। इसके बाद एक निश्चित जगह पर एकत्र होकर सामूहिक रूप से लंच किया। लंच के बाद प्रतियोगिताओं का दौर शुरू हुआ। इसमें फिल्मी जानकारी पर केन्द्रित प्रतियोगिता में श्रृंगारिका के नेतृत्व वाली टीम ने बाजी मारी तो विकास यादव की टीम दूसरे स्थान पर रही। खो–खो प्रतियोगिता में रोहित और हर्षित की टीमों के बीच मुकाबला हुआ। इसमें हर्षित की टीम ने जीत का परचम लहराया। इसके साथ ही फिल्मी संवाद से लेकर गीत और कविताएं भी बच्चों ने पेश कीं। अंत में लोगों को संदेश देने के लिए सफाई अभियान चलाया गया। विभाग के शिक्षक डॉ. अटल तिवारी, सुश्री सीमा भारती, डॉ. प्रदीप कुमार, डॉ. निशा सिंह, सुश्री श्वेता आर्या सहित बड़ी संख्या में विद्यार्थी मौजूद रहे।



Educational Trip to Amrit Udyaan



Gandhi Study Circle



Department of Management Studies



Department of Political Science



Department of Statistics

Department of History

Heritage Walk to Purana Qila – 25th October 2023

Tawarikh, the association of history organized a heritage walk to Purana Qila on 25th October for the students of the Department of History. Popularly known as Pandavon ka kila the Purana Qila stands on a mound which may possibly mark the site of the town of Indraprastha of the Mahabharata story. All the students and faculty members including Dr. Krishnan Gopal Tyagi, Dr Sachi Meena, Dr. Parul Gaur, Dr. Arvind Patel, Dr. Shyamjeet Yadav and Prof. Rajiv Kumar were present there near the gate of Purana Qila at 9:00 am and the office bearers responsibly took the attendance and settled everyone along with the tickets. Dr. Shachi Meena addressed the students about the 3 gateways known as Bada Darwaza, the South Gate which is known as the Humayun gate and the Talaqi gate. She also mentioned the overhanging balconies or jharokhas topped with pillar pavilions or chhartis which is a feature of Rajasthani architecture. The heritage walk included various activities to engage and educate participants. The participants were divided into smaller groups and provided with expert guide tour Dr. Sarjun Prasad (Assistant archaeologist). He covered forts, architectural features, historical significance, museums, and stories behind different structures. During the walk students had the opportunity to ask questions to the tour guide and teachers deepening their understanding of the site. At certain points the group gathered to discuss special aspects of Purana Qila, such as its roles in history, preservation challenges and the importance of heritage conservation. The participants were encouraged to capture the beauty of Purana Qila through photography and as a special treat student were provided with biryani, pickles and tetra pack of slice as refreshments. The walk provided students with a practical application of historical knowledge and strengthened their ability to comprehend and analyse historical sites in a real-world context. The heritage walk to Purana Qila organized by Tawarikh, the department of history proved to be an enriching and enjoyable experience for all participants. It successfully achieved its objectives of enhancing students' understanding, appreciation and preservation of historical heritage. Such initiatives play a vital role in bridging the gap between classroom learning and real-world experiences, enabling students to develop a holistic perspective on history.



Department of B.A Programme

Educational field trip

On 17th October, SERENITY organized an Educational Field Trip to National Science Centre, Delhi. The purpose of this trip was to provide students with a unique learning experience and to enhance their understanding of various scientific concepts through interactive exhibits and hands-on activities. The field trip was attended by many students from different disciplines and academic years, accompanied by Convenor Dr Suneyana Sharma and co-convenor Dr Manisha Wadhwa who supervised and guided the students throughout the trip.



Department of Microbiology

THSTI Visit

Mikrobiologika, The Department of Microbiology, Ram Lal Anand College visited the **Translational Health Science and Technology Institute** (THSTI) on **26th September, 2023**. A total of 50 students participated in the visit and the main theme for the day was **"Basics to create a successful Bio-Enterprise".** Some facilities the students visited include The Biorepository and The AI hub.



Visit to the Global Bio-India 2023

Mikrobiologika, The Department of Microbiology, Ram Lal Anand College (60 students and faculty members) went for the Global Bio-India event held in Pragati Maidan, New Delhi on **4th December 2023**. The theme of the event was "**Transforming Lives - Biosciences to Bioeconomy**".



Department of Geology

Tehri Garhwal – 2023-24

From 17th -20th April, 2023, 20 of the B.Sc (Hons) Geology 3rd yr students visited Tehri Garhwal, Uttarajhand Dam site, during which they learned about various processes related to geotechnical investigations and working of the dam. Where they interacted with the scientists and saw various precious minerals and fossils displayed there in the Geological Museum. Apart from that they were also given exposure to various industries to learn about application of the theoretical knowledge they gain during the curriculum. The students enthusiastically interacted with the scientists, observed the exhibits, took part in interactive displays, and attended educational sessions.





Narnaul-Khetri

On 15-16 March 2024, the 3rd yr students were taken to AMD Radioactive and exploration site at Narnaul-Khetri area by Dr. Sarbari Nag. they learned about different aspects of exploratopn of radioactive mineral exploration. At Khetri copper mine of Hindustan Copper they learned about ore estimation, core logging, processing and preservation.

Almora, Uttarakhand

During 2023-24 session from 6th – 12th February, geological field work was conducted for 28 2nd yr students in Almora, Uttarakhand area by Dr. Prabhas Pande, Dr. Ravish Lal, Ms. Pooja Yadav and Mr. Arun Kumar. They also visited Almora Magnesite mine and learned about varieties and occurrence of magnesite, and development of the opencast mine.



Department of Commerce



Village Development Program Patiya Cluster of Village - 17th – 21st February, 2024 .A 5-Day (17th -21st February,2024) Village Development Program in Patiya Cluster of Village was organised under the Guidance of Hon'ble Principal Prof. Rakesh Kumar Gupta. It was led by Mr. Rajinder Singh along with Mr. Krishan Kumar, Ms. Neera Pal and Ms. Sonal Gupta with the support of Society Convenor Dr.Nupur Saboo and Teacher-In-Charge Dr.Ritu Vats .20 students who visited the Almora District of Uttarakhand under the Patiya Village Cluster Adoption Scheme of College, they guided locals about self-business ideas through social media, financial literacy and provided career guidance about commerce related fields to students over there. The students also visited Jageshwar Dham, Chitai Golu Devta Temple, Kasar Devi Temple, Lakhudiyar Caves, Guldaar Valley, Almora City Museum and City Market.

Report: The two days of interaction with the women, children and men of village, the students have gathered that villages have a common problem of unawareness about government schemes and career opportunities available. Along with this, there is a lot of male dominance and women are not allowed to work (other than household chores). Early age marriage is also prominent. Average family size is 7-8 person per family. They consist of grandparents, parents and children. Average income is 30,000 to 40,000 per month, by farming and cattle rearing along with homestays and other activities. The village is not very well connected to main city and the recent developments by college are surely helping them. The children want to work, but another major issue is of migration and not keeping in contact after settling in towns.

Spic Macay



On 12th March 2024 , we organised a heritage walk in the afternoon to Qutub Minar with Dr. Swapna Liddle to gain further insight into our history and monuments in capital state Delhi.

NSS TRIP TO JAISALMER

The National Service Scheme Unit RLAC was on a 7 Days Special Camp in Jaisalmer, Rajasthan, aimed at instilling voluntarily community service and teamwork among the volunteersThe camp commenced with the unit's visit to government schools in village. They interacted with working women in Tanot village, uplifting rural livelihoods. Volunteers visited the Indo-Pak Border and interacted with BSF personnel. The visit to Longewala War Memorial was an enriching experience.



DEPARTMENT OF BA PROGRAMME

Almora-Patya : From March 6th to March 11th, 2024, the Department of BA Programme Serenity Society organized an educational trip to Almora. A total of 37 students, accompanied by four teachers, participated in this enlightening journey. Notably, two of the teachers hailed from different departments, enriching the interdisciplinary experience.The focus of the trip was to understand the challenges faced by the residents of Patya village in Almora. Students engaged directly with the community, gaining firsthand insights into their daily struggles. One significant aspect of the trip was raising awareness about women sanitation issues. Through interactive sessions and workshops, the participants educated the locals about the importance of hygiene and provided guidance on sanitation practices.This immersive experience not only broadened the students' perspectives but also fostered a sense of social responsibility. It exemplified Serenity Society's commitment to holistic education and community engagement.





Manali-Kasol: The B.A. Programme department organized an exciting 3-4 day trip to Manali-Kasol from April 12th to April 16th, 2023. This trip aimed to provide students with an enriching and adventurous experience amidst the scenic beauty of the Himalayas. The Manali-Kasol excursion organized by the B.A. Programme department offered students an opportunity to explore the breathtaking landscapes of Himachal Pradesh, engage in adventurous activities, and create lasting memories with their peers. With a limited number of spots available, the trip aimed to provide an exclusive and memorable experience for participating students.

Nation First



National Service Scheme

The National Service Scheme (NSS) Society at Ramlal Anand College is a beacon of social responsibility and community engagement. With a dedicated focus on welfare works, parades, and drives, the NSS society exemplifies the ethos of service and altruism among its members.

Welfare Works: The NSS society at Ramlal Anand College is committed to uplifting the underprivileged through various welfare initiatives. From organizing educational campaigns and health camps to offering free tuition classes and vocational training programs, the society's efforts aim to empower individuals from marginalized backgrounds and contribute to societal development.



Parades and Drives: Active participation in parades and drives is a cornerstone of the NSS society's activities. Through these events, the society raises awareness about pressing social issues and mobilizes support for meaningful causes. Environmental conservation drives, blood donation camps, and cleanliness campaigns are just some of the ways in which NSS members engage with the community to effect positive changes.



Efforts to Help People: The NSS society at Ramlal Anand College is deeply committed to helping people in need. Through initiatives such as distributing food packets to the homeless, organizing medical assistance for the elderly, and conducting cleanliness drives in local neighborhoods, NSS volunteers demonstrate their dedication to serving others and making a tangible difference in the lives of those they encounter.









Impact and Outreach: The impact of the NSS society's work extends far beyond the college campus. By forging partnerships with local NGOs, government agencies, and community leaders, the society amplifies its outreach and maximizes its effectiveness in addressing societal issues. Through collaborative efforts, NSS volunteers reach remote areas and marginalized communities, ensuring that no one is left behind in their quest for a better tomorrow.

In conclusion, the NSS society at Ramlal Anand College is a shining example of the transformative power of service and solidarity. Through their unwavering commitment to welfare works, parades, and drives, NSS members inspire others to join in their noble cause and continue to make a positive impact on society.

Submitted by -: Agrim Mishra

National Cadet Corps

The National Cadet Corps (NCC) unit at Ramlal Anand College is an embodiment of discipline, leadership, and service. Through its multifaceted programs and activities, the NCC unit cultivates character and nurtures the leadership potential of its cadets.

Training and Skill Development:The NCC unit prioritizes rigorous training and skill development among its cadets. Through physical fitness drills, weapon handling sessions, and leadership workshops, cadets acquire essential skills necessary for personal and professional growth. The unit instills values such as discipline, resilience, and teamwork, which form the bedrock of a strong character.



Community Engagement and Outreach:An integral part of the NCC ethos is community service and social responsibility. Cadets actively engage in various outreach programs, including blood



donation drives, cleanliness campaigns, and disaster relief efforts. By serving their communities, cadets learn the importance of empathy, compassion, and civic duty, thereby contributing positively to society.

Adventure and Exploration:The NCC unit provides cadets with opportunities for adventure and exploration, fostering a spirit of resilience and adaptability. From trekking expeditions to mountaineering camps, cadets are exposed to challenging environments that test their physical and mental limits. These experiences not only build confidence but also develop essential life skills that are invaluable in navigating the complexities of the modern world.



***Leadership and Mentorship**:*Central to the NCC unit's mission is the cultivation of leadership qualities among its cadets. Through a hierarchical structure and mentorship programs, senior cadets mentor and guide their juniors, imparting valuable lessons in integrity, responsibility, and ethical conduct. The unit emphasizes the importance of leading by example and instills in cadets a sense of duty towards their peers and society at large.



In conclusion, the NCC unit at Ram lal Anand College serves as a crucible for character development and leadership training. Through its focus on training, community engagement, adventure, and mentorship, the unit equips cadets with the skills and values necessary to excel in all facets of life. As a bastion of discipline and service, the NCC unit continues to inspire generations of young men and women to uphold the highest ideals of citizenship and make meaningful contributions to society.

Submitted by -: Agrim Mishra

HAUSLA 24

Phule-Periyar-Ambedkar Study Circle, in collaboration with the Equal Opportunity Cell of Ram Lal Anand College, successfully organized its Annual Event – HAUSLA'24 on the 18th and 19th of April 2024. HAUSLA serves as a platform that empowers individuals from all walks of life, particularly those from underprivileged and marginalized communities, by providing them with an opportunity to showcase their skills and find their voice in society.

Day 1 commenced with an Inauguration Session held in the Auditorium. The following esteemed individuals graced the event:

Dr. Vijendra Singh Chauhan (Chief Guest)





Prof. Parmod Mehra (Guest of Honour)

Dr. Rajkumar Falwaria (Guest of Honour)

These distinguished personalities shared their invaluable knowledge and experiences, serving as a source of inspiration for the attending students.

Following the Inauguration Ceremony, various competitions were organized, including Debate, Creative Writing, and Open Mic, wherein students from different colleges enthusiastically participated, showcasing their diverse talents.

Day 2 featured a seminar in the Auditorium, with Major D.P. Singh as the esteemed Guest. Major Singh delivered a motivational speech, encouraging students to persevere through life's challenges. He shared insights from his own journey, including his military career and how he overcame adversity after losing his leg in Kargil War, inspiring others to overcome trauma and live life to the fullest.

Subsequently, several competitions were held, including a Quiz Competition, Poster Making Competition, and a Talent Hunt organized by SUGAM specifically for PwD (Persons with Disabilities) Students.

The two-day event concluded with a closing ceremony, during which all the winners were felicitated with certificates, acknowledging their outstanding performances.

हमे गर्व है देश के जवानों पर

मार कर भी अमर कहलाएं ऐसे है देश के जवान।
बच्चा बच्चा देता है इन पर अपनी जान।
देश के लिए कु छ भी कर जाएं ऐसे लोगो में अरमान कहां।
एक ने भी पीठ पर गोली खाई हो ऐसे हमारे जवान कहां।
देश की रक्षा करनी है मन में यह चिंगारी है।
हर एक व्यक्ति हमारे जवानों का आभारी है।
अभिमान है हमें इन देश के खजानों पर।
हमे गर्व है देश के जवानों पर।

दुश्मनों यह जान लो हमे झुकना नहीं आता।
हमे पहचान लो, हम तीरों पर लेटे है।
महाभारत लडे है जो हम उन वीरो के बेटे है।

देश की तरफ जिसने भी आंख उठाई उसको हमने पछाडा है
जब भी जरूरत पडी भारत मां का बेटा शेर की तरह दहाडा है।
दुनिया नाज़ करती है इन दीवानों पर।
हमे गर्व है देश के जवानों पर।

ऋषभ राय
हिंदी विशेष, तृतीया वर्ष

राष्ट्र के युवाओं को सामाजिक कार्यों की तरफ प्रेरित करने का एक कदम

नेशनल सर्विस स्कीम (छै) राष्ट्रवाद को प्रोत्साहित करती है और युवाओं में राष्ट्रीय भावना को बढ़ावा देती है। यह एक ऐसा संगठन है जो छात्रों को सामाजिक कार्यों और राष्ट्र की सेवा में जुटने के लिए प्रोत्साहित करता है। नेशनल सर्विस स्कीम के माध्यम से, युवा लोगों को समाज में सक्रिय भागीदारी के लिए प्रेरित किया जाता है, जिससे उनका राष्ट्रीय भाव विकसित होता हैद्य नेशनल सर्विस स्कीम के तहत, छात्रों को स्वयं को विकसित करने का अवसर मिलता है, जबकि वे समाज के लिए उपयोगी कार्यों में भाग लेते हैं। इसके माध्यम से, वे अलग–अलग समस्याओं का समाधान करने के लिए एकसाथ काम करते हैं, जिससे उनका राष्ट्रीय भाव मजबूत होता है। नेशनल सर्विस स्कीम के कार्यक्रमों में, छात्रों को राष्ट्रीय संस्कृति और गर्व के महत्व को समझाया जाता है। इसके माध्यम से, छात्रों को अपने देश के इतिहास, संस्कृति, और समृद्धि के प्रति गहरी श्रद्धा विकसित होती है। नेशनल सर्विस स्कीम के तहत, छात्रों को देश की सेवा में जुटने का मौका मिलता है, जिससे उनका राष्ट्रीय भाव और समाजिक जिम्मेदारी के प्रति आदर बढ़ता है। वे स्वयं को देश के साथी के रूप में महसूस करते हैं और अपने समुदाय के विकास में योगदान देने के लिए प्रेरित होते हैं। इस प्रकार, नेशनल सर्विस स्कीम राष्ट्रीय भावना को स्थायी बनाने में महत्वपूर्ण भूमिका निभाती है। यह युवाओं को समाज की सेवा में जुटने के लिए प्रेरित करती है और उन्हें एक महान राष्ट्र के सदस्य के रूप में योग्य नागरिक बनाती है।

अग्रिम मिश्रा
बीए पोलिटिकल साइंस
प्रथम वर्ष

देश के युवाओं को वीरता की तरफ बढ़ाने का पहला कदम)

राष्ट्रीय कैडेट कोर (छब्ब) एक ऐसा संगठन है जो छात्रों को देश की सेना, समर्पण, और राष्ट्रीय भावना के महत्व को सिखाता है। यह एक प्रमुख योजना है जो छात्रों को राष्ट्रीय समर्पण और सेवा के प्रति प्रेरित करती हैद्यछब्ब के माध्यम से, छात्रों को देश की सीमा सुरक्षा और एकता के महत्व को समझाया जाता है। इसके तहत, वे सैनिकों के जीवन और उनके बलिदान के प्रति आदर व्यक्त करते हैं और अपने देश के लिए समर्पित होने के महत्व को समझते हैं। छब्ब के कार्यक्रमों में, छात्रों को सामाजिक और सांस्कृतिक मूल्यों का महत्व भी सिखाया जाता है। वे सामूहिक रूप से गतिविधियों में भाग लेकर टीमवर्क और लीडरशिप कौशलों को सीखते हैं, जो उन्हें एक अच्छे नागरिक बनाते हैं।छब्ब के सदस्य छात्रों को सैन्य तकनीकों का ज्ञान और अनुशासन का महत्व भी सिखाया जाता है। इसके अंतर्गत, छात्रों को सैन्य प्रशिक्षण मिलता है जो उन्हें न सिर्फ देश की सेना में शामिल होने के लिए तैयार करता है, बल्कि उन्हें एक संयमित और उद्यमी नागरिक बनाने में भी मदद करता है।इस प्रकार, छब्ब छात्रों को राष्ट्रीय भावना और सेवा के प्रति प्रेरित करता है। यह उन्हें एक सामूहिक भावना और देशभक्ति की भावना विकसित करता है, जो उन्हें अच्छे और समर्पित नागरिक बनाता है।

गोवर्धन शदानी
बी ए पोलिटिकल साइंस
प्रथम वर्ष



B.A. (PROG.)



B.COM (PROG.)



B.COM (H)



BJMC



BMS



COMPUTER SCIENCE



ENGLISH



GEOLOGY



HINDI



HISTORY



MATHS



MICROBIOLOGY



POLITICAL SCIENCE



STATISTICS

Backbone of RLA



ACCOUNTS STAFF



ADMINISTRATION STAFF

Backbone of RLA



LIBRARY STAFF



LAB STAFF



CLEANLINESS STAFF

Sponsored Scholarships For Academic Year 2023-24

Scholarship Name	Number of scholarship	Amount
Dr. Devender Kumar Memorial Scholarship	2	6000
Late Shri Dule Ram Memorial Scholarship	1	5000
Late Smt. Chatto Devi Memorial Scholarship	1	5000
Late Shri Bir Singh Memorial Scholarship	1	5000
Dr. Usha Aggarwal "Tejaswi" Scholarship	2	6000
Sultan Chand Dropadi Devi Memorial Scholarship	1	6000
Dr. M C Gupta Scholarship In Commerce	2	6000
Dr. M S Verma Scholarship	1	6000
Dr. R K Agarwal Scholarship	1	6000
Dr. Ramesh Chandra and Ms Kanti Mishra Scholarship	2	4000
Late Shri Mohan Swarup Dwivedi Memorial Scholarship	2	6000
Mrs. Uma Malik Memorial Scholarship	8	8000
Dr. GR.Taneja Memorial Scholarship	7	6000



GANDHI STUDY CIRCLE

1. **Quiz Competition**: Quiz competition was organised by Gandhi Study Circle to make insights about the knowledge that students contains about Gandhiji. Students participated in a very enthusiastic way and event was a great success.

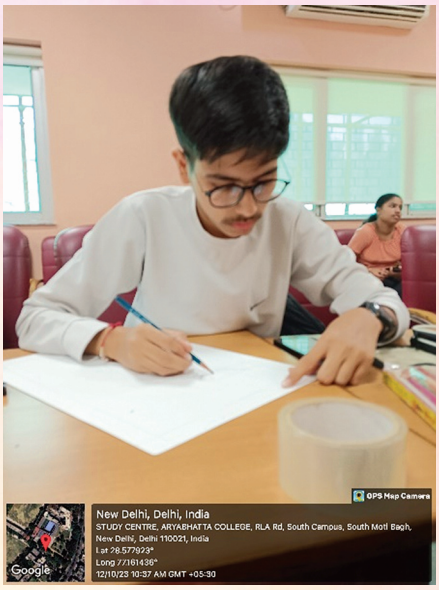
2. **Educational trip to Amrit Udyan :** Educational Trip to Amrit Udyan, Rashtrapati Bhavan, New Delhi was conducted by Gandhi Study Circle. Its sole purpose was to enhance knowledge among the students through an extra caricular activity. Students learned new things and gained knowledge regarding various aspects of the place concerned.

3. **Orientation Program :** The aim of orientation program is to introduce the Gandhi Study Circle, its motive, objectives and other relevant information among the students and to recruit new members in the society.

4. **Open mic competition:** The aim of the competition is to encourage students and weave the thoughts of Gandhi ji into them. Students participated enthusiastically and put forward their views in various forms like lecture, poems etc. The overall event was great success.

5. **Poster Making Competition:** Gandhi Study Circle has organised an poster making competition, the aim of the competition is to encourage students and show their skills via artistic way, participants showed their thoughts via posters and participated in a enthusiastic manner.





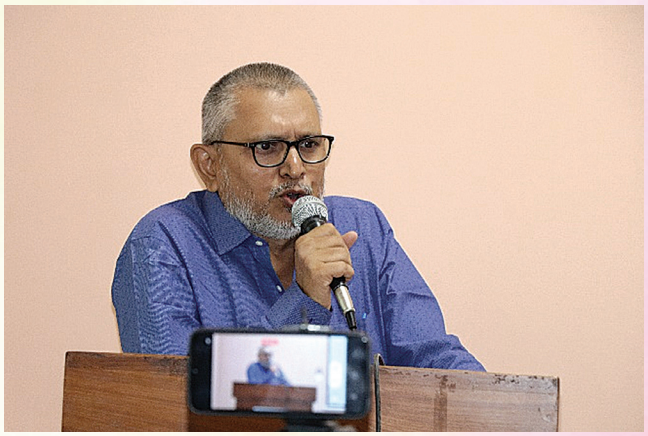


6. **Lecture (Yuva Shakti Desh Bhakti):** Shaurya Chakra Sammanit Commando Shri Zile Singh .The aim of this lecture is to encourage the feeling of patriotism among the young minds and making them aware of how they can contribute towards the nation in various ways





7. **Lecture (Gandhi Ji Ka Yuva Man):** Gandhi Study Circle has organised a lecture on the topic Gandhi ji ka yuva man, the aim of this lecture is to make aware about Gandhi Ji's youth and his accomplishments to the young minds.





8. **Khadi Mohotsav with NSS:** The aim of this event is to let students know the importance of Khadi and its role in Indian freedom struggle





9. **Essay Writing Competition:** The aim of this event is to make students reveal their thoughts via the form of an essay and make them able to express their thinking.

DEPARTMENT OF COMMERCE

Induction : The induction session for the Commerce Society welcomed new members into an engaging and dynamic community focused on bridging academic learning with practical applications in commerce-related fields. The session highlighted the society's core objectives, including knowledge enhancement, skill development, networking, and community engagement.The society offers a diverse range of activities throughout the academic year, such as workshops, panel discussions, networking events, case study competitions, and community outreach programs. New members were encouraged to actively participate, share ideas, and take on roles that align with their interests to contribute to the society's success.The induction emphasized the importance of engagement and collaboration among members, providing a platform for growth, learning, and the development of a strong professional network within the commerce domain.

Alumni Baithak: Certainly, the alumni session on investment banking was a comprehensive and enlightening event. Participants gained insights into the dynamic landscape of investment banking, exploring topics such as market trends, financial modeling, and deal structuring. Sir shared valuable real-world experiences, shedding light on successful strategies and potential challenges in the industry. The session emphasized the importance of adaptability and strategic thinking in the fast-paced world of finance. Attendees also had the opportunity to engage in interactive discussions, developing their knowledge into the field. Sir also included a fun Q&A session which kept the audience engaged in the session. Overall, the session proved instrumental in equipping attendees with practical knowledge and networking opportunities, ensuring they are well-prepared to navigate the complexities of investment banking in today's competitive market.





ComIQ: The quiz competition assessed participants' expertise in accounting, finance, marketing, management, and entrepreneurship. The questions covered a wide array of topics, such as financial statement analysis, investment planning, market research methods, organizational theories, and startup strategies. Participants were challenged to apply these concepts to solve complex business problems and showcase their understanding of real-world scenarios. The competition aimed to identify individuals with a holistic grasp of commerce-related disciplines, emphasizing critical thinking, analytical skills, and practical knowledge. Participants were evaluated on their ability to integrate these domains, demonstrating a comprehensive understanding of the multifaceted aspects of modern business practices. In the fund allocation competition, participants were tasked with optimizing the distribution of limited resources among various investment options. This challenge tested their financial acumen, strategic thinking, and risk management skills. Participants analyzed different investment opportunities, considering factors like potential returns, risks, market trends, and economic indicators. They developed investment portfolios, justified their choices based on market analysis. The competition evaluated participants'

ability to make informed decisions, allocate funds wisely, and adapt to changing market conditions. It fosters financial literacy, decision-making agility, and analytical prowess among participants, preparing them for real-world investment scenarios.





ZEUS 3.0: The annual departmental fest- the two days of festivities hosted various events, competitions, discussions and lots of learning with fun.

On Day1-

We had Business Conclave- A Panel Discussion on the topic "Roadmapping India Journey towards achieving Viksit Bharat 2047". Our Panel Consisted of CA ARCHIT AGARWAL (Founder @ THINKING BRIDGE), RAGHUVEER NATH (Vice President @ IIV PM), ATUL KULSHRESHTHA (Senior Vice President @ QUINTES GLOBAL).

The Second event for the day was a Quiz Competition based on brand and logo recognition. It was competition open only for RLAC students. Teams participated with full enthusiasm and vigor. The quiz aimed to test the students knowledge about various brands, their logos and memory along with the impact of these brands and their packaging and advertising.

On Day2-

The day Started with Franchise Forum- Building and Bidding the essence of auction. This competition consisted of two sub-competitions: Jersey Designing and IPL Auction. The event aimed at testing finance management along with designing and marketing skills. It also aimed to test the market knowledge and preference.

Another competition lined up for the day was "Markverse," which was a marketing case study competition open to students from various colleges. A total of 97 participants registered for the event, showcasing a high level of interest and enthusiasm among students.The presentations delved into diverse marketing strategies, covering topics such as product positioning, target audience analysis, promotional tactics, and market research insights."Markverse" aimed to cultivate creative thinking and strategic planning skills among students interested in marketing. It provided a platform for participants to apply theoretical knowledge to practical scenarios and hone their presentation abilities.







59th Annual Day & Prize Distribution Function





ANNUAL DAY



RAM LAL ANAND COLLEGE
59th ANNUAL DAY &
PRIZE DISTRIBUTION FUNCTION

RAM LAL ANAND COLLEGE
59th ANNUAL DAY &
PRIZE DISTRIBUTION FUNCTION

RAM LAL ANAND COLLEGE
59th ANNUAL DAY &
PRIZE DISTRIBUTION FUNCTION

RAM LAL ANAND COLLEGE
59th ANNUAL DAY &
PRIZE DISTRIBUTION FUNCTION
27th APRIL 2023
5 PM ONWARDS
FRONT LAWN


59th ANNUAL DAY &

59th ANNUAL DAY &
PRIZE DISTRIBUTION FUNCTION

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59th ANNUAL DAY &
PRIZE DISTRIBUTION FUNCTION

SPLENDOUR '2024

STUDENT UNION



























60TH FOUNDATION DAY














RLA TEACHING STAFF



R.L.A. in News

देहदान के प्रति जागरूकता हेतु राम लाल आनंद महाविद्यालय में कार्यशाला आयोजित

नई दिल्ली, संवाददाता। दिल्ली विश्वविद्यालय के राम लाल आनंद महाविद्यालय में देहदान जागरूकता कार्यशाला का आयोजन किया गया। यह कार्यशाला महाविद्यालय की राष्ट्रीय कैडेट कोर (एनसीसी), राष्ट्रीय सेवा योजना (एनएसएस) और एनवीरो देह दान समिति के संयुक्त तत्वावधान में आयोजित की गई। दिल्ली विश्वविद्यालय के कुलपति प्रो योगेश सिंह के आह्वान पर आयोजित इस कार्यशाला में मुख्य अतिथि के रूप में दक्षिण देहदान समिति के संयुक्त सचिव डॉ. विशाल चड्ढा ने देहदान से जुड़ी महत्वपूर्ण जानकारी पर प्रकाश डाला। उन्होंने बताया कि एक व्यक्ति



दिल्ली विश्वविद्यालय के एनसीसी समन्वयक मेजर प्रो. संजय कुमार शर्मा और डॉ. अनुराग शर्मा मौजूद रहे।

कार्यक्रम में देहदान समिति से डॉ. विशाल चड्ढा ने देहदान से जुड़ी महत्वपूर्ण जानकारी पर प्रकाश डाला। उन्होंने बताया कि एक व्यक्ति के कॉर्निया से चार लोगों की आंखों की रोशनी वापस लाई जा सकती है। ब्रेन-डेड हुए व्यक्ति के आठ अंग और कार्डियक अरेस्ट के कारण मृत व्यक्ति के तीन अंग का इस्तेमाल, किसी अन्य जरूरतमंद व्यक्ति के लिए किया जा सकता है। इस कार्य से किसी की जान बचाई जा सकती है। एक मेडिकल स्टूडेंट के लिए मृत शरीर एक पहेली बनता है उसकी जीविकोपार्जन है। देहदान के बहुत सारे कारण हैं इसलिए हमें समाज में देहदान को सकारात्मक रूप से बढ़ावा देना चाहिए। देहदान के प्रचार-प्रसार में एनएसएस और एनसीसी यूनिटीज़ का एक अहम योगदान है। समाज में देहदान के प्रति झिझक तोड़ने के लिए युवा शक्ति महत्वपूर्ण भूमिका निभा सकती है। डीयू के एनएसएस प्रोग्राम समन्वयक, डॉ. नरेंद्र सिंगरौरे ने विश्वविद्यालय में एनएसएस की भागीदारी के बारे में प्रकाश डाला।

उन्होंने यह बताया कि कैसे एनएसएस की मदद से हम समाज में एक जागरूकता कार्यक्रम ला सकते हैं। कार्यक्रम में उपस्थित प्रिंसिपल ऑफिसर्स में एनएसएस के समन्वयक अजय राम ने बताया कि एनएसएस के माध्यम से विद्यार्थियों को राष्ट्रपति सम्मान, रिपब्लिक डे कैंप और विदेश जाने का मौका मिलता है, जिसके जरिये आप अपना सम्पर्क विकसित कर सकते हैं। कार्यक्रम की शुरुआत मेजर प्रो. संजय शर्मा ने स्वागत भाषण से की। उन्होंने मानव शरीर की महत्ता पर प्रकाश डाला और देहदान पर अपने विचार रखे। कार्यक्रम का औपचारिक संचालन एनएसएस के प्रोग्राम ऑफिसर डॉ. अनुराग शर्मा ने धन्यवाद ज्ञापन से किया। कार्यक्रम का सफल संचालन कैडेट आलोक राज और सार्जेंट प्रियंका सिंह ने किया।

समाज सेवा से ही भारत विकसित राष्ट्र बनेगा





आरएलए कॉलेज में विरासत-2024 का आयोजन

नई दिल्ली। डीयू के राम लाल आनंद कॉलेज (आरएलए) में छात्रों में भारतीय संस्कृति के मूल्यों की व्यापकता की समझ जगाने के लिए सांस्कृतिक उत्सव विरासत-2024 का आयोजन किया गया। यह कार्यक्रम देश के इतिहास और संस्कृति को करीब लाने के उद्देश्य से किया गया।

इसमें छात्रों को कला के उन विभिन्न रूपों को देखने का अवसर मिला, जिन्हें जीवित रखने के लिए कलाकार कठोर अभ्यास करते हैं। वहीं, संस्कृति के प्रति अपना समर्पण दिखाते हैं। इस पांच दिवसीय उत्सव में विभिन्न सांस्कृतिक कार्यक्रमों का आयोजन किया गया। इसमें पंडित भुवनेश कोमाली के गायन ने सभी को मंत्रमुग्ध कर दिया। चेतन निगम ने हारमोनियम और शंभूनाथ भट्टाचार्य ने तबला वादक के रूप में कार्यक्रम की शोभा बढ़ाई। ब्यूरो



Ram Lal Anand College : राम लाल आनंद कॉलेज में कला प्रेमियों के लिए पाँच दिवसीय उत्सव का सज रहा मंच

Ram Lal Anand College : महानगरों की भाग दौड़ भरी ज़िंदगी में संस्कृति लोगों को उनके जड़ों से जोड़कर रखने का काम करती है।

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राम लाल आनंद कॉलेज ने श्यामलाल कॉलेज को हराया

नई दिल्ली, वार्ता। द्वितीय स्वामी दयानंद सरस्वती डे-नाईट टी-20 इंटर कॉलेज क्रिकेट टूर्नामेंट के उद्घाटन मैच में राम लाल आनंद कॉलेज ने श्यामलाल कॉलेज को 115 रनों से हराया। पी.जी.डी.ए.वी कॉलेज (प्रात:) द्वारा आयोजित टी-20 इंटर कॉलेज क्रिकेट टूर्नामेंट का शुभारंभ प्राचार्य प्रोफेसर कृष्णा शर्मा ने सिक्का उछालकर किया। राम लाल आनंद कॉलेज ने टॉस जीतकर पहले बल्लेबाजी करते हुए चार विकेट पर 207 रन का विशाल स्कोर बनाया। टीम के लिए सर्वोत्तम शर्मा ने 32 गेंदों में 49 रन बनाए और मेहुल चौहान ने 11 रन देकर तीन विकेट लिए। राम लाल आनंद कॉलेज के गेंदबाजों ने बेहतरीन प्रदर्शन करते हुए श्यामलाल लाल कॉलेज की टीम को 14 ओवर में 92 रन पर ढेर कर मुकाबला 115 रनों से जीत लिया।

विश्व सतरंज चैम्पियनशिप की मेजबानी का क्या करेगा भारत

चेन्नई, भाषा। अखिल भारतीय शतरंज महासंघ (एआईसीएफ) के नव नियुक्त

देहदान पर राम लाल आनंद कॉलेज में कार्यशाला

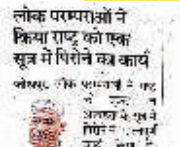
नई दिल्ली, (पत्रक भेजने): दिल्ली विश्वविद्यालय (डीयू) से संबद्ध राम लाल आनंद कॉलेज में देहदान जागरूकता कार्यक्रम का आयोजन किया गया। यह कार्यक्रम कॉलेज की राष्ट्रीय कैडेट कोर (एनसीसी), राष्ट्रीय सेवा योजना (एनएसएस) और एनवीरो देह दान समिति के संयुक्त तत्वावधान में आयोजित की गई। डीयू के कुलपति प्रो योगेश सिंह के आह्वान पर आयोजित इस कार्यशाला में मुख्य अतिथि के रूप में दक्षिण देहदान समिति के संयुक्त सचिव डॉ. विशाल चड्ढा, दिल्ली विश्वविद्यालय के एनएसएस प्रोग्राम समन्वयक डॉ. नरेंद्र कुमार सिंगरौर, एनएसएस केंद्रीय समन्वयक दिल्ली अंचल राम, महाविद्यालय के प्राचार्य प्रो. राकेश कुमार गुप्त, दिल्ली विश्वविद्यालय के एनसीसी समन्वयक मेजर प्रो. संजय कुमार शर्मा और डॉ. अनुराग शर्मा मौजूद रहे। कार्यक्रम में देहदान समिति से डॉ. विशाल चड्ढा ने देहदान से जुड़ी महत्वपूर्ण जानकारी पर प्रकाश डाला।

स्वामी दयानंद सरस्वती टूर्नामेंट में आरएलए का जीत से शुभारंभ



नई दिल्ली। पी.जी.डी.ए.वी कॉलेज द्वारा आयोजित द्वितीय स्वामी दयानंद सरस्वती टी-20 क्रिकेट के पहले मैच में रामलाल आनंद कॉलेज (आरएलए) ने श्यामलाल कॉलेज को 115 रन से हराया। टूर्नामेंट का शुभारंभ प्राचार्य प्रोफेसर कृष्णा शर्मा ने सिक्का उछालकर किया। प्रोफेसर अवनिजेश अवस्थी, सुरेन्द्र कुमार, डॉ. मिनी, प्रो. राकेश कुमार, डॉ. मुकेश और क्रिकेट कोच विवेक आनंद झा मौजूद रहे। आरएलए ने 4 विकेट पर 207 रन बनाए। सर्वोत्तम शर्मा ने 49 रन बनाए। श्यामलाल की टीम 92 रन पर ऑल आउट हो गई। ब्यूरो

लोक परम्पराओं ने किया राष्ट्र को एक सूत्र में पिरोने का कार्य



स्वयंसेवकों ने श्रमदान किया







राम लाल आनंद कॉलेज स्वामी दयानंद सरस्वती डे-नाईट टी-20 इंटर कॉलेज क्रिकेट टूर्नामेंट के उद्घाटन मैच में जीता





आरएलए कॉलेज के सर्वोत्तम शर्मा को पीजीडीएवी कॉलेज के वाणिज्य विभाग के वरिष्ठ प्रोफेसर सुरेंद्र कुमार द्वारा प्लेयर ऑफ द मैच की ट्रॉफी देते हुए।

पी.जी.डी.ए.वी कॉलेज (प्रात:) द्वारा आयोजित द्वितीय स्वामी दयानंद सरस्वती डे-नाईट टी-20 इंटर कॉलेज क्रिकेट टूर्नामेंट के उद्घाटन मैच में श्यामलाल और राम लाल आनंद कॉलेज की टीमें मेजबान पी.जी.डी.ए.वी कॉलेज (प्रात:) की प्राचार्य प्रोफेसर कृष्णा शर्मा के साथ।

सरिता प्रवाह ब्यूरो

नई दिल्ली । पी.जी.डी.ए.वी कॉलेज (प्रात:) द्वारा आयोजित द्वितीय स्वामी दयानंद सरस्वती डे-नाईट टी-20 इंटर कॉलेज क्रिकेट टूर्नामेंट के उद्घाटन मैच में राम लाल आनंद कॉलेज ने श्यामलाल कॉलेज को 115 रनों से हराया। टूर्नामेंट का शुभारंभ प्राचार्य प्रोफेसर कृष्णा शर्मा ने सिक्का उछालकर किया।

इस अवसर प्रोफेसर अवनिजेश अवस्थी, सुरेन्द्र कुमार, डॉ. मिनी(स्पोर्ट्स कमिटी कन्वीनर), प्रो. राकेश कुमार, डॉ.पवन डबास, डॉ. मुकेश कुमार और क्रिकेट कोच विवेक आनंद झा मौजूद रहे। प्रो. कृष्णा शर्मा ने टूर्नामेंट के माध्यम से यह सन्देश दिया कि खेलों में हार जीत का उतना महत्व नही है जितना खेल भावना का है।राम लाल आनंद कॉलेज ने टॉस जीतकर पहले बल्लेबाजी कर 4 विकेट पर 207 रन का विशाल स्कोर बनाया। सर्वोत्तम शर्मा ने 32 गेंदों में 49 रन बनाए और मेहुल चौहान ने केवल 11 रन देकर 3 विकेट लिए जिससे श्यामलाल लाल कॉलेज टीम 14 ओवर में 92 रन पर ऑल आउट हो गई।

आरएलए कॉलेज के सर्वोत्तम शर्मा को पीजीडीएवी कॉलेज के वाणिज्य विभाग के वरिष्ठ प्रोफेसर श्री सुरेंद्र कुमार द्वारा प्लेयर ऑफ द मैच की ट्रॉफी दी।

देहदान से दूसरे जरूरतमंद की जान बचेगी : डॉ. विशाल

नई दिल्ली (एसएनबी)। रामलाल आनंद कॉलेज में देहदान जागरूकता कार्यशाला आयोजित किया गया। राष्ट्रीय

विशेष कैम्प का आयोजन किया

जैसलमेर के पश्चिम रामलाल आनंद कॉलेज, दिल्ली विश्वविद्यालय दिल्ली के राष्ट्रीय सेवा योजना एनएसएस इकाई ने जैसलमेर शहर में सात दिनों के विशेष कैम्प का आयोजन किया गया। स्पेशल कैम्प की रूप रेखा दिल्ली विश्वविद्यालय के एनएसएस योजना



कॉलेज में प्राचार्य प्रोफेसर कृष्णा शर्मा के साथ दोनों टीमों के खिलाड़ी।

राम लाल आनंद कॉलेज ने जीता मैच

जलते दीप

लोक परम्पराओं ने राष्ट्र को एक सूत्र में पिरोने का कार्य किया: प्रो महीपाल





प्रति जागरूकता कार्यशाला आयोजित

आयोजित की गई।

दिल्ली विश्वविद्यालय के कुलपति प्रो योगेश सिंह के आह्वान पर आयोजित इस कार्यशाला में मुख्य अतिथि के रूप में दक्षिण देहदान समिति के संयुक्त सचिव डॉ विशाल चड्ढा ने देहदान से जुड़ी महत्वपूर्ण जानकारियों पर प्रकाश डाला। उन्होंने बताया कि ब्रेन-डेड हुए व्यक्ति के आठ अंग और कार्डियक अरेस्ट के कारण मृत व्यक्ति के तीन अंग का इस्तेमाल किसी अन्य जरूरतमंद व्यक्ति के लिए किया जा सकता है। हमें समाज में देहदान को सकारात्मक रूप से बढ़ावा देना चाहिए। ब्यूरो

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