



Faculty Profile Ram Lal Anand College, University of



Title	Dr.	Name:	NAVEEN KUMAR	
Department		Physical Education		
Designation		Assistant Professor		
Phone		9812867671		
Email		naveendhankhar.pe@rla.du.ac.in		
Institutional Web page				
Google Scholar ID		kdweq2sAAAAJ		
Research Gate ID				
ORCID ID				
Scopus ID				
Vidwan ID				
Educational Qualifications				
Degree		Institution	Year	
Ph.D. Physical Education		Central University of Haryana	2024	
M.P. Ed		CDLU SIRSA	2019	
B.P. Ed		MDU ROHTAK	2015	

Permanent/ Temporary/ Contractual/ Adhoc Teaching Experience					
Designation	Institution	Duration	From	To	Nature
Assistant Professor	Ram Lal Anand College, University of Delhi	—	25.08.2026	Till Date	Permanent
Guest Lecturer	CDLU SIRSA	8 Months	29.01.2026	24.08.2026	Temporary
Administrative Assignments					
NA					
Areas of Interest / Specialization					
Sports Training, Football					
Subjects Taught					
Sports Training					
Research Guidance					
NA					
Research Projects (Major Grants/Research Collaboration)					
NA					
Publications					
1. Naveen kumar. (2022). Effect of saq training on physical fitness variables of football player.. IJFANS international journal of food and nutritional sciences, 11,9719-9727.ISSN. 2319 1775 2. Naveen kumar.(2023) EFFECT OF INTERVAL TRAINING ON PHYSICAL FITNESS VARIABLES OF FOOTBALL PLAYERS. IJFANS international journal of food and nutritional sciences 12,2303-2311. ISSN. 2319 1775 3. Kumar, S., Ahlawat, R. P., & Kumar, N. (2026). Artificial Intelligence in Physical Education: A Critical Analysis of Myths, Reality, Misuse and Opportunities.					

Chapters in books and e-chapters (Published)
Conference Organization/ Presentations
National Conferences International Conferences: 1.
Awards and Distinctions
1. National Eligibility Test NET (2023)
Association With Professional Bodies
1.
Other Activities
1. N.I.S. Certificate Course (Football)



Signature of Faculty Member