

Ram Lal Anand College
University of Delhi
Centre for Human values, Ethics and Life Skill

Schedule: 2021-2022
Semester 1

	Date & Time	Topic	Group	Speaker
December				
Saturday	04.12.21 3-5 pm	Orientation Human Values	For Students of all courses	Dr Devender Kumar Gupta, Founder Ladli foundation
Wednesday	08.12.21 3-5 pm	Self-Awareness & Self Esteem	G-1	Mr Govind Mishra
Thursday	09.12.21 3-5 pm	Self-Awareness & Self Esteem	G-2	Mr Govind Mishra
Friday	10.12.21 1-3 pm	Self-Awareness & Self Esteem	G-3	Mr Govind Mishra
Wednesday	22.12.21 3-5 pm	Critical Thinking/Creative Thinking	G-1	Ms Meenu Bhargava
Thursday	23.12.21 3-5 pm	Critical Thinking/Creative Thinking	G-2	Ms Meenu Bhargava
Friday	24.12.21 1-3 pm	Critical Thinking/Creative Thinking	G-3	Ms Meenu Bhargava
January				
Wednesday	05.01.22 3-5 pm	Social & Political Responsibility	G-1	Dr Ajay Kumar Sharma
Thursday	06.01.22 3-5 pm	Social & Political Responsibility	G-2	Dr Ajay Kumar Sharma
Friday	07.01.22 1-3 pm	Social & Political Responsibility	G-3	Dr Ajay Kumar Sharma
Wednesday	19.01.22 3-5 pm	Emotional Intelligence	G-1	Mr Suneel Keswani
Thursday	20.01.22 3-5 pm	Emotional Intelligence	G-2	Mr Suneel Keswani
Friday	21.01.22 1-3 pm	Emotional Intelligence	G-3	Mr Suneel Keswani
February				

Wednesday	02.02.22 3-5 pm	Tolerance & Equality	G-1	Dr Rita Misra
Thursday	03.02.22 3-5 pm	Tolerance & Equality	G-2	Dr Rita Misra
Friday	04.02.22 1-3 pm	Tolerance & Equality	G-3	Dr Rita Misra
Wednesday	16.02.22 3-5 pm	Anger and Stress Management	G-1	Ms Mahak Vaish
Thursday	17.02.22 3-5 pm	Anger and Stress Management	G-2	Ms Mahak Vaish
Friday	18.02.22 1-3 pm	Anger and Stress Management	G-3	Ms Mahak Vaish

G-1a : B. A. (P) / History/ B. Com. (H) / English / BMS/ Statistics/ Geology (**Wednesday: 3-5 pm**)

G-2: Computer Science / Mathematics/ Microbiology / Political Science (**Thursday: 3-5 pm**)

G-3: B. Com. (P) / BJMC/ Hindi (**Friday: 1-3 pm**)

Semester 2

	Date & Time	Topic	Group	Speaker
April				
Saturday	09.04.22 10-12 noon	Choices and Decisions	G-1	Dr Bhavna Barmi
Saturday	16.04.22 10-12 noon	Choices and Decisions	G-2	Dr Bhavna Barmi
Saturday	23.04.22 10-12 noon	Harmony in Society	G-1	Ms Anuja Roy
Saturday	30.04.22 10-12 noon	Harmony in Society	G-2	Ms Anuja Roy
May				
Saturday	07.05.22 10-12 noon	Conflict Resolution and empathy	G-1	Mr Abhijit
Saturday	14.05.22 10-12 noon	Conflict Resolution and empathy	G-2	Mr Abhijit
Saturday	21.05.22 10-12 noon	Happiness	G-1	Ms Divya Shah
Saturday	28.05.22 10-12 noon	Happiness	G-2	Ms Divya Shah
June				
Saturday	04.06.22 10-12 noon	Communication & Negotiations	G-1	Mr Rahul Kapoor
Saturday	11.06.22 10-12 noon	Communication & Negotiations	G-2	Mr Rahul Kapoor

Saturday	18.06.22 10-12 noon	Ethics	G-1	Dr Seema Gupta
Saturday	25.06.22 10-12 noon	Ethics	G-2	Dr Seema Gupta
July				
Saturday	02.07.22	Story Telling	G-1	Ms Amita Khare
Saturday	09.07.22	Story Telling	G-2	Ms Amita Khare

Rita Jain

Dr Rita Jain
Co-ordinator

Rang Gupta

Dr Rakesh Kumar Gupta
Principal