



रामलाल आनंद कॉलेज

दिल्ली विश्वविद्यालय

बेनिटो हुआरेज़ रोड, नई दिल्ली-110021 (इंडिया)

Ram Lal Anand College

University of Delhi

Benito Juarez Road, New Delhi-110021 (India)

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Website : www.rlacollege.edu.in

02.12.2021

Centre for Human Values, Ethics and Life Skill

Schedule: 2021-2022

	Date & Time	Topic	Group	Speaker
December				
Saturday	04.12.21 3-5 pm	Orientation Human Values	For Students of all courses	Dr Devender Kumar Gupta, Founder Ladli foundation
Wednesday	08.12.21 3-5 pm	Self-Awareness & Self Esteem	G-1	Mr Govind Mishra
Thursday	09.12.21 3-5 pm	Self-Awareness & Self Esteem	G-2	Mr Govind Mishra
Friday	10.12.21 1-3 pm	Self-Awareness & Self Esteem	G-3	Mr Govind Mishra
Wednesday	22.12.21 3-5 pm	Critical Thinking/Creative Thinking	G-1	Ms Meenu Bhargava
Thursday	23.12.21 3-5 pm	Critical Thinking/Creative Thinking	G-2	Ms Meenu Bhargava
Friday	24.12.21 1-3 pm	Critical Thinking/Creative Thinking	G-3	Ms Meenu Bhargava
January				
Wednesday	05.01.22 3-5 pm	Social & Political Responsibility	G-1	Dr Ajay Kumar Sharma
Thursday	06.01.22 3-5 pm	Social & Political Responsibility	G-2	Dr Ajay Kumar Sharma
Friday	07.01.22 1-3 pm	Social & Political Responsibility	G-3	Dr Ajay Kumar Sharma
Wednesday	19.01.22 3-5 pm	Emotional Intelligence	G-1	Mr Suneel Keswani
Thursday	20.01.22 3-5 pm	Emotional Intelligence	G-2	Mr Suneel Keswani
Friday	21.01.22 1-3 pm	Emotional Intelligence	G-3	Mr Suneel Keswani



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February				
Wednesday	02.02.22 3-5 pm	Tolerance & Equality	G-1	Dr Rita Misra
Thursday	03.02.22 3-5 pm	Tolerance & Equality	G-2	Dr Rita Misra
Friday	04.02.22 1-3 pm	Tolerance & Equality	G-3	Dr Rita Misra
Wednesday	16.02.22 3-5 pm	Anger and Stress Management	G-1	Ms Mahak Vaish
Thursday	17.02.22 3-5 pm	Anger and Stress Management	G-2	Ms Mahak Vaish
Friday	18.02.22 1-3 pm	Anger and Stress Management	G-3	Ms Mahak Vaish

G-1: B. A. (P) / History/B. Com. (H) / English / BMS/ Statistics/ Geology (**Wednesday: 3-5 pm**)

G-2: Computer Science / Mathematics/ Microbiology / Political Science (**Thursday: 3-5 pm**)

G-3: B. Com. (P) / BJMC/ Hindi (**Friday: 1-3 pm**)

Dr Rita Jain
Co-ordinator

Dr Rakesh Kumar Gupta
Principal