

AZADI KA AMRIT MAHOTSAV

Celebrating 75 years of India's independence

FIT INDIA MOVEMENT

Ram Lal Anand College

University Of Delhi

Department of Physical Education



ORGANISING



ONLINE AEROBICS CLASSES

STARTING FORM: 9TH SEPTEMBER. 2021



**TUESDAY
THURSDAY
SATURDAY**

6:00 P.M - 7:00 P.M

Registration Link :

<https://forms.gle/kcHFrJpXASXKTgQw7>

WhatsApp link :

<https://chat.whatsapp.com/CXWFlqBXHU51LEVJI2Fqrh>

FITNESS KA DOZE EK GHANTA ROZ



**DR. Rakesh Gupta
PRINCIPAL**

**DR. Pardeep Kumar Sharma
H.O.D(Phy. Edu.)**