

YOGA AND MEDITATION SOCIETY RAM LAL ANAND COLLEGE

is inviting you for **ONLINE YOGA SESSION**

on the occasion of

21 June 2021
7.30 am-8.45 am

Yoga for Harmony & Peace

*Open for all the RLA college students, staff and their families

To join register at:

https://forms.gle/DaSuJ99oFeXaCWrX7

Join the session using Zoom link:

Meeting ID: 281 814 1414

Passcode: RLAYOGA

*e-certificates to all the registered participants will be provided

Dr. Sunila Hooda Convenor

Dr. Seema Gupta Co-Convenor

Dr. Rakesh K Gupta Principal