



रामलाल आनंद कॉलेज

दिल्ली विश्वविद्यालय

बेनिटो हुआरेज़ रोड, नई दिल्ली-110021 (इंडिया)

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RLAC/2020/

31.07.2020

NOTICE

YOGA CAMP

The Department of Physical Education and Yoga Meditation of Society of Ram Lal Anand College will be conducting online yoga classes/camp w.e.f. **4th to 31st August, 2020 from 8:00 am to 9:00 am.** All the students and staff members are invited to join this Yoga Camp and reap its benefits. The link for the registration is given below:

https://docs.google.com/forms/d/e/1FAIpQLSecu_EtOeda3ocnMhUioHniapd33mW6lIXB-c8EvTuRYs8prA/viewform

Dr. Pardeep Kr. Sharma
HOD, Department of Physical Education

**DEPARTMENT OF PHYSICAL EDUCATION
&
YOGA AND MEDITATION SOCIETY
RAM LAL ANAND COLLEGE**

presents ONLINE YOGA at home

8-9 AM

4TH AUGUST-31ST AUGUST 2020



e-certificates will be provided

To join register at:

<https://forms.gle/3qCUaQ59VwzJDMrPAoDViJVV3Eo8>